



June 2013

Neighbors Helping Neighbors...

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Next Meeting Dates:

General Meeting:
June 12, Fire Station 1.
Radio Communications.
Meeting starts at 6:30 with doors open at 6:00 PM.

Leadership Meeting:
June 26, Fire Station 1.
Meeting starts at 6:30 with doors open at 6:00 PM.



Faces of Ashland CERT - member profile

Ashland CERT is now midpoint in the member campaign *Faces of Ashland CERT*. This campaign has received numerous positive comments making it a high success. The goal is to highlight existing members' lives surrounding CERT in an attempt to create knowledge of what CERT is and what we do in and for the community. This is a great opportunity for members to share snippets from CERT volunteerism experiences as well as moments with other volunteer organizations.

We have a robust membership and Ashland CERT prides itself on the dedication of our many members. Member involvement makes the organization shine and keeps the local touches that everyone has come to appreciate. Looking ahead to June 2013 it is a pleasure to introduce newly graduated member Christine Garlow. Christine completed spring 2013 basic training and has shown outstanding dedication and leadership. She completed both FEMA strands practically overnight, joined us for the May 4th training session, and has offered her skills and expertise next time they are needed in addition to dedicating herself as a member.



Let's meet Christine Garlow.

Where are you from and when did you move to Ashland?

I recently relocated to Ashland by way of San Diego, California. Ashland is a beautiful place to retire after all my hard work as a sales executive at Pitney Bowes. I've been here for about a year and I love it!

What attracted you to Ashland?:

Ashland and the surrounding areas have so much to offer. I especially enjoy the theater and outdoor adventures.

What are your goals for the future?:

In addition to learning as much as I can about the CERT program I would like to follow up by attending a class in First Aid and CPR.

Hobbies, interests, favorite movie, food, etc?:

I love gardening, ceramics, and anything that has to do with the outdoors. For my next adventure I

plan on going white water rafting and checking out some of the hiking trails in the area. I also love socializing and meeting new people.

Faces of CERT continued...

How did you first learn about Ashland CERT?:

When I saw the pamphlet at the library. I thought joining the CERT program would be a great way to meet new people and get involved with my community. I signed up immediately.

What did you like best about the CERT basic training?:

My favorite part of basic training was the disaster simulation. I feel as if I'll be much more prepared if a disaster were to strike.

What do you find most interesting about Ashland CERT?:

The organizational structure mandated by FEMA is really quite impressive. Also, the City of Ashland / CERT website is very informative and contains useful information for everyone.

Why did you choose to be a CERT member?:

Being the eldest of four siblings I've always possessed leadership qualities. I am able to stay calm in stressful situations and feel that I

will have a lot to offer in a disastrous situation. Also, joining the CERT program is a way to give back to the community.

How did it feel to be chosen the Honor Graduate? :

Surprised and honored!

Anything else you would like to add?:

The instructors were extremely knowledgeable and well organized. Terri and Shannon were able to make a serious subject more fun and interesting.

The Great Oregon ShakeOut 2013

Registration is now open for the 2013 Great Oregon ShakeOut. More than 160,000 Oregonians took part in the 2012 ShakeOut including Ashland CERT. Registration is easy; log into www.shakeout.org/oregon/ By signing up you agree to practice stop, drop, and hold in October to recognize earthquake preparedness.

June Opportunities ~ So many choices

CERT Refresher Training - June 1 at Pioneer Hall CHANGE OF LOCATION to Ashland Fire Rescue Station 1 in the training room. Registration is requested.

Earthquake Awareness Presentation - By Lesley Hopper, SOU Earth Science Student
When: Thursday, June 6 from 8:00-9:00 pm
Where: Central Point City Hall Council Chambers, 140 S. Third St. C.P. CERT Coordinator adds: Disaster strikes without warning; are you prepared? In an effort to help its residents, the City of Central Point will be hosting a presentation about the disaster dangers that exist in the region.

One such disaster involves earthquakes which are a rapid shaking of the earth often sudden and are caused by breaking and shifting of rock far beneath the surface of the earth. This type of disaster happens without warning, suddenly occurring during any season of the year. There are 45 states in the United States that are at moderate to very high risk of earthquake disasters. The informative presentation will deal specifically with the dangers that you could face as a Rogue Valley resident. Lesley will provide insight into the mechanics of an earthquake as well as what you can do to ready yourself for the inevitable. Refreshments will be provided.

Firefighter Rehab—June 22

The General Class will begin June 9th, 3pm to 6pm at the Smullin Center adjacent to Rogue Regional Medical Center. To make a reservation for this class please contact the following: (541) 941-7186 or RVARC.PIO@gmail.com Space will be limited; please reserve early.

HAMS General class length will be 8 to 12 weeks which is dependent on how fast the students learn. The instructor will lengthen the course depending on need of the students. A typical course lasts 8 or 9 weeks. The classes run on Sundays starting June 9th from 3pm to 6pm.

June Opportunities continued ~ So many choices

SOU Active Shooter Drill - Southern Oregon University in cooperation with Ashland Police Department, Ashland Fire & Rescue and Ashland CERT, ECSO, and ACH will act a "shooter on campus" drill
Wednesday, June 19, 2013.

Volunteers are needed to assist as victims. This acting role will force you to have a strong willed mindset due to the nature of the scene. Volunteers can expect loud bangs from blanks, screaming, and explicit acting. If this is not for you please do not volunteer.

Critical stress management teams will be available to anyone who might wish to talk about the experience during and after. A role briefing will occur **Tuesday, June 18 from 3:00 - 5:00 pm.**

The actual drill is **6/19/2013 from 8am – 3pm.** Lunch will be provided. Due to the seriousness of this learning experience for the agencies involved volunteers need to commit to being present at each if volunteering. Please contact CERT if interested.

Wildland Urban Interface (WUI) Interpretive Walk with Lucy Edwards – Thursday, June 20 from 6:30 – 8:00 PM

Purpose: Team preparedness & Wildfire Evacuation. Objectives for the walk includes familiarity with upper Ashland neighborhoods that are vulnerable to threat of wildland fire, practicing radio communications and completing evacuation paperwork, preparing

and becoming familiar with neighborhood maps that could be used in emergencies, and how to organize and work together as a team. We will meet at a specified base (yet to be determined) and disperse from there to our destination neighborhood. Please arrive on time if participating.

Solar Storms Formidable Footprint participation opportunity- Saturday, June 29 beginning at 9:00 am exactly at Ashland Community Hospital conference room1. The well designed digital exercise is completed by CERT teams and others all over the country to assist in preparing you for events. The exercise is well designed and useful. The exercise typically lasts until roughly 1:00 pm. All are welcome.

Fire Season begins on ODF protected lands in Jackson County

Fire season on forestlands protected by the Oregon Department of Forestry's (ODF) Southwest District begins June 3. The fire danger level is currently "low" (green) but will move to "moderate" (blue) on Monday at 12:01 a.m. Fire season is determined by the state forester when vegetation becomes dry and fires become harder to control. The City of Ashland will impose no burning as well and local restrictions will apply in addition. See smoke? Call Smoke Hotline: 541-552-2490

AHA HeartSaver CPR certification course

HeartSaver CPR is a classroom, video based, instructor led course that teaches adult CPR and AED use, as well as how to relieve choking on an adult. This course teaches skills with American Heart Association's research-proven Practice-While-Watching technique, which allows instructors to observe the students, provide feedback and guide the students' learning of skills.

This course is for anyone with limited or no medical training seeking a course completion card in CPR and AED use to meet job, regulatory, and/or other requirements.

The cost for this course is \$35, which includes a student study book and card*. The class takes approximately 3 hours to complete. All fees must be prepaid prior to the class date to confirm reservation. Please register early to reserve your space.

*Upon successful completion, students will receive an American Heart Association HeartSaver CPR Course Completion Card that is valid for two years.

When: June 15, 2013

Where: Ashland Fire Station 1

Time: 9am-12pm

Cost: \$35

Registration is first-come, first-served according to when class fees are paid. Classes are typically limited to 8 people. Participants may register by mailing a check or by paying in person 8 AM - 4 PM Monday - Friday at Station 1, 455 Siskiyou Blvd., Ashland, OR 97520. Make checks payable to City of Ashland.

For information contact the Ashland CERT Program

Coordinator 541-552-2226



CERT 2013 Calendar of Events

January 2013	February 2013	March 2013
General Meeting January 9 <i>(Pacific Power Safety)</i> MRE and Emergency Food Tasting Saturday, January 12 (12PM-2PM) Leadership Meeting January 23	General Meeting February 13 <i>(Weather Conditions)</i> Leadership Meeting February 27 MYN Night - February 26	General Meeting March 13 <i>(Swiftwater Awareness)</i> MYN Night – March 12 Base Inventory – March 16 Leadership Meeting March 27
April 2013	May 2013	June 2013
General Meeting April 10 <i>(JC SAR)</i> Leadership Meeting April 25 <i>(Final Prep for Basic Training)</i> Spring Basic Training April 11-13 & 18-20	Basic Graduation - General Meeting May 8 Leadership Meeting May 22 (Basic Training AAR & 4th of July Planning) Annual Phone Tree Test - May 18 Base Bike Ride – May 19 (9AM-1PM)	Refresher Training—June 1 General Meeting June 12 <i>(Radio Comm.)</i> Leadership Meeting Jun 26 <i>(Parade Support)</i> Firefighter Rehab Mission Training June 22 (9AM-4PM) Solar Storm Formidable Footprint June 29
July 2013	August 2013	September 2013
General Meeting July 10 <i>(START Triage)</i> Base Painting Party – July 13 (8AM-11AM) Leadership Meeting July 24 Tracking Resources & Opening Bases—June 26-27	General Meeting August 14 <i>(Medical Operations Review)</i> Leadership Meeting August 28 <i>(Basic Planning)</i> Advanced Training – August 24	National Preparedness Month General Meeting September 11 CPR Saturday September 21 Leadership Meeting September 25
October 2013	November 2013	December 2013
Fall Basic Training—October 3-5 & 11-12 General Meeting October 9 Leadership Meeting October 23	Refresher Training – November 9 General Meeting Nov 13 <i>(Basic Graduation)</i> Leadership Meeting November 20 <i>(Annual Training Planning Session)</i>	CERT Year in Review December 11, 6:30 to 8:00 PM No Meetings Holiday Season Training Stand Down

Note: General meetings are open to the public. Doors open at 6pm. Meetings are from 6:30pm-8pm at Fire Station 1.

Ashland CERT
 455 Siskiyou Boulevard
 Ashland, OR 97520

TO: