

AARP® Southern Oregon Savvy



Building Social Connections

March 25 @ Noon

Register today and get a reminder email each month: <http://aarp.cvent.com/SOSavvy2021>

Join AARP Southern Oregon Community Action Team every 4th Thursday of the month at Noon. In March we are focusing on building social connections. The pandemic has increased isolations among older adults and we are excited to explore how we can reduce isolation and build resilience.

Speakers:

- Sean Connolly, RVCOG
- Natalie Mettler, Ashland Parks & Recreation
- Kristin Milligan, Community Volunteer Network
- Susan Rounds, OPAL

Moderator: Sarah Rhamey, AARP