



© Jim Chamberlain

*The citizen's source of information about the City of Ashland*

## Basic Life Support (BLS) for Healthcare Providers Certification

Basic Life Support (BLS) is intended for Healthcare providers and other students seeking training and certification in CPR. This course teaches critical concepts of high quality CPR, use of an automated external defibrillator, and relief choking for victims of all ages. The class takes approximately five hours to complete. All fees must be prepaid prior to the class date to confirm reservation.

When: Saturday, March 23, 2019

Time: 9 a.m. - 2 p.m.

Where: Ashland Fire Station 2, 1860 Ashland Street

Cost: \$55 includes a student study book and card\*

Registration is first-come, first-served according to when class fees are paid. Classes are typically limited to nine people. Participants may register by either contacting the CPR Program Coordinator at (541) 552-2226 or [cpr@ashland.or.us](mailto:cpr@ashland.or.us). You can also register by mailing a check or paying in person between 8 a.m. and 4 p.m. Monday through Friday at Fire Station 1, 455 Siskiyou Boulevard. Make any checks payable to City of Ashland. For information to go to [www.ashland.or.us/cpr](http://www.ashland.or.us/cpr).

\*Upon successful completion, students will receive an American Heart Association BLS for Healthcare Providers Course Completion Card that is valid for two years.

The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the Association.

## Table of Contents

|                        |   |                                     |   |
|------------------------|---|-------------------------------------|---|
| Fix a Leak Week .....  | 2 | Trim Your Branches and Bushes ..... | 3 |
| Water Giveaways .....  | 2 | Pool Workshops .....                | 3 |
| Lend Your Voice .....  | 2 | Events .....                        | 4 |
| Emergency Alerts ..... | 2 | City Calendar .....                 | 4 |

## 43rd Annual 4th of July Run Logo Design Contest 2019

Is the artist in you ready for a challenge? If you answered yes, APRC has an opportunity for you!

Once again, we are looking for an artist to design the logo for the 43rd Annual 4th of July Run. If your artwork is selected you will win \$150, five free t-shirts featuring your design and the pride of seeing your work in multiple mediums!

Submissions are due no later than Friday, March 1, 2019. The winner will be notified by Tuesday, March 5, 2019. For guidelines, additional information and to see logos from events past, please visit [ashland.or.us/JulyRunLogo](http://ashland.or.us/JulyRunLogo).

## Please Leash Your Dog— It's the Law

Dogs love our parks and we love them! Ashland Parks & Recreation Commission welcome your dogs at most parks in Ashland (dogs are not allowed in Lithia Park and North Mountain Park), but please keep in mind, that your dog is required by city ordinance to remain on-leash during your visit. Dog-shy visitors will thank you as well.





March 18-24, 2019

Fix a Leak Week

EPA WaterSense

### Simple Steps to Big Savings

The average American household wastes more than 10,000 gallons (1,336 cubic feet) each year from easy-to-fix water leaks. Across the country, these household leaks can add up to more than 1 trillion gallons of water lost every year. Be in support of water and start saving today with three simple steps: Check. Twist. Replace.

#### 1. Check

First, check your home for leaks. An easy way to start is to examine your winter water use. Walk around your home with eyes and ears open to find leaks, and don't forget to check pipes and outdoor spigots. You can check your toilet for leaks by putting a dye tab in your toilet's tank. Wait ten minutes and if any color appears in the bowl during that time, your toilet has a leak.

#### 2. Twist

Apply pipe tape to be sure plumbing fixture connections are sealed tight and give leaking faucets and showerheads a firm twist with a wrench. If you can't stop those drops yourself, contact your favorite plumbing professional.

#### 3. Replace

If you can't nip that drip, it may be time to replace the fixture. Look for WaterSense labeled models, which use at least 20 percent less water. The City of Ashland is giving out low flow aerators and showerheads to all Ashland residents. A family of four could reduce their indoor water use by up to 60% when replacing old toilets, showerheads, bathroom aerators and washing machines.

To learn more about the City's current rebate programs and giveaways, visit [www.ashlandsaveswater.org](http://www.ashlandsaveswater.org) or call (541) 552-2062.

## Lend Your Voice to City Government

Volunteers for boards and commissions are essential for the workings of City government. The City has twelve permanent boards and commissions in addition to other ad hoc committees and subcommittees. With a wide range of topics including public art, historic preservation, wildfire mitigation, trees, transportation, housing, and conservation there is an opportunity for everyone.

If you are interested in serving on one of our boards or commissions go to [ashland.or.us/vacancies](http://ashland.or.us/vacancies). Here you will find a current list of vacancies and the application process. Applications can be sent to the City Recorder by either emailing to [melissa.huhtala@ashland.or.us](mailto:melissa.huhtala@ashland.or.us) or by dropping off the application at City Hall, 20 E. Main Street. You can also find out more by going to the individual City Commission pages at [ashland.or.us](http://ashland.or.us). The City Calendar on page four lists when each commission meets if you are interested in attending a meeting as a member of the public.

### High Speed Internet for Residents & Businesses in Ashland

Great news for all customers: Our speeds just **doubled**—at no extra charge to you!

**Max Home—Up to 60Mbps \$55/month**  
Email, surfing and music

**Max Streaming—Up to 120Mbps \$65/month**  
Great for video streaming

**Max Small Business—Up to 180Mbps \$95/month**  
Make your business fly



**afn** How Ashland Connects  
A Service of the City of Ashland

## Giveaways

The Water Conservation Department is offering **FREE** showerheads, bathroom aerators, kitchen aerators, and moisture meters. Come see us in the Public Works Building!



51 Winburn Way Ashland, Oregon 97520

Conservation Staff: (541) 552-2062 • Email: [julie.smitherman@ashland.or.us](mailto:julie.smitherman@ashland.or.us) • Website: [www.ashlandsaveswater.org](http://www.ashlandsaveswater.org)

## Be Noticed in an Emergency

The City of Ashland has partnered with Nixle to implement its Community Notification System to alert residents in real-time for localized emergency situations and relevant community advisories. Residents who've already "opted-in" to the Jackson County Citizen Alert System will still get regional messages, but **you have to sign up with Nixle for City of Ashland specific messaging.**

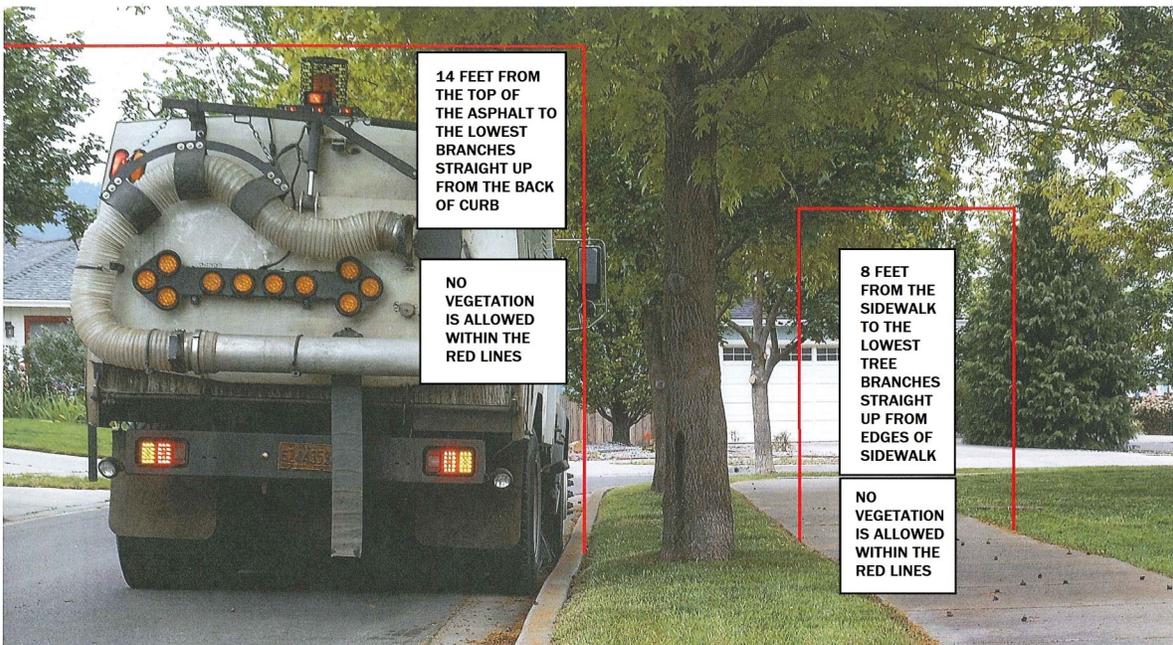
We need you to sign-up! Go to [www.ashland.or.us/nixle](http://www.ashland.or.us/nixle) to register. If the emergency happens tomorrow, don't be left in the dark! For those without web access, please call (541) 482-2770.

## Check Your Branches and Bushes

Tree branches and bushes that extend onto city streets and sidewalks pose hazards for pedestrians, bicyclists, and vehicles. Larger vehicles such as delivery trucks, street sweepers, and garbage trucks can sustain damage when encountering tree branches and trees themselves can sustain damage if branches are broken by these larger vehicles. Property owners are responsible for trimming trees or bushes adjacent to the street and their property. This includes the park row area between the sidewalk and the curb.

To determine if your trees need to be trimmed, stand on the curb line in front of your home and, using the vegetation clearance diagram below for reference, look up to see if there are any branches extending beyond the back of the curb into the street that are less than 14 feet above the street or are less than eight feet above the sidewalks. If so, these branches should be trimmed back to the curb line. **Please note this has changed from the previously enforced 12 feet above the street to align with the City Ordinance 3157 adopted on October 18, 2018.**

Bushes and shrubs should also be trimmed to allow passengers to easily exit a parked car and to allow pedestrians the full width of the sidewalk. Please contact the Street Division at (541) 488-5313 for more information.



## Ashland Community Pool Workshops

Ashland Parks and Recreation Commission (APRC) through the efforts of the Pool Ad Hoc Committee are evaluating the need for a renovation or replacement of Daniel Meyer Memorial Pool. As part of this process, APRC and the Ad Hoc Committee need to hear from you! Two workshops will be held to assess the needs and desires of Ashland citizens for pool renovation or replacement.



The workshops will be held on Tuesday, February 19 at the Ashland Senior Center, 1699 Homes Avenue, and Thursday, March 21, 2019, 5:30 –7:30 p.m. at the Grove, 1195 East Main Street. Please plan to attend a workshop session to provide your input and perspective on Ashland's aquatic and swimming facility needs:

- How can aquatic/swimming facilities best serve Ashland?
- What programming and features would you like to see?

The workshops will be interactive, with all attendees given an opportunity to present their ideas to the Committee.

For more information, please visit [www.ashland.or.us/Swim](http://www.ashland.or.us/Swim). You may also call or email, (541) 488-5340 or [ParksInfo@ashland.or.us](mailto:ParksInfo@ashland.or.us). For general information on APRC visit [www.AshlandParksandRec.org](http://www.AshlandParksandRec.org).



## Events

### *North Mountain Park Garden Opening*

Celebrate spring and learn how you can be a part of the beautiful gardens at North Mountain Park. Join us for the first garden work party of the season on Wednesday, March 20, from 10 a.m. to 1 p.m. Staff and volunteers will provide an orientation to the Demonstration Gardens and volunteer opportunities.

Meet other gardeners and get your hands dirty preparing garden beds for the new season. Gloves, tools and snacks provided. Garden work days continue every Wednesday morning from March through November, with opportunities for both experienced and novice gardeners. Drop in or adopt your own garden area. For more information, call the Nature Center at (541) 488-6606.

|       |  |
|-------|--|
| AGES  | 12 & up  |
| DAY   | Wednesday  |
| DATE  | March 20   |
| TIME  | 10 a.m.—1 p.m.                                   |
| PLACE | North Mountain Park<br>620 North Mountain Avenue |

### *Winter Starfish Swim School*

We are excited to bring the popular Starfish Swim Lesson Program to Ashland BEFORE the Daniel Meyer Pool opens! Lessons will be indoors at the Ashland Tennis and Fitness Club and space is limited. Don't hesitate to jump into swimming early this year.

**WHO:** Students must be toilet-trained and accompanied by guardian during the duration of swim lessons. Legal guardians must sign Ashland Tennis & Fitness Club waiver.

**WHAT:** The Starfish Swim School uses proven methods and a foundational approach to build swim skills and keep swimmers safe while in and out of the water. For more information please visit [starfishaquatics.org](http://starfishaquatics.org).

|       |  |
|-------|--|
| AGES  | 5 & up   |
| DAY   | Wednesdays (Beginning: White/Red)<br>Thursdays (Intermediate: Yellow/Blue/Green) |
| DATE  | Session 2: March 6 & 7 through May 1 & 2<br>(No class March 27 & 28)             |
| TIME  | 5:50—6:20 p.m.   |
| PLACE | Ashland Tennis and Fitness Club<br>735 Jefferson Avenue                          |
| COST  | \$44 (for all 8 lessons)   |



## March City Calendar

### City Council

Business Meeting: Mar. 5 & 19 | 7 p.m.  
Study Sessions: Mar. 4 & 18 | 5:30 p.m.  
Council Chambers, 1175 E. Main Street

### Airport Commission

Mar. 5 | 9:30 a.m.  
Siskiyou Room, 51 Winburn Way

### Conservation Commission

Mar. 27 | 6 p.m.  
Siskiyou Room, 51 Winburn Way

### Forest Lands Commission

Feb. 12 | 5:30 p.m.  
Fire Station #2, 1860 Ashland Street

### Historic Commission

Mar. 6 | 6 p.m.  
Siskiyou Room, 51 Winburn Way

### Housing and Human Services Comm.

Mar. 28 | 4:30 p.m.  
Siskiyou Room, 51 Winburn Way

### Parks and Recreation Commission

Business Meeting: Mar. 25 | 7 p.m.  
Council Chambers, 1175 E. Main Street  
Study Session: Mar. 18 | 5:30 p.m.  
Otte-Peterson Room, The Grove, 1195 E Main St.

### Planning Commission

Business Meeting: Mar. 12 | 7 p.m.  
Study Session: Mar. 26 | 7 p.m.  
Council Chambers, 1175 E. Main Street

### Public Art Commission

Mar. 15 | 8 a.m.  
Siskiyou Room, 51 Winburn Way

### Transportation Commission

Mar. 21 | 6 p.m.  
Council Chambers, 1175 E. Main Street

### Tree Commission

Mar. 7 | 6 p.m.  
Siskiyou Room, 51 Winburn Way

### Wildfire Mitigation Commission

Mar. 20 | 11 a.m.  
Fire Station #1, 455 Siskiyou Boulevard

▲ TTY 1-800-735-2900. ▲ City Council and many other city meetings are broadcast live on channel 9. Charter Communications customers will find city meetings on channels 180 and 181. Meetings also stream live on the internet at [rvtv.sou.edu](http://rvtv.sou.edu).

