

ASHLAND PARKS & RECREATION – SWIMMING AT DANIEL MEYER POOL OPENING DAY JUNE 22, 2009

Daniel Meyer Pool

1705 Homes Ave, Ashland | 541-488-0313 | Daniel Meyer (DM) Pool is a seasonal, outdoor pool located in Hunter Park. (See schedule below)

Starfish Aquatic Institute® Swim Lessons



Swim Lessons	
PREVIOUS RED CROSS LEVEL	STARFISH SWIMMING® CLASSES
LEVEL 1—3	STARFISH SWIM SCHOOL® Ages: Primary, 6 to 8 years Elementary, 9 years & up
LEVEL 4—6	STARFISH STROKE SCHOOL™ Ages: Primary, 6 to 8 years Elementary, 9 years & up
PRESCHOOL	PRESCHOOL Ages: 3 to 5 years
PARENT/TOT	STARBABIES™ Ages: 6 to 23 months & 24 to 35 months
Students will be placed by individual swimming ability	

REGISTRATION INFORMATION

Register On-Site At DM Pool or at the Ashland Parks & Recreation Office only! Online registration is NOT available for Swim Lessons. **Participants may only register for one swim session at a time. Proof of swim level testing completion is required at the time of registration**

Swim Level Testing is MANDATORY for all swim lesson participants. Testing is FREE and only available the following dates and times. (Pre-registration is NOT required for testing.)

Swim Level Testing Dates & ON-SITE Registration

DAY/S	DATE/S	SESSION/S	TIME	PLACE
Saturday	May 30	A, B, or C	1—5pm	DM Pool
Monday—Thursday	June 22—25	A, B, or C	4—6pm	DM Pool
Monday	June 29	B or C	9am—noon	DM Pool
Monday	July 13	C	9am—noon	DM Pool

ASHLAND PARKS & RECREATION DEPARTMENT Registration (APRD) 340 South Pioneer Street in Ashland

DAYS	DATES	SESSION	TIME	PLACE
Monday—Friday	June 1—25	A, B, or C	8am—5pm	APRD
Monday—Friday	June 1—July 10	B or C	8am—5pm	APRD
Monday—Friday	June 1—July 30	C	8am—5pm	APRD

Daily Prices

PROGRAM	COST
Open Swim	\$2.00
Lap Swim	\$2.50
Adult Recreation	\$2.00
Instructor-Led Water Aerobics	\$3.25
Self-Directed Water Aerobics	\$2.50

Lesson Prices

PROGRAM	COST
Swim School/Stroke School	\$42/Session (Nine, 40-min lessons)
Preschool	\$48/Session (Nine, 40-min lessons)
StarBabies	\$40/Session (Nine, 40-min lessons)
Private	\$18 (One, 30-min lesson)

Punch Card Prices

PROGRAM	NO. OF ENTRIES	COST
Open Swim/Adult Recreation	20	\$30.00
Lap Swim	20	\$40.00
Water Aerobics (Tue & Thu)	20	\$55.00

Holiday Hours

DATE/TIME	4th of July	CLOSED	
	Labor Day	Lap Swim	12:20—1:20pm
		Open Swim	1:30—4pm

Swim Instructor Mentorship

Do you like working with children? Ever wondered what it would be like to teach swim lessons? Here's your chance to find out. Gain experience working with a lead teacher/mentor and learn the basics of instructing a swim lesson. To complete this course you must commit to approximately 20 hours (Session C only). This schedule will be either morning or afternoons. All applicants must pass an interview. Deadline to apply is July 15 — space is limited. Cost, if selected, is \$50.

This opportunity is for ages 14 to 15 (must turn 14 by June 15, 2009).

All enrollees must pass a swim proficiency test. Hours may be applied to fulfill school community service requirement.

Ashland Parks & Recreation is an independent Authorized Provider of the Starfish Aquatics Institute.

Pool Schedule LIMITED OPENING SCHEDULE JUNE 22—26

MONDAY—FRIDAY	
TIME	PROGRAM
7—8:15am	Lap
12:20—1:20pm	Lap
1:30—3:30pm	Open Swim

Pool Schedule DAILY POOL SCHEDULE JUNE 27—AUGUST 16

MONDAY—FRIDAY	
TIME	PROGRAM
7—8:15am	Lap Swim
8:15—8:45am	Lap/Water Aerobics <i>(Note: 1/2 of the pool will be designated for self-directed water aerobics)</i>
8:15—8:45am	Self-Directed Water Aerobics
9am—12:10pm	Lessons
12:20—1:20pm	Lap Swim
1:30—3:30pm	Open Swim
4—6:20pm	Lessons
6:30—7:30pm	Lap (Mon, Wed, & Friday ONLY)
6:30—7:30pm	Water Aerobics (Tue & Thu ONLY)

SATURDAY & SUNDAY	
TIME	PROGRAM
10—10:50am	Adult Recreation Swim
11am—12:30pm	Lap Swim
1—4pm	Open Swim
4:30—6:30pm	*Pool Rentals <i>(Note: Pool Rental dates are July 11—August 30)</i>

Pool Schedule DAILY POOL SCHEDULE AUGUST 17—SEPTEMBER 6

MONDAY—FRIDAY	
TIME	PROGRAM
7—8:15am	Lap Swim
8:15—9:15am	Lap/Water Aerobics <i>(Note: 1/2 of the pool will be designated for self-directed water aerobics)</i>
8:15—9:15am	Self-Directed Water Aerobics
9:30—10:30am	Ashland High School Water Polo (Aug 24—Sep 4)
12:20—1:20pm	Lap Swim
1:30—4:30pm	Open Swim
4:45—6:15pm	Ashland High School Water Polo (Aug 24—Sep 4)
6:30—7:30pm	Lap (Mon, Wed, & Fri ONLY)
6:30—7:30pm	Water Aerobics (Tue & Thu ONLY)

SATURDAY & SUNDAY	
TIME	PROGRAM
10—10:50am	Adult Recreation Swim
11am—12:30pm	Lap Swim
1—4pm	Open Swim
4:30—6:30pm	*Pool Rentals <i>(Note: Pool Rental dates are July 11—August 30)</i>

Class Cancellations

Classes will ONLY be canceled in case of lightning. No make-ups or refunds for missed or canceled classes.

*Pool Rentals

The Daniel Meyer Pool is available for rentals on selected Saturdays and Sundays. A minimum of 2 weeks advance notice is required. Payment is required at the time of booking; major credit cards are accepted. Call 488-5340 for available dates and rental fees.



Swim Lesson Schedule for SESSION A		
JUNE 30—JULY 10 (WK 1: TUE—FRI; WK 2: MON—FRI)		
MORNING		
TIME	PROGRAM	AGES
9—9:40am	Stroke School	9 & up
9:50—10:30am	Stroke School	6—8; 9 & up
10:40—11:20am	Swim School	6—8; 9 & up
11:30am—12:10pm	Preschool	3—5
11:30am—12:10pm	Swim School	6—8; 9 & up
AFTERNOON		
TIME	PROGRAM	AGES
4—4:40pm	Stroke School	6—8; 9 & up
4:50—5:30pm	Preschool	3—5
4:50—5:30pm	Swim School	6—8; 9 & up
5:40—6:20pm	Preschool	3—5
5:40—6:20pm	StarBabies	6—23 months; 24—35 months

Swim Lesson Schedule for SESSION B		
JULY 14—24 (WK 1: TUE—FRI; WK 2: MON—FRI)		
MORNING		
TIME	PROGRAM	AGES
9—9:45am	Swim Team*	Ability based
9:50—10:30am	Stroke School	6—8; 9 & up
10:40—11:20am	Swim School	6—8; 9 & up
11:30am—12:10pm	Preschool	3—5
11:30am—12:10pm	Swim School	6—8; 9 & up
11:30am—12:10pm	StarBabies	6—23 months; 24—35 months
AFTERNOON		
TIME	PROGRAM	AGES
4—4:40pm	Swim School	6—8; 9 & up
4:50—5:30pm	Preschool	3—5
4:50—5:30pm	StarBabies	6—23 months; 24—35 months
5:40—6:20pm	Stroke School	6—8; 9 & up

Categories & Classes

StarBabies 1 and 2

AGES Class 1 is for ages 6—23 months, Class 2 is for ages 24—35 months
 CLASS Parent participation required. Get comfortable with your baby in the water!
 COST \$40.00

Preschool

AGES 3-5 years, must turn 3 by the start of class
 CLASS Four students per instructor. Takes place in the big pool.
 COST \$48.00

Swim School

AGES 6—8 years and 9 and up
 CLASS Learn water safety and swimming basics
 COST \$42.00

Stroke School

AGES 6—8 and 9 and up
 CLASS Learn water safety and stroke refinement
 COST \$42.00

Swim Team

AGES Must pass a swim proficiency test—25 yards of Freestyle & Backstroke
 CLASS Skills and drills must register for both Session B and C.
 COST \$90.00 (includes both sessions)

Private lessons

AGES All ages welcome
 DATES July 27—31 | August 17—21
 TIMES 9:50—10:50am | 11am—noon
 CLASS One-on-one. Development and refinement of strokes and learn to swim skills.
 COST \$18.00 (one 30-min lesson)

Swim Lesson Schedule for SESSION C		
AUGUST 4—14 (WK 1: TUE—FRI; WK 2: MON—FRI)		
MORNING		
TIME	PROGRAM	AGES
9—9:45am	*Swim Team (Continuation of Session B)	Ability based
9:50—10:30am	Stroke School	6—8; 9 & up
10:40—11:20am	Swim School	6—8; 9 & up
11:30am—12:10pm	Preschool	3—5
11:30am—12:10pm	Swim School	6—8; 9 & up
11:30am—12:10pm	StarBabies	6—23 months; 24—35 months
AFTERNOON		
TIME	PROGRAM	AGES
4—4:40pm	Preschool	3—5
4—4:40pm	StarBabies	6—23 months; 24—35 months
4:50—5:30pm	Stroke School	6—8; 9 & up
5:40—6:20pm	Swim School	6—8; 9 & up

Swim Team Camp

This swim team camp is designed to introduce you to the sport of swimming, while improving your stroke technique and endurance.

AGES 8—16
 DAYS Monday—Friday
 DATES/TIMES July 27—31 | 11am—noon
 COST \$45.00 (includes free admission to the All-Comer's Swim Meet on August 8—see details below)

All-Comer's Swim Meet

Rogue Valley Masters Swim Club is hosting an All-Comer's Swim Meet this summer! Saturday, August 8, 8—9am (registration & warm-ups at the pool); 9am—1pm, Swim Meet. \$2/meet, or free with proof of Ashland Parks & Recreation Swim Camp Registration.

Wet & Wild Water Polo Camp

Come and learn the basics of the great game of Water Polo.

AGES 10—14 years
 DAYS Monday—Friday
 DATES July 27—31
 TIMES 4—6pm
 COST \$50 (5 lessons)

The SAI, Starfish Swimming, and Starfish Swim School wordmarks are registered trademarks of the Starfish Aquatics Institute. The Starfish Stroke School and StarBabies wordmarks are trademarks of the Starfish Aquatics Institute.

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