



Ashland Parks and Recreation – Senior Services Division

Winter-Spring Events

2020



All events will be held at the Ashland Senior Center at 1699 Homes Avenue
For more information, and to register, call 541.488.5342
or email seniorinfo@ashland.or.us

Life History Story Time

Wednesday, February 26, 1-3 pm | FREE, but REGISTRATION REQUIRED

Bill Warner of KnectToday will present on the value of recording your family's life histories and participants will experience the fun of sharing their stories. Everyone has a story to tell!

Avoiding Frauds, Scams and Cons

Wednesday, March 11, 1-3 pm | FREE, but REGISTRATION REQUIRED

Ron Kohl, retired detective and Crime Prevention Specialist, will give helpful tips on how you can identify and protect yourself from frauds, scams and cons.

Seniors Celebrating Creativity Art Opening

Friday, March 13, 3:30-5:00 pm | FREE, refreshments provided

Come see the new show and meet artists Charlie Noble and Mark Meissner!

Powerful Tools for Caregivers, a six-week workshop

Mondays, March 16 – April 20, 3:30-5 pm | FREE, but REGISTRATION REQUIRED

The challenges of caregiving require new tools. Learn to reduce stress; communicate more effectively; increase self-care; reduce guilt, anger and depression; set goals and solve problems. *To register, call Samantha at RVCOG: 541-423-1379.*

Barbershop Quartet Performance

Wednesday, March 25, 1-2 pm | FREE

Join us for a fun and nostalgic barbershop quartet performance by the Barbershop Harmony Society of the Rogue Valley Harmonizers! *Sponsored by Right at Home.*

Author Talk:

Sue De Marinis, "The Station Master's Wife: A Scandalous Life Exposed"

Wednesday, April 8, 1-3 pm | FREE, but REGISTRATION REQUIRED

Local author Sue DeMarinis will read from her second novel, *The Station Master's Wife*, share slides with vintage photos and sign books. Based a true story about when the transcontinental railroad arrived in Ashland in 1887 and spans half a century of local history.