



December 2017

*Neighbors Helping Neighbors...*

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### Next Meeting Dates:

#### SAVE THE DATE:

**Member Appreciation Night - Wednesday, December 13 - 6:30 pm**



## Winter Weather Ready

Whether traveling locally or afar this holiday season be sure to take time to give your vehicle the TLC it requires to get you to and fro. Not only do precautionary checks and maintenance make you safer it makes everyone safer as well. Regular maintenance also ensures the longevity of your vehicle.

Battery and Charging System – Have the battery and charging system tested by a trained technician. A fully charged battery in good condition is required to start an engine in cold weather.

Battery Cables and Terminals – Make sure the battery terminals and cable ends are free from corrosion and the connections are tight.

Drive Belts – Inspect the underside of accessory drive belts for cracks or fraying. Many newer multi-rib “serpentine” belts are made of materials that do not show obvious signs of wear; replace these belts at 60,000-mile intervals.

Engine Hoses – Even in cold weather your engine can overheat. Inspect cooling system hoses for leaks, cracks or loose clamps. Also, squeeze the hoses and replace any that are brittle or excessively spongy feeling.



Tire Type and Tread – To ensure good traction all winter long, it’s best to install winter tires on all four wheels. Replace any tire that has less than 3/32-inches of tread. Uneven tire wear can indicate alignment, wheel balance or suspension problems that must be addressed to prevent further tire damage.

Tire Pressure – Check tire inflation pressure on all four tires and the spare more frequently in fall and winter. As the average temperature drops, so will tire pressures – typically by one PSI for every 10 degrees Fahrenheit. The proper tire pressure levels can be found in the owner’s manual or on a sticker typically located on the driver’s side door jamb.

Air Filter – Check the engine air filter by holding it up to a 60-watt light bulb. If light can be seen through much of the filter, it is still clean enough to work effectively. However, if light is blocked by most of the filter, replace it.

Coolant Levels – Check the coolant level in the overflow tank when the engine is cold. If the level is low, add a 50/50 solution of coolant and water to maintain the necessary antifreeze capability. Test the antifreeze protection level annually with an inexpensive tester available at any auto parts store.

## Winter Weather Ready ...continued...

Lights – Check the operation of all headlights, taillights, brake lights, turn signals, emergency flashers and back-up lights. Replace any burnt out bulbs and consider replacing excessively scratched or cloudy headlights to improve visibility.

Wiper Blades – The blades should completely clear the glass with each swipe. Replace any blade that leaves streaks or misses spots. In higher elevations that experience more consistent snowfall, consider installing winter wiper blades that wrap the blade frame in a rubber boot to reduce ice and snow buildup between the blade and glass.

Washer Fluid – Fill the windshield washer fluid reservoir with a winter cleaning solution that has antifreeze components to prevent it from freezing. Do not add antifreeze to standard washer fluid. The oily consistency will smear your windshield and restrict visibility. Antifreeze also contains chemical compounds that can damage paint and some metal surfaces.

Brakes – If there is any indication of a brake problem, have the system inspected by a certified technician to ensure all components are in good working order.

Transmission, Brake and Power Steering Fluids – Check all fluids to ensure they are at or above the minimum safe levels. Fill fluids as needed.

Emergency Road Kit – Carry an emergency kit equipped for winter weather.

Give yourself the gift of peace of mind this holiday and winter season. Be proactive and take recommended steps whether you do it yourself or have a professional follow the list for you. You will be better suited for a more festive holiday season.

Credits towards this issue go to: AAA

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## Tires and Tire Traction

While the inner mechanisms of your vehicle play a critical role in safety the outer mechanisms are quite critical as well. A good all-season or winter specific tire is recommended during winter months. Additionally, in Oregon studded tires are permitted between November 1 and March 31 officially making today studded tire season. Studded tires greatly improve traction specifically on packed snow and icy surfaces. Typically, the time to install winter-weather tires otherwise is when the outside temperature dips consistently below 45 degrees because non-winter tires best performance is between 50-90 degrees meaning they have lowered performance at 45 degrees and pose a risk factor. Even if you consistently drive safely and considerate the outside conditions can be unruly and hazardous regardless. Talk to your local tire specialist today to learn more.

It is also a good idea to check road conditions prior to traveling. The Oregon Department of Transportation operates Trip Check, an online webpage with up-to-date conditions throughout the state including outside temperature and road surface temperatures, road cameras for visual interpretation, road closure information including detours and related info, and more. Most states operate a Travel Information Hotline by dialing 5-1-1. If using this feature it is necessary to pull off the road as you will need your hands to navigate the service menu.

In Oregon it is necessary in many parts of the state to carry traction devices such as chains when traveling if vehicles do not have studded tires installed. Be sure to know before you go to avoid a traffic infraction or accident.



## Winter Vehicle Supplies

You should consider carrying the following items in your vehicle daily this winter season:

Mobile phone with a charger or power storage device.  
Important phone numbers hand-written, including personal emergency contacts, family members and emergency services.

Drinking water or electrolyte-replenishing sports drinks (these have a slightly lower freezing temperature).

First aid kit, including extra doses of whatever medications are needed by you, your family members or traveling pets.

Non-perishable snacks for both human and pet passengers.

Bag of abrasive material (sand, salt, cat litter) or traction mats.

Snow shovel.

Blankets or sleeping bag.

Additional pieces of warm clothing (gloves, hats, scarves).

Flashlight with extra batteries.

Extra window washer fluid.

Ice scraper with brush.

Some rags or roll of paper towels.

Jumper cables, cleaned and recently checked.

Warning devices (flares or reflective hazard signs).

Basic household toolkit (screwdrivers, pliers, adjustable wrench, small hammer, electrical or duct tape).

## Member Birthdays

Victoria Bones

Shea Pinson

Holly Connell

Susanne van Renterghem

Duane Deal

Gordon Seeley

Tom Doolittle

Stephen Weyer

Allan Goffe

Linda Whorton

Kittie Harrison

Donna Wright

Kate Jackson

Alex Landt

O'Neal Latimore

Jennifer Longshore

Dan Milan



## American Heart Association Certification Courses at AF&R

The HeartSaver CPR courses cost \$35 and take approximately 3 hours to complete.

The HeartSaver First Aid courses cost \$55 and take approximately 8 hours to complete.

The BLS courses cost \$55 and take approximately 5 hours to complete.

The Family and Friends non-certification course costs \$5 and takes approximately 2-3 hours to complete.

A variety of courses are offered towards the level of certification you will receive upon attending. All courses are held at Ashland Fire Station 2 unless otherwise noted. All courses begin at 9am, again unless otherwise noted.

We also offer private sessions. Contact the Community Preparedness Coordinator to learn more.

### 2018 PUBLIC SESSION CALENDAR

ADULT First Aid / CPR / AED - Saturday, January 20

ADULT/CHILD/INFANT CPR / AED -  
Saturday, February 10

BLS Healthcare Provider - Saturday, March 10

ADULT/CHILD/INFANT First Aid / CPR / AED -  
Saturday April 14

ADULT CPR / AED - Saturday, May 12

BLS Healthcare Provider - Saturday, June 9

ADULT First Aid / CPR / AED - Saturday, July 14

ADULT/CHILD/INFANT CPR / AED - Saturday, August 18

BLS Healthcare Provider - Saturday, September 8

Family & Friends CPR - Saturday, September 15

ADULT/CHILD/INFANT First Aid / CPR / AED -  
Saturday, October 13

ADULT CPR / AED - Saturday, November 3



ASHLAND  
FIRE  
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# CERT 2017 Calendar of Events

January 2017	February 2017	March 2017
General Meeting - January 11 <i>(211 Info)</i> Leadership Meeting - January 25 <i>(Leadership Retreat Planning)</i>	General Meeting - February 8 (Movie Night) <b>Advanced Medical Refresher - Feb 25</b> Leadership Meeting - February 22 <i>(Leadership Retreat Planning)</i>	General Meeting - March 8 <i>(Surrounding Awareness)</i> NO Leadership Meeting <b>Vulnerable Populations Psychology - 3/18</b> <b>CPR Night - March 27 (6pm)</b>
April 2017	May 2017	June 2017
General Meeting - April 12 <i>(Building Assessment &amp; Triage)</i> <b>Advanced Leadership Retreat - April 21-23</b> Leadership Meeting - April 27 <i>(Planning for Basic Training)</i>	NO General Meeting - due to: <b>Basic Training</b> <b>May 11, 12, 13, 18, 19, 20</b> Leadership Meeting - May 24 (Basic AAR)	<b>Base Bike Ride - June 4 @ 10am</b> General Meeting June 14 <b>Certified Driver (EVOC) - June 10</b> <b>Firefighter Rehab - June 11</b> Leadership Meeting June 28
July 2017	August 2017	September 2017
<b>Parade Support - July 4</b> General Meeting - July 12 <i>(Skills Training)</i> <b>SAR Navigation Skills - July 22</b> Leadership Meeting - July 26 <i>(4th of July AAR)</i>	<b>CPR Night - August 7</b> General Meeting - August 9 Leadership Meeting - August 23 <b>Wilderness First Aid (\$) - August 26-27</b>	<b>Spontaneous Volunteer Management - TBA</b> General Meeting - September 13 <b>Family &amp; Friends CPR - September 24</b> Leadership Meeting - September 27
October 2017	November 2017	December 2017
<b>Basic Training</b> <b>October 5, 6, 7, 19, 20, 21</b> General Meeting - October 11 - <b>Jackson County Fire District 5 Open House (5-7pm)</b> Leadership Meeting (Basic AAR) October 25	<b>Base Bike Ride - November 5</b> General Meeting - Graduation - November 8 Leadership Meeting - November 15 <b>SoOregon CERT Meet &amp; Greet - Nov. 18</b>	<b>CERT Year in Review</b> <b>December 13 - 6:30 to 8:00 PM</b> NO MEETINGS <b>Holiday Season ~ Training Stand Down</b>

**Note:** General meetings are open to the public. Doors open at 6pm. Meetings are from 6:30pm-8pm at Fire Station 1.

Ashland CERT  
 455 Siskiyou Boulevard  
 Ashland, OR 97520

TO: