

# Community Health & You

**FALL LECTURE SERIES: Wednesdays, 7:00 to 8:00 pm**

**October 6 Health Issues in Older Adults**

**Steven Hersch, MD**, VP of Medical Affairs and administrator of Asante Ashland Community Hospital, will discuss making sense of medical news, common diseases in older adults and how to avoid or delay them, and progress on the Age Friendly Hospital Initiative.

**October 13 Aging, Remaining Active, & Orthopedics**

**Jeb Reid, MD**, Asante Orthopedic Surgery & Sports Medicine, will present the physiology of aging, the importance of remaining physically fit and athletic as we age, and what can be done when orthopedic injuries and conditions arise.

**October 20 COVID-19: The View through an Age-focused Lens**

**Kirsten M. Schutte, MD**, an Infectious Disease Specialist and Asante's Medical Director of Infection Prevention, will cover how age and underlying conditions affect disease severity and outcomes of COVID-19, vaccine effectiveness, and the most effective ways to protect yourself from COVID-19.

**October 27 End of Life Planning**

**Sue Hagar, MD**, family medicine physician and chair of Asante's Primary Care Division, will discuss end of life decision making and cover topics including surrogate decision makers, advanced directives, and POLST documents.

**This free, public lecture series will be presented via ZOOM.  
Registration for each program is required to obtain a link.  
Visit [inside.sou.edu/olli](https://inside.sou.edu/olli) or call 541-552-6048.**

*Special thanks to  
Asante for facilitating  
this lecture series*



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