

Who says you have to move
just because you're getting older?



- MEET NEW FRIENDS
- SOCIAL, EDUCATIONAL, CULTURAL EVENTS
- GET A RIDE WHEN YOU NEED ONE
- HELP ORGANIZING BILLS/PAPERWORK
- COMPUTER, TV, PHONE SUPPORT
- OCCASIONAL LIGHT HOUSEKEEPING
- CAREGIVER RESPITE



WWW.ASHLANDATHOME.ORG

ASHLAND AT HOME
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LIKE us on
Facebook

E-MAIL
INFO@ASHLANDATHOME.ORG

TO JOIN, VOLUNTEER OR DONATE

Ashland At Home is a 501(c)3 organization and a member of the
national Village to Village Network (www.vtvnetwork.org)



Choose to age
in your own home

Serving Ashland and Talent



Stay active, independent and connected.

Home is where the heart is, but living at home can be a challenge when we age or experience an illness or injury. Maybe you need a ride to an appointment or help with shopping. Or a friendly volunteer to help you set up a new computer or DVD player. Maybe you're doing just fine but want an occasional lunch, movie, discussion or walking group outing with other independent seniors.

**ASHLAND AT HOME BRINGS SERVICES DIRECTLY TO
YOUR DOOR. AND WE OFFER A COMMUNITY OF ENGAGED
SENIORS AND COMPASSIONATE VOLUNTEERS.**



Sages' Storytime



Sponsored by Ashland At Home

More info contact: 541.613.6985



March theme: "I Survived & Learned..."

March 25, 2020, Wednesday, 3:00 pm

(Last Wednesday of the month)

LaBaguette Music Café

340 A Street, Ashland, Oregon
