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March 2016

Neighbors Helping Neighbors...

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#### **Next Meeting Dates:**

#### General Meeting:

March 9, Fire Station 1. Eric Dittmer - follow-up. CERT Skills Training and Review. Doors open at 6pm. Meeting begins at 6:30pm.

Leadership Meeting: NO LEADERSHIP MEETING IN MARCH Enjoy Spring Break.



# Ready Neighbor News

#### **Emergency Preparedness apps**

Mobile applications have become more useful in keeping emergency preparedness information readily available to the public. Recently, the U. S. Department of Energy (DOE) released a new mobile preparedness app called "Lantern Live." The app helps consumers quickly find and share critical information about nearby gas stations and power outages during energy emergencies. "Lantern Live" allows users to:

- Report operational status of local gas stations;
- · Find fuel:
- · Look up local utility power outage maps; and
- · Access useful disaster tips.

The DOE says future versions and updates of "Lantern Live" are likely to include the ability to crowdsource information on the status of gas stations through standardized social media hashtags.

"Lantern Live" is currently free to download for Android users via Google Play.

Looking for more preparedness apps? Keep disaster information at your fingertips with

mobile apps from FEMA and the American Red Cross.



The Federal Emergency Management Agency encourages you to use their FEMA mobile app which has many useful features including alerts from the National Weather Service, Disaster Reporter, which allows you to upload and share photos of damage and recovery efforts, customizable safety lists for building family emergency kits, maps of disaster resources for locating shelters and other recovery plans, generalized safety tips, and the ability to apply for disaster assistance, and all of the information is available in Spanish.

The American Red Cross has developed several Disaster apps including:

First Aid app – Get instant access to information on handling the most common first aid emergencies. You can obtain the app via Apple App Store or Google Play, and also by texting "GETFIRST" to 90999.

Pet First Aid app - Be prepared to help your furry friends with veterinary advice for everyday emergencies. You can obtain the app via Apple App Store or Google Play, and also by texting "GETPET" to 90999.

Emergency app - This "all-inclusive" app lets you monitor more than 35 different severe weather and emergency alerts, to help keep you and your loved ones safe. You can obtain the app via Apple App Store or Google Play, and also by texting "GETEMERGENCY" to 90999.

Earthquake app - Receive notification when an earthquake occurs, find help and let others know you're safe even if the power is out. You can obtain the app via Apple App Store or Google Play, and also by texting "GETQUAKE" to 90999.

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# Emergency Preparedness apps continued...

Wildfire app - Get preparation tips, news and updates on active wildfires. Plus, let loved ones know you're safe even if the power is out.

Flood app - Learn and prepare your family and friends for flooding, evacuation and a safe return home. You can obtain the app via Apple App Store or Google Play, and also by texting "GETFLOOD" to 90999.

Blood app - Schedule blood donation appointments, track total donations and earn rewards as you help us meet the constant need for blood. You can obtain the app via Apple App Store or Google Play, and also by texting "BLOODAPP" to 90999.

The American Red Cross has many more as well. You can visit them on the web to learn more. More apps exist beyond these two resources and can be very useful in assisting you in many facets of preparedness. Learn more today by visiting your app store.

#### Training Opportunity

**CERT BBQ date change!** CERT and AF&R will combine efforts in the annual BBQ at Emigrant Lake to include use of the waterslides Saturday, July 17. Logistics were challenging in scheduling this combined event. Please excuse this third and final change. SAVE THE DATE. Hope to see you there.

**Base Activity – Saturday, March 12** – Opening the base and beginning the CERT structural process. Begins at 9am at Station 1. Food provided. Will carpool out to Grove Base after classroom training. Should culminate before 2pm. Please RSVP. CERT gear required.

**CERT March General Meeting** – Eric Dittmer returns for the homework session post February meeting review. Those who attended February's meeting and completed homework are encouraged to attend. All are welcome. This short review will be followed by a CERT Skills Training (topic TBA). Wednesday, March 9th; doors open at 6pm.

**CPR Night – Wednesday, March 16** beginning at <u>6pm at Station 2</u>. This is a non-certification class to orient you in hands-only CPR for adults (an adult is anyone who has gone through puberty), children and infants (infants are under age one). The course should culminate by 9pm. Must RSVP for planning purposes by Sunday, March 13th at 4pm.

Ropes and Knots Tying class with Ashley Manning – Two courses offered including Wednesday, March 23rd and 30th (both classes run 6:00-8:00pm at Station 1). The first class will consist of introduction and terminology with 15 homework knots to perfect before the second course which offers more skills and practical uses. <u>Currently this class is WAITLISTED.</u>

### 2016 Emergency Prepared Business Program

The Emergency Prepared Business program develops a culture of preparedness among local businesses. Workshops focus on critical components of business resiliency and disaster preparedness. Workshops are offered free of charge and open to both business owners and employees.

Develop a business safety statement and understand what is needed when your business is faced with a potentially disastrous situation including an Emergency Operations Plan and a Continuity of Operations Plan. Assess hazards, risks, and human, property, and business impact while assessing internal and external resource potential. Develop a business safety statement and understand what is needed if your business is faced with a potentially disastrous situation.

Topics include: Emergencies, Facilities, Communications, Responsibilities, Action Plan, Safety Statement, Vital Records, Continuity Plan, Security, and Drills / Exercises.

March, 2016

## CERT Luncheons and Brunch Opportunities

Join your comrades monthly for a meal and conversation. The monthly Emergency Business Preparedness luncheon morphed into creating opportunities for members to share stories, talk shop, and simply enjoy a meal together. In an effort to make it possible for those who have a regular Monday-Friday work schedule the Leadership Team decided to hold bi-monthly brunch meetings in addition to the bi-monthly luncheons; making this an all inclusive activity.

Leave no CERT member behind.

The schedule is as follows:

Sunday, December 4 @ 11:00am

Thursday, March 3rd at beginning at 11:30am. Location: BREADBOARD - 744 N Main Street, Ashland The following Locations TBA ---Sunday, April 3 @ 11:00am Thursday, May 5 @ 11:30am Sunday, June 5 @ 11:00am Thursday, July 7 @ 11:30am Sunday, August 7 @ 11:00am Thursday, September 1 @ 11:30am Sunday, October 2 @ 11:00am Thursday, November 3@ 11:30am

#### A BIG Thank You

Ashland Fire & Rescue and Ashland CERT are continually making improvements to programs and operations. In doing so, CERT recently got a great new storage area at Station 1; however, it was not adequately shelved nor organized and items needed to be inventoried before doing so.

I want to genuinely thank both Rod P. and Sue S. for spending more than 12 hours cleaning, organizing and inventorying the CERT gear and equipment.



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#### Basic Life Support Certification Course

Basic Life Support (BLS) is intended for Healthcare providers and other students seeking training and certification in CPR. This course teaches critical concepts of high quality CPR, use of an automated external defibrillator, and relief choking for victims of all ages.

The cost for this course is \$55, which includes a student study book and card\*. The class takes approximately 4.5-5 hours to complete. All fees must be prepaid prior to the class date to confirm reservation. Please register early to reserve your space.

When: March 12, 2016

Where: Ashland Fire Station 2

Time: 9am-2pm

**Cost: \$55** 

TO REGISTER:

Registration is first-come, first-served according to when class fees are paid. Classes are typically limited to 8 people. Participants may register by mailing a check or by paying in person between 8 AM & 4 PM Monday through Friday at Fire Station 1, 455 Siskiyou Blvd., Ashland, OR 97520. Make checks payable to City of Ashland. Credit cards accepted as well.

\*Upon successful completion, students will receive an American Heart Association BLS for Healthcare Providers Course Completion Card that is valid for two years.

For information or to register contact: Ashland CERT Program 541-552-2226

cpr @ ashland.or.us



# **CERT 2016 Calendar of Events**

January 2016	February 2016	March 2016	
General Meeting - January 13	General Meeting - February 10	General Meeting - March 9	
(Calculating Risk)	(Eric Dittmer - Seismic Activity)	(CERT Skills Training)	
Search & Rescue Tactics - Jan 23	Terrorism Response Awareness - Feb 20	NO Leadership Meeting	
Leadership Meeting - January 27	Leadership Meeting - February 24	Base Activity - March 12	
(CERT member handbook)	(Everbridge Training)	CPR Night - March 16 (6pm)	
April 2016	May 2016	June 2016	
General Meeting - April 13	General Meeting - May 11 - Basic Graduation	General Meeting June 8	
(Building Assessment & Triage)	Base Bike Ride - May 15	(CERT Skills Training)	
Leadership Meeting - April 27	Leadership Meeting - May 25	Evacuation Training - June 11	
(Planning for Basic Training)	(Basic Training AAR)	Leadership Meeting June 22	
Basic Training - April 21-23 and May 5-7	Annual Phone Tree Test - TBA	(Final Planning for 4th of July)	
July 2016	August 2016	September 2016	
Parade Support - July 4 General Meeting - July 13 (Mission Training) Firefighter Rehab Training - July 16 Leadership Meeting - July 27 (4th of July AAR)	DATE CHANGE - JULY 17 - CERT BBQ General Meeting - August 10 (TBA) Leadership Meeting - August 24 (Fire Department Communications)	Ashland Is Ready (AIR) - September 10 General Meeting - September 14 Family & Friends CPR - September 24 Leadership Meeting - September 28 (Basic Planning)	
October 2016	November 2016	December 2016	
Basic Training - October 6-8 and 13-15 General Meeting - October 12 Leadership Meeting October 26 Base Bike Ride - October 23	General Meeting - Nov. 9 - (Basic Graduation)  Certified Driver Training - November 19  Leadership Meeting - November 16  (Annual Training Planning Session)	CERT Year in Review December 14 - 6:30 to 8:00 PM No Meetings Holiday Season ~ Training Stand Down	

Note: General meetings are open to the public. Doors open at 6pm. Meetings are from 6:30pm-8pm at Fire Station1.

Ashland CERT 455 Siskiyou Boulevard Ashland, OR 97520