



May 2017

*Neighbors Helping Neighbors...*

## The CERT Field Experience Retreat

A picture says a thousand words. What better way to highlight the tremendous fun, learning activities than to see it through the eyes of those participated. Thank you to all those who participated in the CERT Field Experience Retreat; for making lasting, learning memories as we better prepared to serve our communities in times of need. And an extra million-many thanks to the Design Team for their hours of coordination in preparing for the weekend activities (the first ever of its kind in the Rogue Valley).

The CERT program exists because of you!

### Inside this issue:

Field Retreat Experience	1
Field Experience <i>cont...</i>	2
Member Birthdays	2
Membership Celebration	2
Membership <i>cont...</i>	3
AHA CPR Class	3
Training Calendar	4



Take care of your own safety first.

### Next Meeting Dates:

**NO General Meeting:**  
Due to SOU Basic Training Schedule

**Leadership Meeting:**  
May 24 - Basic Training After Action Review



Hey, don't shoot my dog!



## Field Experience ...continued...



## Member Birthdays this Month

Darrell Barker  
 Cynthia Bower  
 George Conand  
 Clark Custodio  
 Lucy Edwards  
 Laura Glasscock  
 Dennis Holeman  
 John Honeycutt  
 Erik Oline  
 Connie Saldana  
 Earle & Vanya Sloan  
 John Soares



## Membership Celebration

Diane	Ellis-Smith	2003 May
Cate	Hartzell	2002 May
Karen	O'Rourke	2003 May
Don	Politis	2000 May
Neil	Stewart	2003 May
Dan	Ragen	2004 May
Carol	Voisin	2004 May
Kate	Jackson	2008 May
John	Ourant	2005 May
Jeff	Haug	2007 May
Colin	Haug	2007 May
Will	Nuessle	2007 May
Scott	Ploss	2007 May
Joe	Carroll	2009 May
David	Churchman	2008 May
Tim	Learmont	2008 May
Jane	Barton	2008 May
Linaria	Kitchen	2008 May
John	Barth	2008 May
John	Honeycutt	2008 May
Claire	Riga	2009 May
Anne-Marie	Franchini-Smith	2009 May
Mark	Stein	2009 May
Stephen	Weyer	2010 May
Duane	Deal	2010 May
Deborah	Fischer	2012 May
Susanne	van Renterghem	2012 May
Pablo	van Renterghem	2012 May
Mark	Maddox	2012 May
James	Irvine	2012 May
Noal	Preslar	2013 May
Matthew	Sniffen	2013 May
Paula	Sendar	2013 May
Christine	Garlow	2013 May
Jan	Baker	2014 May
Chelsea	Davis	2014 May
Brandy	MacDonald	2014 May
Kathleen	Rolih	2014 May
Jawwad	Abu-Saleh	2014 May
Alexis	Palomares	2014 May
Grady	Becker	2016 May
Johanna	Marks-McQuade	2016 May



## Membership Celebration *cont...*

Faith	Mitchell	2016 May
Cynthia	Bower	2016 May
Karine	Gabrielle	2016 May
John	Harrison	2016 May
Dennis	Holeman	2016 May
Michael	Lindgren	2016 May
Merlynn	Robak	2016 May
Ron	Robak	2016 May



## American Heart Association CPR AED certification course

HeartSaver CPR is a classroom, video-based, instructor led course that teaches adult CPR and AED use, as well as how to relieve choking for an adult. This course teaches skills with American Heart Association's research-proven Practice-While-Watching technique, which allows instructors to observe the students, provide feedback and guide the students' learning of knowledge and skills.

This course is for anyone with limited or no medical training seeking a course completion card in CPR and AED use to meet job, regulatory, and/or other requirements.

The cost for this course is \$35, which includes a student study book and card\*. The class takes approximately 3 hours to complete. All fees must be prepaid prior to the class date to confirm reservation. Please register early to reserve your space as class sizes are limited.

\*Upon successful completion, students will receive an American Heart Association HeartSaver First Aid, CPR, AED Course Completion Card that is valid for two years.

**When:** Saturday, May 20

**Where:** Ashland Fire Station 2

**Time:** 9am-12pm

**Cost:** \$35

**Registration is first-come, first-served according to when class fees are paid.** Classes are typically limited to 8 people. Participants may register by mailing a check or by paying in person 8 AM - 4 PM Monday - Friday at Station 1, 455 Siskiyou Blvd., Ashland, OR 97520. Make checks payable to City of Ashland.

**For information or to register contact the Ashland CERT Program Coordinator**  
 541-552-2226 | [cpr@ashland.or.us](mailto:cpr@ashland.or.us)



The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the Association.

# CERT 2017 Calendar of Events

January 2017	February 2017	March 2017
General Meeting - January 11 <i>(211 Info)</i> Leadership Meeting - January 25 <i>(Leadership Retreat Planning)</i>	General Meeting - February 8 <i>(Movie Night)</i> <b>Advanced Medical Refresher - Feb 25</b> Leadership Meeting - February 22 <i>(Leadership Retreat Planning)</i>	General Meeting - March 8 <i>(Surrounding Awareness)</i> NO Leadership Meeting <b>Vulnerable Populations Psychology - 3/18</b> <b>CPR Night - March 27 (6pm)</b>
April 2017	May 2017	June 2017
General Meeting - April 12 <i>(Building Assessment &amp; Triage)</i> <b>Advanced Leadership Retreat - April 21-23</b> Leadership Meeting - April 27 <i>(Planning for Basic Training)</i>	NO General Meeting - due to: <b>Basic Training</b> <b>Session 1 – May 8, 9, 14, 15, 16, 21</b> <b>Session 2 – May 11, 12, 13, 18, 19, 20</b> Leadership Meeting - May 24 (Basic AAR)	<b>Base Bike Ride - June 4 @ 10am</b> General Meeting June 14 <b>Certified Driver (EVOC) - June 10</b> <b>Firefighter Rehab - June 11</b> Leadership Meeting June 28
July 2017	August 2017	September 2017
<b>Parade Support - July 4</b> General Meeting - July 12 <i>(Skills Training)</i> <b>SAR Navigation Skills - July 22</b> Leadership Meeting - July 26 <i>(4th of July AAR)</i>	<b>CPR Night - August 7</b> General Meeting - August 9 Leadership Meeting - August 23 <b>Wilderness First Aid - August 26-27</b>	<b>Spontaneous Volunteer Management - 9/9</b> General Meeting - September 13 <b>Family &amp; Friends CPR - September 24</b> Leadership Meeting - September 27
October 2017	November 2017	December 2017
<b>Basic Training</b> <b>Session 1 - October 2, 3, 8, 16, 17, 22</b> <b>Session 2 - October 5, 6, 7, 19, 20, 21</b> General Meeting - October 11 Leadership Meeting October 25	<b>Post Disaster Recovery - November 4</b> <b>Base Bike Ride - November 5</b> General Meeting - November 8 Leadership Meeting - November 15	<b>CERT Year in Review</b> <b>December 13 - 6:30 to 8:00 PM</b> NO MEETINGS <b>Holiday Season ~ Training Stand Down</b>

**Note:** General meetings are open to the public. Doors open at 6pm. Meetings are from 6:30pm-8pm at Fire Station 1.

Ashland CERT  
 455 Siskiyou Boulevard  
 Ashland, OR 97520

TO: