



**ASHLAND PARKS AND RECREATION COMMISSION
ASHLAND SENIOR ADVISORY COMMITTEE (ASAC)**

MEETING AGENDA

November 4, 2019 @ 3:30 – 5:00 pm

ASHLAND SENIOR CENTER, 1699 HOMES AVENUE

- I. Opening (1 min)
- II. Approval of Minutes – October 14, 2019 (all, 2 min)
- III. Additions or Deletions to the Agenda (all, 2 min)
- IV. Public Input (10 min)
- V. Presentation by Ashland Mayor John Stromberg and Administrator Kelly Madding:
How to identify and recruit senior advocates to serve on City commissions and advisory committees (25 min)
- VI. Pool Renovation Update: Benefits to Seniors (Gardiner, 10 min)
- VII. Standing Reports (20 min)
 - a. APRC Update, if any pertaining to seniors (Gardiner)
 - b. City Council Update, if any pertaining to seniors (Seffinger)
 - c. Education Report (Mettler)
 - d. Senior Services Superintendent Report (Glatt)
- VIII. Items from ASAC Members or Work Groups (all, 10 min)
- IX. Updated Member Terms, 2019-20 Officers, and 2020 Meeting Dates (Glatt, 5 min)
- X. Upcoming Meetings
 - a. Monday, January 13, 3:30-5:00pm, at Ashland Senior Center, 1699 Homes Ave
 - b. Monday, March 9, 3:30-5:00pm, at Ashland Senior Center, 1699 Homes Ave
- XI. Adjournment – 5:00pm

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City of Ashland
PARKS AND RECREATION COMMISSION (APRC)
ASHLAND SENIOR ADVISORY COMMITTEE (ASAC)
Meeting Minutes
October 14, 2019

Committee Members Present:

- Anne Bellegia
- Rob Casserly
- Mike Hersh, Co-Chair
- Mike Gardiner
- Mary Russell-Miller
- Stef Seffinger
- Sandy Theis, Chair

Staff Members Present:

- Isleen Glatt
- Michael Black

CALL TO ORDER

Theis called the meeting to order at 3:30pm

OPENING

Glatt introduced Senior Center patron Thomas Jones, present to observe the meeting. He is considering applying to join ASAC.

APPROVAL OF MINUTES

Motion: Hersh/Bellegia m/s to approve the minutes from August 12, 2019. Voice vote – All AYES, Russell-Miller abstained.

ADDITIONS OR DELETIONS TO AGENDA

None

PUBLIC INPUT

None

ELECTION OF OFFICERS FOR 2019-20 & DISCUSSION OF TERM DATES

Theis noted that we missed election of officers in July as required by ASAC bylaws. Theis also recommended adjusting member terms to all end June 30, but in staggered years, to align with officer elections and make new member recruitment easier. Glatt distributed the ASAC bylaws addendum page (attached), showing start and end dates for all current members.

In discussion, Gardiner noted that most committees allow a new person to finish the term of a member who vacated early, then serve two more terms. Seffinger noted that City commissions usually allow for three terms.

Motion: Gardiner/Bellegia m/s that all member terms will end June 30 in the same year as the current schedule (2020 or 2021), and that the two new members to be added would serve through June 30, 2022. Voice vote – All AYES.

Theis expressed willingness to serve a second term through June 2020, but she would like to see a co-chair elected who is ready to be the next chair.

Motion: Bellegia/Seffinger m/s nominated Theis for the 2019-20 term as chair. Voice vote – All AYES.

Hersh declined to run for another term as co-chair. Theis and Glatt explained responsibilities of the chair to help plan agenda, draft letters, speak publicly, and attend events on behalf of ASAC, all with support of staff. After some discussion, Bellegia agreed to run for co-chair with understanding that she would accept nomination as chair for 2020-21.

Motion: Hersh/Seffinger m/s nominated Bellegia as co-chair for 2019-20. Voice vote – All AYES.

MEETING FREQUENCY

Bellegia noted that she had previously requested monthly meetings during ASAC's formative period. Now that ASAC is well established, she endorsed a change to bi-monthly meetings. She recommended meeting November 4 as previously scheduled and for benefit of new member applicants to observe ASAC, then skipping December and continuing on odd numbered months in 2020.

Motion: Hersh/Cassery m/s to move meetings to second Monday of odd numbered months starting January 2020. Voice vote – All AYES.

STANDING REPORTS

a. APRC Update

Gardiner reported that the Commission approved the Pool Ad Hoc Committee's recommendations and will move forward with a pool renovation. Pool plans and a funding proposal will be presented at the APRC study session on October 21, and there will be a vote at the October 28 business meeting. Gardiner noted that the proposed plan will not touch the Senior Center. If funding is passed, the design and building process would start in 2020.

b. City Council Update

Seffiinger reported an issue that might be of concern to seniors: the City Budget Committee is looking at the ambulance service contract, currently held by Ashland Fire and Rescue, considering whether ambulance service from Mercy Flights might be more cost-effective and permit a smaller firefighter force. Discussion ensued about the importance of senior needs being considered in this decision and more information needed regarding cost, response time, and impact on fire service. Cassery offered to help survey seniors via OLLI. ASAC members considered how to advocate.

Motion: Bellegia/Cassery m/s to send a letter to City Council requesting they consider senior needs in choice of ambulance service provider, and that ASAC is available to help gather senior input. Voice vote – All AYES.

Chair Theis agreed to draft letter; Glatt to send out to members for any input.

c. Education Report

Glatt reported in Mettler's absence, referring members to page 1 to 2 of Superintendent's Report documenting recent successful education events and upcoming scheduled events.

d. Senior Services Superintendent Report

In addition to the report included in the meeting packet, Glatt reported that RVTB projects for Ashland have been approved by the state: RVTB staff are developing implementation now for the on-demand microtransit pilot; the new circulator bus route for Ashland will start in another two or three years. Glatt also reported on acoustic panels to be installed in the Senior Center dining room to improve patrons' ability to hear each other at lunch and other events when many people talk at once; the project should be complete by the end of the year.

Theis reported that the Ashland Asante Community Hospital CEO and leadership team were very positive about their experience with the September 28 Hunter Park Cookout and look forward to making it an annual event.

In response to a prior request by Casserly, Glatt has arranged for Mayor Stromberg and City Administrator Madding to speak at the November 4th ASAC meeting about how to recruit senior advocates for City commissions/committees. Bellegia suggested that the OLLI Volunteer Coordinator may also be able to identify OLLI members for such roles.

Hersh suggested ASAC members attend other community meetings (such as AARP) as non-members and report back to ASAC. Theis deferred this discussion to a future agenda.

Casserly reported rave reviews from OLLI instructors and members participating in OLLI classes held at Ashland Senior Center this fall. He stated it was OLLI's smoothest experience with a new location ever. Glatt added that it has been positive for the Senior Services Division as well, and it serves Division goals to expand use of the Center and increase revenue.

Seffinger reported that the City Council now has time set aside for Council members to report back from their liaison roles, and she can report Division successes such as hosting OLLI classes.

ITEMS FROM ASAC MEMBERS AND WORK GROUPS

Bellegia reported on the Advocacy work group, which has drafted an application for Ashland to join the AARP Age-Friendly Communities Network. The work group is proposing that Mayor and APRC chair co-sign the application. APRC will review the application at their November 18 study session, then it will go to the Mayor/City Council.

Bellegia stated that she had hoped the Ashland Age-Friendly application could be announced at the AARP Vital Aging Conference on November 16 at the Smullin Center. Theis responded that moving more slowly will ensure buy in from all parties and allow APRC, City of Ashland and ASAC to show a united front.

Bellegia announced that the OLLI 2020 open house will have a theme of wellness that fits well with AARP Age-Friendly Communities, the Ashland Chamber's Health and Well Being Project, and the YMCA Active Older Adult program.

Bellegia also reported about a recent health fair at Twin Lakes senior community and suggested that Senior Services Division could do a table at such events in the future.

Glatt closed with a reminder that what ASAC formerly called "subcommittees" are actually informal work groups and may report in this section of the agenda in the future. Bellegia noted that work groups may choose to meet on the second Monday time in the months when ASAC is not meeting.

UPCOMING MEETINGS

- a. Monday, November 4, 3:30-5:00pm, at Ashland Senior Center, 1699 Homes Ave
(November meeting moved to first Monday due to Veterans Day holiday.)

Adjournment – 5:01pm

Respectfully submitted,
Isleen Glatt, Senior Services Superintendent, Ashland Parks and Recreation Commission



Ashland Parks and Recreation Commission

Ashland Senior Advisory Committee

Bylaws Addendum A: Initial Appointments and Terms

Position	Name	Representing	Date appointed	Current Term Expires
1.	Mary Russell-Miller	Community Partner	04/23/18	April 2021
2.	Robert Casserly	Community Partner	04/23/18	April 2020
3.	Michael Hersh	Program Participant	04/23/18	April 2021
4.	Sandra Theis	Community Partner	04/23/18	April 2020
5.	Anne Bellegia	Program Participant	07/23/18	July 2021
6.	Mike Gardiner	APRC Commissioner	04/23/18	N/A
7.	Stefani Seffinger	City Council Representative	04/23/18	N/A

Senior Services Superintendent Report to Ashland Senior Advisory Committee For November 4, 2019 Meeting

Note: This report represents just three weeks of activity since our last meeting, not the usual one to two months.

Operations/Programming

- The recruitment for the two new ASAC members is now posted and will be open through November 22. Staff have sent out a press release, advertised it in the *Senior News*, and sent the application directly to several people who have inquired or been recruited by ASAC members.
- In October the Ashland Senior Center launched a new senior art exhibit, "Seniors Celebrating Creativity." This rotating exhibit of local senior artists is another way to feature the life accomplishments of our community seniors. We plan to exhibit one local artist every three months, including an artist bio. Ruddy Havill, OLLI art instructor, is our volunteer curator.

Visit the Senior Center to see our current exhibit by Fran Breslauer, a long time Senior Center participant. (Please call ahead for view hours.) Artists interested in exhibiting in the future should contact us at 541-488-5342 or seniorinfo@ashland.or.us.



- There will be two special events on 11/13/19 in honor of Veterans Day (pre-registration required):
 - The RVCOG Food & Friends Site Coordinator is hosting a lunch celebration starting at 11:00am. Mayor Stromberg will speak briefly to thank veterans for their service, SOU ROTC will perform a flag ceremony, a small choir of Ashland High School students will sing, and a flag-decorated cake will be served.
 - At 1:00pm, staff from Jackson County Veterans Services office and VA White City speaking on "Get the Most from Veterans Benefits: Help Available as We Age." Right at Home is sponsoring the events with a \$300 donation to the Division.

Vulnerable Seniors

- Staff is helped with distribution of RVCOG Senior and Disability Services needs assessment for the regional Area Agency on Aging three-year plan by distributing to community partner networks and collecting paper surveys from Ashland Senior Center

patrons. The survey asks what services are needed to ensure that those facing aging or disability issues – or those who are caring for someone facing these issues – are able to live where they want as independently as possible. The results will guide distribution of federal Older American Act funding for local services.

Partnerships

- In this period, staff met with:
 - Dan Crocker, the new CEO of Ashland YMCA CEO, to discuss collaboration opportunities;
 - Grandmas2Go leaders Linda Otto & Joy Marshall to share our programs;
 - Co-sponsors Community Volunteer Network and Asante Ashland Community Hospital to plan details of the Senior Volunteer Fair on 1/22/2020; and
 - St. Vincent de Paul lead volunteers Charlotte Dorsey and John Engelhardt to learn about each other's services and how best to refer.

Public Awareness

- There is now space on the City Council agenda for Councilors to report back on their liaison roles. Stef Seffinger, Council liaison to ASAC, has requested that the ASAC chair and staff provide highlights monthly.
- Staff consulted with Rob Casserly of OLLI about best practices for the *Senior News* newsletter: pros and cons of print versus electronic, ways to improve the electronic edition, and ideas from OLLI on how to convert patrons to electronic news should we decide to go in that direction. Staff decided that the benefits of the print newsletter are substantial for now, but that we should experiment with some changes to the electronic edition.

Budget/Facilities

- Update on Senior Center dining room acoustic panel installation: Food & Friends lunch program patrons supported dining room sound dampening as a high priority for the Parks Foundation's Senior Center fund; several patrons even made donations to help fund the project. Staff have ordered the materials, and we hope to have all installed by the end of the year. Our thanks to APRC Parks Division staff who will do the installation.

Staff/Training

- Coordinator Mettler attended a three-day conference of the Oregon Recreation and Parks Association during October 14 – 17, 2019. She had the opportunity to learn from other senior centers and senior recreation programs in Oregon.
- Mettler and Glatt are participating in training for the new Tyler PFAR database, with thirty hours of training this fall and nine more hours January – March. The new database should streamline activity registration, room rental reservation, and financial transactions.

Respectfully submitted by Isleen Glatt, Senior Services Superintendent, 10/30/19

ASHLAND PARKS & RECREATION COMMISSION

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COMMISSIONERS:

Mike Gardiner
Joel Heller
Rick Landt
Jim Lewis
Julian Bell



Michael A. Black, AICP
Director

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TO: Ashland Senior Advisory Committee (ASAC)
FROM: Isleen Glatt, Senior Services Superintendent
DATE: October 30, 2019
SUBJECT: Updated ASAC Member and Officer Terms and 2020 meeting dates

Member Terms

Per ASAC motion passed at 10/14/19 meeting, ASAC member terms are now as follows:

Name	Role	Appointed	Term Ends
Anne Bellegia	Community Partner	7/23/2019	6/30/2021
Mike Hersh	Program Participant	4/23/2018	6/30/2021
Robert Casserly	Community Partner	4/23/2018	6/30/2020
Mary Russell-Miller	Community Partner	4/23/2018	6/30/2021
Sandy Theis	Community Partner	4/23/2018	6/30/2020
Mike Gardiner	APRC Commission Liaison	4/23/2018	N/A
Stefani Seffinger	City Council Liaison	4/23/2018	N/A
<i>New member 1</i>			6/30/2022
<i>New member 2</i>			6/30/2022

2019-2020 Officers Terms

Sandy Theis will serve a second term as chair through June 30, 2020.

Anne Bellegia will serve as co-chair through June 30, 2020, with the intention to run for chair for 2020-2021.

Meeting Dates for 2020

Per ASAC motion passed at 10/14/19 meeting, ASAC will meet on the second Monday of odd numbered months starting January 2020, continuing at Ashland Senior Center.

Monday, January 13, 3:30-5:00pm

Monday, March 9, 3:30-5:00pm

Monday, May 11, 3:30-5:00pm

Monday, July 13, 3:30-5:00pm

Monday, September 14, 3:30-5:00pm

Monday, November 9, 3:30-5:00pm