



# North Mountain Park Nature Center

## Program Calendar Winter/Spring 2020

All Programs will take place at **North Mountain Park Nature Center** unless otherwise indicated. Classes may be cancelled due to Insufficient enrollment or other reasons. If this occurs, a full refund will be issued in two to three weeks.

Pre-registration is required for all programs 7 days in advance, unless otherwise indicated. Page numbers below refer to the program descriptions in the *Parks & Recreation Guide*—[www.ashland.or.us/RecGuide](http://www.ashland.or.us/RecGuide)

### **Project FeederWatch**

Alt Sat, Jan 4, 18, Feb 1, 15 & 29, Mar 14 | 9-10am  
9 & Up | Free | Pre-Registration Not Required  
Local RV Birders | Pg 4

### **Preschool Puppet Theatre**

2<sup>nd</sup> Fridays, Jan 10, Feb 14, Mar 13, Apr 10  
10:30-11:45am | 3-5yrs | \$6  
Anna Edmondson & Volunteers | Pg 18

### **Winter Bird Walk**

Sat, Jan 11 | 8:30-10am | All Ages | Free  
Vince Zauskey | Pg 4

### **Winter Ecology for Families**

Sat, Jan 25 | 1-2:30pm | 8 & Up (with parent)  
\$10 for child/parent pair | JJ Janson | Pg 18

### **How to Make Gluten-Free, Sprouted, Sourdough Bread**

Sun, Feb 2 | 2-4pm | 12 & Up (with parent)  
\$40 | Lisa Nichols | Pg 7

### **Seed Swap**

Thu, Feb 6 | 6-7pm | All Ages Welcome | NC Staff  
Free | Pre-Registration Not Required | Pg 4

### **You CAN Create:**

#### **Engaging with the Natural World**

Sat, Feb 22 | 11am-1pm | 18 & Up | \$8  
Victoria Leo | Pg 7

### **North Mountain Park Garden Opening**

Wed, Mar 18 | 10am-12pm | 15 & Up  
Free | North Mountain Park Staff | Pg 5

### **How to Make Gluten-Free, Sprouted, Sourdough Bread**

Sun, April 5 | 2-4pm | 12 & Up (with parent)  
\$40 | Lisa Nichols | Pg 7

### **Illusion & Reality: The Making & Meaning of Ashland's Forensic Garden**

Thurs, Apr 16 | 6:30-7:30pm | 15 & Up | Free  
Maureen Flanagan Battistella | Pg 5

### **Medicinal & Edible Plant Walk**

Sun, Apr 26 | 2-3:30pm | 12 & Up  
Erin McKinsey & Lauren Kemple | \$12 | Pg 5

### **Rogue Valley Bird Day**

Sat, May 9, | 8am—12pm  
All Ages Welcome | NC Staff & RV Birders  
Free | Pre-Registration Not Required | Pg 18

The North Mountain Park Nature Center is located at 620 N Mountain Avenue in Ashland.  
For more information, call the Nature Center at 541-488-6606 or visit [www.NorthMountainPark.org](http://www.NorthMountainPark.org)

## Volunteer Opportunities

### NMP's School Programs!

The Nature Center offers outdoor education field trips in which K-5 students learn about the wonders of our region in our own beautiful North Mountain Park! Our volunteer instructors learn something new and pass that knowledge on, by teaching or assisting for one shift per week. For more info, call 541-488-6606 or email [libby.vanwyhe@ashland.or.us](mailto:libby.vanwyhe@ashland.or.us)



## Rogue Valley Bird Day

Join us on Saturday, May 9 from 8am to 12pm, at North Mountain Park for free guided bird walks, live birds at the Wildlife Images exhibit, kid's activities and bird calling contests for all ages! Learn all about the birds you may see in the Rogue Valley, as well as the incredible journey of migrating birds around the world. This free outdoor event is fun for the whole family (protect wildlife, leave pets at home). Visit [RogueValleyBirdDay.net](http://RogueValleyBirdDay.net) or call the North Mountain Park Nature Center at 541.488.6606.

## Friend & Volunteer of the Nature Center

*"I am really excited to serve the Ashland community through field trip programs and volunteer support at the Nature Center. I am excited to grow as a gardener and educator as well as support the amazing work happening at North Mountain Park."*

Meet our new AmeriCorps service member, Laurel Cheever. Laurel will be assisting and eventually instructing NMP's outdoor activities for K-5th grade students. She'll be giving us a hand with our service learning throughout the year, working with volunteers in the Demonstration Gardens and helping us develop volunteer training materials. Laurel grew up in Colorado and enjoys spending her free time playing the cello, baking bread, and hiking. She has worked as a Ranger at the Oregon Caves National Monument and has earned a Geology degree from Occidental College. We have enjoyed working with Laurel since September and we feel lucky to have her with us throughout August 2020.

## Laurel Cheever



**[WWW.NORTHMOUNTAINPARK.ORG](http://WWW.NORTHMOUNTAINPARK.ORG)**

A DIVISION OF ASHLAND PARKS & RECREATION COMMISSION