



November 2015

*Neighbors Helping Neighbors...*

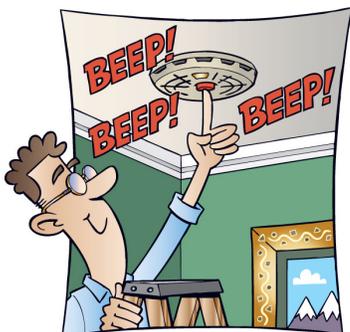
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### Next Meeting Dates:

**General Meeting:**  
 Happy Veteran's Day.  
 There will be no meeting in honor of the holiday.

**Leadership Meeting:**  
 November 18, Fire Station 1.  
 Guest Kara Baylog and 2016 Planning session.  
 Meeting starts at 6:30 with doors open at 6:00 PM.



## Daylight Savings Preparedness

Daylight Savings can be tremendously stressful for most, but you can also make this time a monumental positive event by using the change as a reminder to change the batteries in your smoke detectors, your battery powered clocks and carbon monoxide detectors, refresh your fire extinguisher, and check your emergency supplies preparedness kit.

The change is a great time to consider the changing season including updating clothing to match the weather, replacing water, and checking dated food items and other expiration dates in your kit. Replenishing your disaster supplies preparedness kit can be fun and easy with a little preplanning. Simply look over your contents list and then plan a few meals with existing food. When you are shopping this week purchase new items to replenish what you will use for your meals. Check to be certain all of your items are current.

Your fire extinguisher needs maintenance regularly similarly to your motor vehicle. Once per month you should turn your extinguisher completely over and give it a few taps to keep the chemical from settling and caking causing malfunction upon use. The chemical is a fine powder which over time settles and hardens at the bottom due to gravitational forces. Annually you should have your fire extinguisher inspected and serviced by a professional (a search in you local yellow pages will assist in locating one) who can refresh and/or re-charge the chemical contents as needed. These two steps are necessary in the comprehensive maintenance of your extinguisher to ensure operational success.

Many of the newer model smoke detectors are hard-wired meaning they tie into your electrical system, however, it's a good idea to change the batteries every six months to be on the safe side. If your smoke detectors are not hard-wired it is even more critical to change your batteries. Remember to recycle used batteries. Visit: <http://www.recologyashlandsanitaryservice.com/index.php/community/jackson-county-recycling-partnership> to learn more about local recycling programs.

Daylight savings also means the holidays are on the horizon bringing the joy of giving to many hearts. Did you know there are many ways you can give preparedness? Consider gifting your loved-ones a 72-hour emergency supplies kit for their home, office, or workplace. There are many online resources just a simple click away.

## 2015 Shelter Volunteer Training

What: **WINTER HOMELESS OVERNIGHT & EMERGENCY SHELTER VOLUNTEER TRAINING & ORIENTATION**

When: **Wed. NOV. 11, 2015 from 7:00-9:00 p.m.**

Where: **CALVIN HALL at the PRESBYTERIAN CHURCH,  
1615 CLARK AVE. (Corner of Walker Ave. & Siskiyou Blvd.)**

Ashland is once again preparing to offer **2015-16 Winter Overnight & Emergency Shelter** for Ashland's most vulnerable citizens. During the cold, winter months from **NOVEMBER 16th-APRIL 14, 2016**, four nights of no frills shelter will be offered each week, in four different locations.

In addition to the regular weekly Monday through Thursday shelter nights, whenever the temperature is projected to drop below 20 degrees, the Ashland City Manager may authorize an Emergency Shelter; volunteers are needed to be able to offer these services! All volunteer hosts work in teams of at least two.

Training will review the simple protocols required to act as host at one of our shelters. Last year, with the help of 73 community volunteers we provided 88 nights of shelter, and averaged more than 20 guests/night. With your help, the same could be achieved again this year.

For more information, or to volunteer please contact:

Heidi Parker at: parkershames@gmail.com or phone #: 541-482-1520

John Wiczorek at: wiz@wave.net or ph #: 541-482-8230

Sponsors include: the City of Ashland, Options for Homeless Residents of Ashland (OHRA), First Presbyterian Church, Trinity Episcopal Church, Unitarian Universalist Fellowship, Temple Emek Shalom, Methodist First United Church, and non-affiliated community volunteers.

## Upcoming CERT Opportunities

What:

**Certified Driver Training** also referred to as Emergency Vehicle Operating Course (EVOC) is essential for those who will be driving the CERT Vehicle and/or other department vehicles to support the CERT efforts both during disasters and non-emergent events.

When:

Saturday, November 14

9:00am – 1pm

RSVP requested

Where:

Station 1 ~

Training room for class-room-based portion and 90 N. Mountain Ave. for field-based driving course.



**Save the Date**

What:

**Volunteer Appreciation Night ~ Awards Ceremony** this is an annual event to recognize the valued service of our volunteers throughout 2015. This is an opportunity to say a few words to your fellow CERT members and Ashland Fire Department.

When:

Wednesday, December 9

6:30pm – 8:00pm

RSVP requested

Where:

Location TBA



## Another Basic Training Success Story

Emergency Preparedness, Disaster Awareness, 72-hour kits, Bug-Out bag, the Zombie Apocalypse, and CPR are some of today's trendy buzz words. The New Yorker article on the Cascadia Subduction Zone and following tsunami put the nation on their toes especially along the Oregon coast. The Oregonian then published a follow-up article and articulated the validity and seriousness of the preceding article. Locally in the Rogue Valley community members stated asking questions beginning to create a culture of preparedness. These aren't simple buzz words rather a precautionary nudge.

Statistically speaking we are very unprepared, which by the way is a great video available on the internet if the articles didn't motivate you, for an earthquake of the scale experts are predicting. But once this information surfaced Ashland CERT certainly got busy. We had the largest training class since fall 2013. We also had the highest incident of joining members as well since 2013. The trainees had read the articles, had been shocked by the "newly" learned information, were thrilled to find Ashland provided citizen preparedness classes. Many of the trainees had attended the AIR event just weeks prior and decided to sign up. Generally speaking this was a class of engaged, activated community members; these folks received some bad news followed by strategies for curbing the bad news they received and took action.

We had more thirty victims from a youth Marines group, fabulous moulage make-up by Stephanie Fears, and an awesome group of active members as the Incident Management Team making it all possible for the trainees.



## American Heart Association HeartSaver CPR course

HeartSaver First Aid, CPR, AED, is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. This course also teaches adult CPR and AED use.

The cost for this course is \$55, which includes a student study book and card\*. The class takes approximately 8 hours to complete. All fees must be prepaid prior to the class date to confirm reservation. Please register early to reserve your space.

\*Upon successful completion, students will receive an

American Heart Association HeartSaver First Aid, CPR, AED Course Completion Card that is valid for two years.

**When:** November 14, 2015

**Where:** Ashland Fire Station 2

**Time:** 9am-12pm

**Cost:** \$35

**Registration is first-come, first-served according to when class fees are paid.** Classes are typically limited to 8 people. Participants may register by mailing a check or by paying in person 8 AM - 4 PM Monday - Friday at Station 1, 455 Siskiyou Blvd., Ashland, OR 97520. Make checks payable to City of Ashland.

**For information or to register contact the**

**CLASS FULL**

# CERT 2015 Calendar of Events

January 2015	February 2015	March 2015
General Meeting Jan 14 Movie Night: Cascadia Fault CERT Luncheon - Jan 20 Leadership Meeting Jan 20 - CERT Handbook <b>JoCounty CERT Training - JAN. 30 - FEB. 1</b>	General Meeting Feb 11 Avista: Carbon Monoxide Awareness <b>Emergency Food Prep Challenge</b> CERT Luncheon - Feb 17 Leadership Meeting Feb 25 - Everbridge Training	General Meeting March 11 - ECSO Tour CERT Luncheon - March 17 NO Leadership Meeting <b>Base Inventory - March 7</b>
April 2015	May 2015	June 2015
General Meeting April 8 - Building Triage CERT Luncheon April 21 Leadership Meeting April 22 (Basic Planning)	<b>Basic Training</b> General Meeting - Mercy Flights Leadership Meeting - Basic AAR <b>Base Bike Ride - May 31</b>	<b>Firefighter Rehab Mission - June 6</b> General Meeting - Basic Graduation CERT Luncheon - June 16 Leadership Meeting - Parade Planning
July 2015	August 2015	September 2015
<b>Parade Support - July 4</b> General Meeting July 8 - Radio Communications Evacuation Training - July 11 CERT Luncheon - July 21 Leadership Meeting - July 22 - Parade AAR	General Meeting Aug 12 - Sharon Lee guest speaker - TICK TALKS CERT Luncheon - August 18 Leadership Meeting August 27 - Advanced Communications <b>CERT BBQ - August 22</b>	General Meeting Sept 9 - Opening Bases <b>AIR - Ashland Is Ready - Sept. 12</b> CERT Luncheon - Sept 15 <b>Rogue Valley Preparedness Fair - Sept. 19</b> Leadership Meeting Sept 23 - Basic Planning
October 2015	November 2015	December 2015
<b>Basic Training - October 1-3 and 8-10</b> General Meeting Oct 14 - Basic Graduation CERT Luncheon - Oct 20 Leadership Meeting Oct 28 <b>Base Bike Ride - October 18</b>	<b>Certified Driver Training - Nov 14</b> NO General Meeting CERT Luncheon - Nov 17 Leadership Meeting Nov 18 - Annual Planning	<b>CERT Annual Review - December 9</b> CERT Luncheon - Dec 15 HOLIDAY SEASON - Training Stand Down

**Note:** General meetings are open to the public. Doors open at 6pm. Meetings are from 6:30pm-8pm at Fire Station 1.

Ashland CERT  
 455 Siskiyou Boulevard  
 Ashland, OR 97520

TO: