



August 2019

Neighbors Helping Neighbors...

Inside this issue:

Outdoor Fire Safety	1
Fire Safety ...cont....	2
Pets & Outdoor Air	2
Training Opportunities	3
Congratulations	3
CPR Certification Class	3
Training Calendar	4

Next Meeting Dates:

General Meeting:

August 14, Fire Station 1.
Topic: CERT Skills
Meeting starts at 6:00 with doors open at 5:30 PM.

Leadership Meeting:

August 28, Fire Station 1.
Topic: ICS for CERT
Meeting starts at 6:00 with doors open at 5:30 PM.



Campfire and outdoor fire safety

Each summer when conditions for fire hazard exist the state will declare fire season to go into effect. When FIRE SEASON goes into effect, some activities in the great outdoors are prone to starting wildfires. In an effort to prevent these fires from starting, the Oregon Department of Forestry and other State and federal agencies impose restrictions pertaining to public and work-related activities regarding fire and, therefore is not allowed in specific areas.

Sky lanterns are prohibited year-round throughout the state.
The use of exploding targets and tracer ammunition is prohibited during fire season.
Backyard debris burning is prohibited during fire season.



Southern Oregon is currently under HIGH Fire Danger Level (yellow).

The fire restrictions in the City of Ashland closely mimic those of Oregon Department of Forestry. Restrictions you should be aware of include:

Chain saws may not be used between 10:00 a.m. and 8:00 p.m. during high fire danger. During hours outside of this time frame, chain saws may be used but require that the operator have one shovel and one 8-oz or larger fire extinguisher at the work site. A fire watch is also required for one hour after each chainsaw use;

Cutting, grinding and welding of metal is not allowed between 10:00 a.m. and 8:00 p.m. during high fire danger. These activities will be allowed during hours outside of this time frame only if the work site is cleared of potentially flammable vegetation and other materials, and a water supply is at the job site;

The mowing of dead or dried grass with power-driven equipment is not allowed between 10:00 a.m. and 8:00 p.m. during high fire danger. This restriction does not include mowing of green lawns, or equipment used for the commercial culture and harvest of agricultural crops;

Motorized vehicles, including motorcycles and all-terrain vehicles, will be allowed only on improved roads free of flammable vegetation. One shovel and one gallon of water, or one 2.5 pound or larger fire extinguisher, is required while traveling.

Any other spark-emitting internal combustion engine use not specifically

Campfire and outdoor fire safety

mentioned is not allowed between 10:00 a.m. and 8:00 p.m. during high fire danger. Use of any spark-emitting internal combustion engine is allowed outside of this time frame only if the work site is cleared of potentially flammable vegetation and other materials, and a water supply is at the job site;

Any electric fence controllers must be approved by a nationally recognized testing laboratory, such as Underwriters Laboratories Inc., or be certified by the Department of Consumer and Business Services, and be installed and used in compliance with the fence controller's instructions for fire safe operation.

No debris burning, including piles and debris burned in burn barrels;

No fireworks on or within 1/8 of a mile of forestlands;

Exploding targets and tracer ammunition, or any bullet with a pyrotechnic charge in its base, are prohibited;

Smoking while traveling will only be allowed in enclosed vehicles on improved roads, in boats on the water and other specifically designated locations;

Open fires are prohibited, which includes campfires, charcoal fires, cooking fires and warming fires, except at locations deemed a designated campground. Portable cooking stoves using liquefied or bottled fuels are still allowed.

Still not certain? Call Ashland Fire & Rescue at 541-482-2770 to speak with someone who can walk you through the restrictions. Remember Fire Safety is a community effort!

Pets and outdoor air quality

Jackson County Public Health warns pets can suffer from poor air quality too and provides some tips.

As irritating as smoke can be to people, it can cause health problems for animals as well. Smoke from wildfires and other large blazes affects pets, horses, livestock and wildlife. If you can see or feel the effects of smoke yourself, you also should take precautions to keep your animals – both pets and livestock – safe.

Both dogs and cats are at risk of respiratory issues, and doctors say certain animals are at heightened risk, especially puppies and older dogs, pets with asthma and bronchitis, and dogs with rounder faces and shorter noses (like bulldogs and Boston terriers).

Here are some tips to keep your pets safe:

- Keep pets indoors with the windows closed
- Use air conditioning to further filter the air, if possible
- Outdoor bathroom breaks should be kept short
- Avoid prolonged exercise
- Keep pets well hydrated

Owners should seek immediate veterinary care for their pets if they show any of symptoms. Signs of respiratory stress include:

- Difficulty breathing
- Unusual or excessive coughing, sneezing, vomiting or loss of appetite
- Swelling or inflammation of the mouth, eyes, skin or upper airway
- Open-mouthed breathing, especially in cats
- Weakness/lethargy
- Uncoordinated walking/unable to stand
- Increased salivation



Training Opportunities

Defusing Adverse Situations

Saturday - August 24 | Station 1 | 9am – 3pm

Rick Rawlins Crisis & Outpatient Services Manager from Jackson County Public Health will present ACES training from 9:00 – 11:00. ACES will focus and discuss how early childhood trauma impacts brain development and tips for community resiliency.

At 11am, we will shift to Denise Stanford. Denise the Education Manager for Jackson County Health and Human Services as well as Adjunct Faculty for Rogue Community College. She has a Master's in Adult Learning/Instructional Design and has been developing courses and training for the last 10 years. She facilitates many community classes around suicide prevention and mental health awareness as well as courses focused on de-escalation.

De-escalation training will culminate at 3pm.

We will likely take a break for lunch at 12:30pm to allow our guest presenters to refuel. Bring a sack lunch if you like!

Congratulations

Ashland's own Community Preparedness / CERT Coordinator, Terri Eubanks, married Ashland Police Department's Sergeant, Bon Stewart, at Fall Creek Falls off the North Umpqua River Friday, June 21.

Congratulations Mr. and Mrs. Bon Stewart!



American Heart Association HeartSaver CPR Course

HeartSaver CPR is a classroom, video-based, instructor led course that teaches adult, child, and infant CPR and AED use, as well as how to relieve choking for an adult. This course teaches skills with American Heart Association's research-proven Practice-While-Watching technique, which allows instructors to observe the students, provide feedback and guide the students' learning of knowledge and skills.

This course is for anyone with limited or no medical training seeking a course completion card in CPR and AED use to meet job, regulatory, and/or other requirements.

*Upon successful completion, students will receive an American Heart Association HeartSaver CPR / AED Course Completion Card that is valid for two years.

When: Wednesday, August 21, 2019

Where: Ashland Fire Station #2

Time: 5:30 pm - 8:30 pm

Cost: \$40

Registration is first-come, first-served according to when class fees are paid. Classes are typically limited to 9 people. Participants may register by mailing a check or by paying in person 8 AM - 4 PM | Monday - Friday at Station 1, 455 Siskiyou Blvd., Ashland, OR 97520. Make checks payable to City of Ashland.

For information or to register contact the CPR Program Coordinator
541-482-2770 | cpr@ashland.or.us

The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the Association.



CERT 2019 Calendar of Events

January 2019	February 2019	March 2019
Flood Fight USACE - January 5 General Meeting - January 9 ** 5pm - 9pm ** <i>(ALICE)</i> Leadership Meeting - January 23	ODOT Flagger & EM Control - February 9 General Meeting - February 13 <i>(Medical First Aid Skills)</i> Leadership Meeting - February 27 <i>(CERT Member Participation)</i>	General Meeting - March 13 <i>(Leadership Roles)</i> LabX Preparedness Game - March 15 & 16 Leadership Meeting - March 27
April 2019	May 2019	June 2019
Basic Training - April 4, 5, 6, 18, 19, 20 General Meeting - April 10 <i>(Search Markings & Cribbing)</i> Leadership Meeting - April 24 <i>(Basic AAR)</i>	Emergency Messaging Campaign - May 4 General Meeting - May 8 <i>(Basic Training Graduation)</i> Leadership Meeting - May 22 <i>(Base Tours)</i>	Training Retreat - June 7 - 9 RV Airport Exercise - June 11 General Meeting - June 12 <i>(Urban Foraging)</i> Leadership Meeting - June 26 <i>(Event Planning - 4th of July)</i>
July 2019	August 2019	September 2019
Parade Support - July 4 General Meeting - July 10 <i>(CERT Skills)</i> Surprise Evacuation Drill - 7/20 Driving Routes - July 24 Leadership Meeting - July 24 <i>(4th of July AAR)</i>	General Meeting - August 14 <i>(CERT Skills)</i> Defusing Adverse Situations - August 24 Leadership Meeting - August 28 <i>(Activating Bases & ICS)</i>	General Meeting - September 11 <i>(Vulnerable Populations)</i> Evacuation Scenario - September 21 Leadership Meeting - September 25 <i>(Planning for Basic Training)</i>
October 2019	November 2019	December 2019
Basic Training - Oct. 3, 4, 5, 17, 18, 19 JCFD5 Open House - October 9 - (5pm-7pm) Leadership Meeting - October 23 <i>(Basic AAR)</i>	Resiliency Skills - November 2 General Meeting - November 13 <i>(Basic Training Graduation)</i> Leadership Meeting - November 20 <i>(Annual Training Planning Session)</i>	CERT Year in Review December 11 - 5:00 to 8:00 PM No Meetings Holiday Season ~ Training Stand Down

Note: General meetings are open to the public. Doors open at 5:30pm. Meetings are from 6-8:30pm at Fire Station1.

Ashland CERT
 455 Siskiyou Boulevard
 Ashland, OR 97520

TO: