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**for Individuals
to Mitigate/
Adapt to**

**CLIMATE
CHANGE**

**ONE TIME
ACTIONS**

Prepared by

Conservation & Climate Outreach Commission

- Be Prepared**—for emergencies.
- Electrify**—vehicles, HVAC systems, water heaters, dryers, ranges. Natural gas is a fossil fuel, stop using it.
- Find Energy Star**—certified products.
- Stop or Cut Back on Airline Flights.**
- Upgrade**—refrigerators (after 10 years of use), HVAC systems, washing machine (front loaders more efficient).
- Install Solar Panels**—or participate in community solar via Virtual Net Metering (ashland.or.us/vnm)
- Install LED Light Bulbs.**
- Have an Energy Audit**—of your home to see if weather-stripping and insulation are adequate; install, repair or replace as needed. Go to ashland.or.us/energyprograms for audit information.
- Switch** to electric or manual landscaping tools.
- Install Low-Flow**—water valves for showers and other water faucets; pick up a free set at Public Works Department, 51 Winburn Way.
- Have a Water Conservation Audit**—and make suggested changes. Go to ashlandsaveswater.org for suggestions and tips.
- Collect and Use Rainwater**—for landscape watering.
- Install Double-Pane Windows.**
- Install Blinds or Drapes**—to insulate windows.
- Plant More Trees.**

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**DAILY
ACTIONS**

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- Drive Less**—stay home, walk, bike, ride the bus, and/or ride share.
- Avoid Idling**—cut engine after 10 seconds and drive smoothly at lower speeds to reduce fuel use.
- Share, Repair and Mend**—rather than buy.
- Use Less**— like a LOT less stuff.
- Support Local**—both made & sourced products; search for local farms and grower's markets.
- Find Used**—products.
- Look for High Quality**—durable products that last longer.
- Minimize Plastic**—including any packaging.
- Adjust the Thermostat**—to 67° F for heating, 76° F for cooling.
- Eat Less Meat and Dairy Products.**
- Eat Foods in Season.**
- Compost**—food scraps and yard trimmings
- Laundry**—stop or decrease use of a dryer (line dry); use cold water.
- Lower the Temperature Setting**—on the hot water heater.
- Stop Using Single Use Plastic Products**—such as water bottles, soda cups, shopping bags, etc.
- Wash and Re-Use Plastic Bags**—if you feel you need to use them.
- Select Recycled Paper Products**—tissue, towels, printer paper, etc.
- Opt Out of Catalogs**—check out catalogchoice.com.
- Opt In**—to paperless billing.
- Ask for No Receipt**—decline receipts or choose paperless options.
- TALK TO OTHERS**—What are you doing? What needs to be done?

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