

## Ashland/Talent Local Shopping Options for Seniors (as of 12/1/20)

Store Name	Address	Phone Number	Senior Days & Hours	Delivery Options
<b>Safeway</b>	585 Siskiyou Blvd Ashland 97520	541-482-7777	Tuesdays & Thursdays 6-9am	Instacart + "Delivery Options" on third page No order/payment over phone/website (but they're working on it)
<b>Ashland Food Co-op</b>	237 N 1st St Ashland 97520	541-482-2237	Every day 7-8am	See "Delivery Options" on third page Coop members can get curbside pick up or delivery in Ashland (for fee); does not include deli-made orders
<b>Market of Choice</b>	1475 Siskiyou Blvd Ashland 97520	541-488-2773	Tuesdays, Fridays & Sundays 7-8am	See "Delivery Options" on third page No order/payment over phone/website
<b>Shop-N-Kart</b>	2268 Ashland St Ashland 97520	541-488-1579	7-8am & 10pm-12am are slowest hours that store is recommending for "at-risk" shoppers	See "Delivery Options" on third page No order/payment over phone/website
<b>Albertsons</b>	2301 Ashland St Ashland 97520	541-482-6320	Tuesdays & Thursdays 6-9am	Instacart + "Delivery Options" on third page No order/payment over phone/website (but they're working on it)
<b>Ashland Emergency Food Bank</b>	560 Clover Lane Ashland 97520	541-488-9544	ALL AGES Mon-Fri, 9:30am-12:30pm 3rd Sat, 9:30am-12:30pm 4th Wed, 5pm-7pm	No clients are allowed inside the building and few dietary restrictions will be accommodated Food will be delivered to client at their car
<b>ACCESS Pantries</b>	2261 Villard St Ashland 97520  16151 Hwy 66 Ashland 97520	541-779-6691	ALL AGES Thursdays 4-6pm  Saturdays (ONLY) 8:30-11:30	Other food pantries available at other locations, call to get location information or visit <a href="http://www.accesshelps.org/food-pantry-network">www.accesshelps.org/food-pantry-network</a>



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<b>Grange Co-op (pet food)</b>	421 A St Ashland 97520	541-482-2143	Every day 9-10am	See "Delivery Options" on third page Order online for curbside pick up: <a href="http://www.grangecoop.com">www.grangecoop.com</a>
<b>Ace Hardware</b>	249 A St Ashland 97520	541-482-3476	No special hours, regular hours 7a-7p M-F & 8/9-5 Sat-Sun	Free delivery to car, home or business for 'concerned' & 'at-risk' Order by phone, email ( <a href="mailto:info@ashlandgeneralhardware.com">info@ashlandgeneralhardware.com</a> ), or website ( <a href="http://acehardware.com">acehardware.com</a> )
<b>Bi-Mart</b>	2280 Ashland St Ashland 97520	541-482-8510	No special hours, regular hours 9a-8p M-F & 9a-6p Sat-Sun	See "Delivery Options" on third page Case-by-case for order and payment over phone for pick up

<b>Dollar General</b>	237 W Valley View Rd Talent 97540	458-214-0350	No senior hours (regular hours 8am-10pm), recommend coming in early morning when less busy 8-9 am	See "Delivery Options" on third page
<b>Ray's Food Place</b>	215 E Wagner St Talent 97540	541-535-2613	No senior hours (regular hours 7am-10pm), recommend coming in early morning when less busy	Offers cubside pick up See "Delivery Options" on third page (especially Mercato)



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Delivery Options			
<b>Crater Lake Taxi</b>	541-333-3333	<a href="http://craterlaketaxi.com/ashland-oregon-food-delivery-service">craterlaketaxi.com/ashland-oregon-food-delivery-service</a>	Delivery from grocery, pharmacy, restaurant Can shop for a few simple/staple items or pick up prepaid orders; call ahead for pharmacy (fee)
<b>Task Runners</b>	541-951-8275	<a href="http://taskrunnersdelivery.com/grocery">taskrunnersdelivery.com/grocery</a>	Use online order form for delivery from grocery stores (fee)
<b>Instacart</b>	1-888-246-7822	<a href="http://instacart.com/grocery-delivery/ashland-or">instacart.com/grocery-delivery/ashland-or</a>	Order & pay through website for home delivery from Albertsons, Safeway, Costco, Fred Meyer only (fee)
<b>Mercato</b>	1-844-699-2776	<a href="http://www.mercato.com">www.mercato.com</a>	Order & pay through website for home delivery from <b>Rays Food Place only (fee)</b>

**Grocery delivery for SNAP recipients!** Low-income Oregonians enrolled in the federal food stamp program will be able to purchase groceries online during the Coronavirus pandemic. All Oregonians enrolled in the Supplemental Nutrition Assistance Program (SNAP) will be able to buy food online for delivery from Walmart (walmart.com) and Amazon (amazon.com), making it easier for those residents to adhere to social distancing guidelines.



## Ashland/Talent Local Shopping Options for Seniors (as of 12/1/20)

<b>Frequently accessed Phoenix/Medford stores</b>				
Store Name	Address	Phone Number	Senior Days & Hours	Delivery Options
<b>Ray's Food Place</b>	735 N Main St Phoenix 97535	541-353-5766	Every day 7-8am	Offers curbside pick up See "Delivery Options" on third page (especially Mercato)
<b>Costco</b>	3075 Hamrick Rd Central Point 97502	541-734-4227	Monday through Friday 8:30-9:30am	Instacart + "Delivery Options" on previous page
<b>Fred Meyer</b>	1301 Center Dr Medford 97501	541-857-4650	Tuesdays & Thursdays 6-8am	Curbside pick up available for minimum \$35 purchase Instacart + "Delivery Options" on previous page
<b>Walmart</b>	1360 Center Dr Medford 97501	541-772-2060	Tuesdays 6-7am	Order online and pick up at store + see "Delivery Options" on previous page
<b>Winco</b>	251 E Barnett Rd Medford 97501	541-245-3555	No senior hours (open 24 hours), recommend coming in early morning when less busy	See "Delivery Options" on previous page
<b>Food 4 Less</b>	2230 Biddle Rd Medford 97504	541-779-0171	Everyday 6-7am	Open 24 hours See "Delivery Options" on previous page

