

MEDICAL

Regence BlueCross BlueShield

For questions about health insurance coverage:

Internet: www.or.regence.com

- Search for participating providers

Internet for your claims: www.myregence.com

You should have a Regence ID card.

800-365-3155 or

772-1806 Medford Office

2057 Commerce Dr. (close to Costco)

walk-ins OK 8:00-5:00 Monday-Friday

PRESCRIPTIONS

Download prescription reimbursement forms for Blue Cross Blue Shield at:

<http://www.or.regence.com/docs/forms/memberClaimForm.pdf>

Prescriptions By Mail

Postal Prescription Services:

Internet: www.ppsrx.com

Walgreens:

Internet: www.walgreens.com

800-552-6694

DENTAL

Oregon Dental Service

For questions about dental care:

Internet: www.odscompanies.com

- Search for participating providers

- Download member handbook

- View claim status, etc.

You should have an ODS ID card.

877-277-7280

Willamette Dental

773 Golf View Dr., Medford 97504

Internet: www.willamettedental.com

You should have a Willamette Dental ID card.

800-461-8994 – appointments

800-460-7644 – customer service

VISION

Vision Service Plan

For questions about vision insurance coverage:

Internet: www.vsp.com

You will not have a VSP ID card.

800-877-7195

RETIREMENT

PERS

For questions about member retirement account:

Internet: <http://oregon.gov/PERS/>

- Get a member estimate if you are considering retirement

- Talk to a retirement planning specialist

888-320-7377

Social Security Administration

For questions regarding your SS benefits.

Medford Office:

3501 Excel Dr. Suite 101 (Behind Costco)

Medford, OR 97504

Internet: www.ssa.gov

800-772-1213

DEFERRED COMPENSATION

ICMA

DeLana Hansen, Retirement Plans Specialist
2405 Evergreen Park Drive, SW Ste B-4,
Olympia, WA 98502

Web address: www.icmarc.org

For questions about deferred compensation plan:

E-Mail:

- Set-up a new account
- Ask questions about your account
- Make changes to your investment options

800-735-7505, ext. 4952 (voice mail)

541-933-2090 (office)

888-803-2726 (toll free)

800-669-7400 (client services)

541-933-1313 (fax)

dhansen@icmarc.org

ING

Robyn K. Anderson, Representative

P.O. Box 9054

Bend, OR 97708

Web address: www.ingretirementplans.com

For questions about deferred compensation plan:

Main office:

- Set-up a new account
- Ask questions about your account
- Make changes to your investment options

541-245-7480

E-Mail: robyn.anderson@ingfa.com

Supervisory Address:

200 S.W. Market St., Ste. 1700

Portland, OR 97201

800-835-9966

SUPPLEMENTAL BENEFIT PLANS

AFLAC

Debbie Hodgson, Agent

360 Tunnel Creek Rd.

Grants Pass, OR 97526

For questions about supplemental insurance coverage:

E-mail: debbie_hodgson@us.aflac.com

Internet: www.aflac.com

- Start supplemental Insurance coverage
- Ask questions about your coverage
- File a claim

218-3275 cell

476-8259 office

474-1312 fax

ASIFlex – Flexible Spending Account

For information about the program:

Internet: www.asiflex.com

1-800-659-3035

Monday-Friday 5 AM – 5 PM, Saturday 7-11 AM

asi@asiflex.com email

HRA-VEBA

For information about the program:

Dawson Mortimore, Service Representative

VEBA Service Group, LLC

308 E. 17th Street • Vancouver, WA 98663

1-877-695-3945 • (360) 695-3945 fax

dawson@veba.org • www.hraconsultants.org

For inquiries on account balance or to submit claims for reimbursement:

Meritain Health

PO Box 27810

Minneapolis, MN 55427-0810

Phone: 1-888-659-8828

Fax: 763-582-3470

Email: myclaims@meritain.com

E.A.S.E. Employee Assistance Program

This program is free and confidential to all employees and dependents covered by their health plan.

Phone: 24-hours 1-800-654-9778

www.easeeap.com

WORKERS' COMPENSATION

Health Future LLC (Workers' Compensation)

Billie Christianson, Workers' Comp Manager

618-7242

777 Murphy Rd.

Medford, OR 97504

772-0221 fax

Billie b-christainson@healthfuture.org

Glenna Martin g-martin@healthfuture.org

LIFE INSURANCE

The Hartford

Life/Disability Insurance

1-860-547-5000

Supplemental Employee/Spouse Life

Monday-Thursday: 8:00 a.m. – 7:00 p.m. ET

www.thehartford.com

Friday: 8:00 a.m. – 6:00 p.m. ET

(You can also email your question from the website.)

HUMAN RESOURCES

City of Ashland

552-2110

Tina Gray, HR Director

552-2101

grayt@ashland.or.us

Sonja Akerman, HR Assistant

552-2060

akermans@ashland.or.us

PLEASE NOTE: Updated lists of this document can be found under the g:/drive under PERSONNEL INFORMATION and on the City's website under Departments/Administration/Personnel.