

Ready Neighbor News



January 2015

Neighbors Helping Neighbors...

Inside this issue:

CERT Training	1
New in 2015	2
Ashland FireMed	2
2014 Awards Recap	2
Training Opportunities	3
2015 CPR Courses	3
Training Calendar	4

Next Meeting Dates:

General Meeting:
January 14, Fire Station 1.
Cascadia Fault movie night.
Meeting starts at 6:30 with
doors open at 6:00 PM.

Leadership Meeting:
January 21, Fire Station 1
Meeting starts at 6:30 with
doors open at 6:00 PM.



CERT Training, Training, and More Training

Resolve to assist in training an entire community through the many opportunities available to support residents around southern Oregon in gaining knowledge and skills in all-hazard areas of basic preparedness. As the CERT community expands it lends many opportunities to make connections through supporting others including:

Josephine County CERT Training in Cave Junction, Oregon

CERT basic training assistant requested for another Josephine County CERT training held at the Illinois Valley Fire Department in Cave Junction Friday, January 30 through Sunday, February 1. I am requesting assistance with the final exercise Sunday afternoon at minimum, and could also use assistance primarily day two and three with general activities. Carpooling is encouraged and I can assist in that process; please call or email to be put on the carpool list.

Jan. 30- Disaster Preparedness, Disaster Psychology, CERT Organization, & Terrorism

Jan. 31- Radio Training, Light Search & Rescue w/ Debris Pile, & Disaster Medical Ops part 1

Feb. 1- Disaster Medical Ops part 2, Fire Safety, Course Review and Disaster Simulation

City of Medford CERT Training

The City of Medford's Office of Emergency Management announces their first Community Emergency Response Team Training. Training dates include January 1/17 & 22-24. If interested in participating in the training contact them at: 541-774-2090 for more information.

- What are volunteers assisting with? -USAR Size-up and building marking (2 CERT members), FFE Supervision (4 CERT members)
- Who do volunteers contact to RSVP? -Nicolas Petersen (deadline to RSVP is 2:59 PM 1/15/2015).
- Who do volunteers report to upon arrival? -Nicolas Petersen
- What time do volunteers need to report on what dates? 8:00 AM 1/17 & 1/24
- What can volunteers expect? Duties are acting as safety officers/supervisors, and to help with set-up and de-mob; specific hazards TBD.
- Is rehab provided? YES- Breaks and rehab will be provided, as well as water, snacks, lunch.
- Do CERT volunteers need specific gear? YES- CERT PPE, Packs TBD.

New in 2015

Thank you to all for your continued support of the CERT program and community preparedness at large. CERT has a couple of exciting additions to the 2015 planning calendar including a monthly luncheon at Standing Stone Brewing Co the third Tuesday of each month at noon beginning January 20.



CERT Sponsors monthly luncheons at Ashland's premier Emergency Prepared Business.

Monthly luncheons are a great opportunity to meet fellow CERT members, share stories, and build relationships. SSBC is Ashland's premier Emergency Prepared Business taking actions to be prepared internally for sustainability (continuity of operations) and the community.

Members are welcome to invite family and

friends to luncheons as a means of encouraging community preparedness. All attendees are responsible for payment of their order including any meal and beverage. Attendees are encouraged to dine as a group and SSBC will be happy to accommodate joining tables if needed. This is a great social opportunity to get to know each other in a non-training environment. Feel free to contact the CERT office if you have any questions.

Ashland FireMed

Ashland Fire & Rescue in cooperation with Mercy Flights Air Ambulance is still accepting FireMed membership applications. FireMed is the emergency ambulance membership program of our fire department. Being a member protects you and your family from the high cost of emergency medical transport.

Features of Basic Membership Benefits Include:

- Emergency pre-hospital, medical treatment and transportation.
- Emergency paramedic rescue.
- Emergency ambulance transportation to all local hospitals.
- Automatic insurance billing service.

The annual fee of \$ 55.00 covers anyone in your household. With a FireMed Basic membership, all of your deductibles, co-pays, and any other out of pocket transportation costs are covered...even if you have no insurance. You don't have to worry! Your medical insurance may not cover all your expenses and without FireMed you might find yourself paying up to \$1500 for emergency ground service.

Additionally, plus service is available at \$95 annually covering regular service plus air transportation.

For more information visit: www.firemed.org



The 2014 Appreciation Night Recap

The Ashland CERT 2014 Volunteer Appreciation & Awards Night was well attended the evening of Wednesday, December 10 at La Casa Del Pueblo. The event could not be possible without the dedication of member Chris Garlow; be sure to thank her when you see her.

And please show gratitude towards the following local business for their

donations in making the event possible as well including: Grizzly Peak winery, Bloomsbury Books, Loft, Renaissance Rose, Green Leaf, Wild Goose, Sesame, Paddington Station, Tea & Spice Exchange, Caldera, Pasta Piatti, Dana Campbell Vineyards, Black Stone Audio, Kobe, Ruby's, Senior Sams, Thai Pepper, and the Ashland YMCA.



Some of the donations generously gifted from local businesses to show gratitude

Another thank you to Andrea Freewater for helping to decorate so festively.

Tabletop/Functional Exercise Training Opportunities

Ashland CERT encourages you to be informed and get involved in 2015. Busy schedules sometimes prohibit volunteers from attending functions, but the Disaster Resistant Communities Group has introduced an on-line training format you can participate in from home. To support agencies and organizations responsible for responding to emergencies and disasters a recurring series of tabletop and functional exercises which are align with Homeland Security Exercise &

Evaluation Program guidelines are conducted on an ongoing basis via the internet based ONX System. CERT programs across the US are highly involved in these free scenarios. Agencies and individuals can sign up to participate for those listed through the Disaster Resistant Communities Group on-line at: [http://](http://www.drc-group.com/project/footprint.html)



Remember, when the disaster strikes, the time to prepare has passed.

www.drc-group.com/project/footprint.html. They also offer an extensive internet based learning library with over 1,700 training videos on mitigation, preparedness, response and recovery at: www.justintimedisastertraining.org

[justintimedisastertraining.org](http://www.justintimedisastertraining.org)

Exercise Name	Date	Scenario	Recommended Participants
Community / Neighborhood Preparedness and Response			
Formidable Footprint National Community Exercise Series	1/31/15	Flood	CERT Neighborhood Association Community Based Organization Faith Based Organization
	2/28/15	Wildfire	
	3/28/15	Tornado	
	4/25/15	Earthquake	
	5/30/15	Influenza Pandemic	
	6/27/15	Hurricane	
	7/25/15	Solar Storm	

American Heart Association Certification Courses for 2015

HeartSaver First Aid, CPR, AED -

When: January 10, April 11, July 11, and October 10, 2015 ~ **Time:** 9am-5pm

Cost: \$55

HeartSaver CPR, AED -

When: February 14, May 9, August 15, and November 14, 2015 ~ **Time:** 9am-12pm

Cost: \$35

Basic Life Support for Healthcare Providers -

When: March 14, June 13, and September 12, 2015 ~ **Time:** 9am-2pm

Cost: \$55

Family & Friends CPR - Location: TBA

When: September 19 **Cost:** \$5

Where: Ashland Fire Station 1 unless otherwise indicated

Registration is first-come, first-served according to when class fees are paid. Classes are typically limited to 8 people. Participants may register by mailing a check or by paying in person 8 AM - 4 PM Monday - Friday at Station 1, 455 Siskiyou Blvd., Ashland, OR 97520. Make checks payable to City of Ashland.

For information or to register contact the Ashland CERT Program Coordinator

541-552-2226 | cert@ashland.or.us

CERT 2015 Calendar of Events

January 2015	February 2015	March 2015
General Meeting January 14 <i>(Cascadia Fault- Movie Night)</i> CERT Luncheon SSBC - Jan. 20 Leadership Meeting January 28 <i>(CERT member handbook)</i> JoCounty CERT Training – JAN.30-FEB. 1	General Meeting February 11 <i>(Avista - Carbon Monoxide Awareness)</i> Emergency Food Prep, Tasting Challenge Feb. 28 CERT Luncheon SSBC – Feb. 17 Leadership Meeting Feb. 25 <i>(Everbridge Training)</i>	General Meeting March 11 <i>(ECSO Tour)</i> CERT Luncheon SSBC – March 17 No Leadership Meeting Base Inventory – March 7
April 2015	May 2015	June 2015
General Meeting April 8 <i>(Building Triage)</i> CERT Luncheon SSBC – April 21 Leadership Meeting April 22 <i>(Basic Planning)</i> Spontaneous Volunteer Management - April 4	Basic Training – April 30-May 2 & May 14-16 General Meeting – <i>(Mercy Flights)</i> CERT Luncheon SSBC – May 19 Base Bike Ride – May 31 (2PM) Leadership Meeting May 27 <i>(Basic AAR)</i>	Annual Phone Tree Test – June 6 General Meeting June 10 <i>(Basic Graduation)</i> CERT Luncheon SSBC – June 16 Leadership Meeting Jun 24 <i>(Parade Planning)</i> Firefighter Rehab Training - June 6 (9AM)
July 2015	August 2015	September 2015
Parade Support – July 4 General Meeting July 8 <i>(Radio Comms)</i> Evacuation Training – July 11 (9AM-St#2) CERT Luncheon SSBC – July 21 Leadership Meeting July 22	General Meeting August 13 <i>(Life-saving techniques)</i> CERT Luncheon SSBC – Aug 18 Leadership Meet Aug. 27 <i>(Advanced Radio Comms)</i> CERT BBQ – TBA	General Meeting Sept. 9 <i>(Opening Bases/ICS)</i> CERT Luncheon SSBC – Sept. 15 Family & Friends CPR September 19 Leadership Meeting Sept. 23 <i>(Basic Planning)</i>
October 2015	November 2015	December 2015
Basic Training - October 1-3 and 8-10 Basic Graduation October 14 CERT Luncheon SSBC – Oct. 20 Leadership Meeting October 28 Base Bike Ride - October 18 (2PM)	Certified Driver – November 14 No General Meeting Nov 11 <i>(Labor Day)</i> CERT Luncheon SSBC – Nov. 17 Leadership Meeting November 18 <i>(Annual Training Planning Session)</i>	CERT Year in Review /Awards December 9 ~ 6:30 to 8:00 PM No Meetings Holiday Season Training Stand Down CERT Luncheon SSBC - Dec. 15

Note: General meetings are open to the public. Doors open at 6pm. Meetings are from 6:30pm-8pm at Fire Station1.

Ashland CERT
 455 Siskiyou Boulevard
 Ashland, OR 97520

TO: