



March 2013

Neighbors Helping Neighbors...

### Inside this issue:

Faces of CERT Campaign	1
Faces of CERT continued	2
Spring Basic Training	2
March Functional Exercise	3
Volunteer & Training Opp	3
Base Inventory Day	3
Basic Life Support class	3
Training Calendar	4

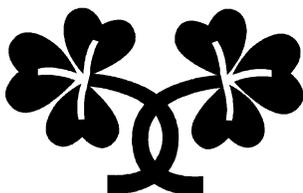
### Next Meeting Dates:

**General Meeting:**

March 9, Fire Station 1.  
Meeting starts at 6:30 with doors open at 6:00 PM. Guest speaker Captain Mike Calhoun – Fire District 3 – Swiftwater Awareness.

**Leadership Meeting:**

March 27, Fire Station 1.  
Meeting starts at 6:30 with doors open at 6:00 PM.



## Faces of Ashland CERT Campaign

Ashland CERT is continuing its 2013 campaign “Faces of Ashland CERT” which will include a new monthly member preview in each newsletter throughout 2013. The intent of the campaign is to provide Ashland residents who are unfamiliar with CERT an opportunity to get to know the CERT volunteers in their community and to build relationships within the CERT organization through community connections that one might not have known existed by showcasing the lives of the dedicated volunteers committed to Ashland CERT.

This month Ashland CERT would like to introduce Linda Rolie. Linda completed basic training in fall of 2011. Since completing basic training Linda has honorably participated in the Base Bike Ride and assisted at the Fourth of July Parade Informational Booth and Citizen Alert Sign-ups as well as advanced and refresher trainings. Linda provided great insight and depth towards the advanced evacuation training last year.

Let’s get to know **LINDA K. ROLIE...**



Name & age?: **Linda K. Rolie, Mid-lifer/ age 57**

Where are you from and when did you move to Ashland?: **Native of Jacksonville, Oregon and moved near downtown Ashland in 2001.**

What attracted you to Ashland?: **After nearly 10 years in Portland and several years in Eugene, I fulfilled my long time desire to live in Ashland. As a moderately conservative *wanna-be hippie*, this is a really fabulous small town.**

What is/was your career?: **I own a Career Management firm and enjoy helping individuals in career transition land new employment. Prior to this, I assisted injured workers get back to work and also held a few health care management positions. I taught high school personal health education in the Medford School District only long enough to confirm public schooling wasn’t my preferred niche.**

How did you first learn about Ashland CERT?: **CERT got my attention when my neighbor stated how well prepared for disaster he is with food, personal protection, and more....and he *is not sharing so don’t knock on his door.* “*Alrighty then*”, I said to myself and enrolled in the basic CERT training.**

What did you like best about the CERT basic training?: **ALL of it. It is challenging, confidence-building, informative, friendly, interactive, and more.**

## Faces of Ashland CERT - continued...

What do you find most interesting about Ashland CERT?: **The wide range of personality types, leadership, collaboration, responsibilities, variety of training opportunities, and really uniquely inspiring volunteers.**

Why did you choose to be a CERT member?: **I realized how ill-prepared that I was for any type of disaster. It's a good thing to know that I am now better prepared to help my neighbors in addition to myself if the need arises.**

What other programs in the Ashland community do you support?: **For 13 years, a meals ministry has been happening on Sundays in the park at 3:00 pm. Volunteers bring a potluck item to share and enjoy company with all the different folks.**

What do like best about the community?: **Outdoors, mountains, and most of the time, the weather. None of us likely expected snow in our yards last May, but Ashland's weather continues to surprise me.**

Anything else you would like to add?: **The trainers (fire protection, EMT, Chief, coordinator, police, etc) provide a great service to our community and we are very fortunate!**



Linda is passionate about the preparedness opportunities Ashland CERT provides the community. She values her involvement with the program both towards the members and the mission as an active community members. Next time you see Linda please say hello and thank her for being the March Face of Ashland CERT 2013.

### Spring Basic Training ~ April

April brings basic training. Ashland CERT is proud to announce another collaboration with Southern Oregon University to offer basic training on campus this spring. Students can earn 3 credits towards degree certification upon the successful completion of the CERT course. Students seeking credit hours must register through the university and pay applicable fees associated. Community members may still take the course for free if not seeking university credit hours. Students are offered the course on an A thru F grading scale and must adhere to strict requirements. Full-time Ashland residents, paying students, and full-time Ashland employees have priority when filling the class.

Volunteers are needed during the final simulation day. Volunteer positions include mobilization manager, planning, operations, logistics, radio communications, maze attendants, volunteer coordinator, and more. Please contact the CERT office if interested. Volunteers may be asked to attend associated planning sessions including the leadership meetings.

### Annual Functional Exercise

The City of Ashland will hold its annual functional exercise on [Wednesday, March 20, 2013](#). The intent of this exercise is to test the City's resources and response during a large scale incident. The Emergency Operations Center (EOC) will open at full Level 3 capacity. The City intends to test its capabilities during the exercise to be prepared for an actual disaster. CERT will join Ashland Fire & Rescue, Ashland Police Department, Public Works and Streets Division, Ashland Community Hospital and other entities in simulating events for a real-life situation challenging our strengths and uncovering our weaknesses to help our community be better prepared. AF&R is requesting all Ashland CERT members join in this exercise. The exercise is scheduled from 9:30 am – 3:00 pm. Your participation and committed assistance is greatly encouraged and appreciated. Exercises are an excellent means of practicing skills in the field.

Contact the CERT office for more information.

## Volunteer Opportunities

**Map Your Neighborhood Facilitators:** Due to the overwhelming response from citizens interested in starting and continuing MYNs Ashland CERT is looking for a few volunteers who would like to be part of the MYN Team. Facilitators receive support from the CERT and Firewise Coordinators to present MYN/MYFN upon request from the community. The hours are flexible, but do come with parameters. Attendees are those who share a passion for preparedness and support community based efforts to be proactive.

**Training will be held Tuesday, March 12 from 6:00 - 8:00 PM at Station 1.**



## Training Opportunities

**Basic and Advanced Disaster Life Support and Burn Disaster Training:** Medford.

Training organized by the State Emergency Registry of Volunteers in Oregon (SERV-OR). Please follow the link and then the prompts; this training is not run by Ashland CERT. The trainings are run and operated by SERV-OR. Please check out their website for more information: <http://public.health.oregon.gov/Preparedness/SERV-OR/Pages/BDLS-ADLS-2012.aspx>

Basic Disaster Life Support - Tuesday, April 23, 2013 from 8 AM to 5 PM

Advanced Disaster Life Support - Wednesday-Thursday, April 24-25, 2013 (both days required) 8 AM to 5 PM both days.

## Annual Base Inventory - Saturday, March 16

It's that time of year again! The Annual Base Inventory Day is a critical opportunity to gather and inventory base supplies. Several new items have been placed in each base purchased during 2012 following last April's Base Inventory. If you were unable to lend a helping hand last spring please come out and lend a hand Saturday, March 16th from 9:00 am – 11:00 am unless otherwise noted. Having an up-to-date supply inventory list assists our efforts and the efforts of emergency responders. We will have a simulation training on opening the bases in July and will need an updated inventory list. Please donate an hour towards base inventory.

## Basic Life Support (BLS) course for Healthcare Providers

Basic Life Support (BLS) is intended for Healthcare providers and other students seeking training and certification in CPR. This course teaches critical concepts of high quality CPR, use of an automated external defibrillator, and relief choking for victims of all ages.

The cost for this course is \$55, which includes a student study book and card\*. The class takes approximately 4.5-5 hours to complete. All fees must be prepaid prior to the class date to confirm reservation. Please register early to reserve your space.

**When: Saturday, March 9**

**Time: 9am-2pm**

**Where: Ashland Fire Station 1**

**Cost: \$55**

### TO REGISTER:

**Registration is first-come, first-served according to when class fees are paid.** Classes are typically limited to 8 people. Participants may register by mailing a check or by paying in person 8 AM - 4 PM Monday through Friday at Fire Station 1, 455 Siskiyou Blvd., Ashland, OR 97520. Make checks payable to City of Ashland.

\*Upon successful completion, students will receive an American Heart Association BLS for Healthcare Providers Course Completion Card that is valid for two years.

**For information or to register contact the CERT Program Coordinator at 541-552-2226 | [cert@ashland.or.us](mailto:cert@ashland.or.us)**



**American Heart Association**   
*Learn and Live*

# CERT 2013 Calendar of Events

January 2013	February 2013	March 2013
General Meeting January 9 <i>(Pacific Power Safety)</i> <b>MRE and Emergency Food Tasting</b> <b>Saturday, January 12 (12PM-2PM)</b> Leadership Meeting January 23	General Meeting February 13 <i>(Weather Conditions)</i> Leadership Meeting February 27 <b>MYN Night - February 26</b>	General Meeting March 13 <i>(Swiftwater Awareness)</i> <b>MYN Night – March 12</b> <b>Base Inventory – March 16</b> Leadership Meeting March 27
April 2013	May 2013	June 2013
General Meeting April 10 <i>(JC SAR)</i> Leadership Meeting April 25 <i>(Final Prep for Basic Training)</i> <b>Spring Basic Training April 11-13 &amp; 18-20</b>	<b>Basic Graduation - General Meeting May 8</b> Leadership Meeting May 22 (Basic Training AAR & 4th of July Planning) <b>Annual Phone Tree Test - May 18</b> <b>Base Bike Ride – May 19 (9AM-1PM)</b>	<b>Refresher Training—June 1</b> General Meeting June 12 ( <i>START Triage</i> ) Leadership Meeting Jun 26 ( <i>Parade Support</i> ) <b>Firefighter Rehab Mission Training</b> <b>June 22 (9AM-4PM)</b> Solar Storm Formidable Footprint June 29
July 2013	August 2013	September 2013
General Meeting July 10 ( <i>Radio Communications</i> ) <b>Base Painting Party – July 13 (8AM-11AM)</b> Leadership Meeting July 24 Tracking Resources & Opening Bases—June 26-27	General Meeting August 14 <i>(Medical Operations Review)</i> Leadership Meeting August 28 <i>(Basic Planning)</i> <b>Advanced Training – August 24</b>	<b>National Preparedness Month</b> General Meeting September 11 <b>CPR Saturday September 21</b> Leadership Meeting September 25
October 2013	November 2013	December 2013
<b>Fall Basic Training—October 3-5 &amp; 11-12</b> General Meeting October 9 Leadership Meeting October 23	<b>Refresher Training – November 9</b> General Meeting Nov 13 <i>(Basic Graduation)</i> Leadership Meeting November 20 <i>(Annual Training Planning Session)</i>	<b>CERT Year in Review</b> <b>December 11, 6:30 to 8:00 PM</b> No Meetings <b>Holiday Season Training Stand Down</b>

**Note:** General meetings are open to the public. Doors open at 6pm. Meetings are from 6:30pm-8pm at Fire Station 1.

Ashland CERT  
 455 Siskiyou Boulevard  
 Ashland, OR 97520

TO: