

Ready Neighbor News



January 2014

Neighbors Helping Neighbors...

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Next Meeting Dates:

General Meeting:
January 8, Fire Station 1.
Meeting starts at 6:30 with doors open at 6:00 PM.

Leadership Meeting:
January 22, Fire Station 1.
Meeting starts at 6:30 with doors open at 6:00 PM.



Disastrous Impacts provide Lessons Learned

The holidays ring in the New Year with thoughts of accomplishments and prospects of goals to conquer in 2014. Education can go a long way in facilitating positive preparedness and response from individuals and families. CERT takes a look at historic hazards and the lessons they teach us today in 2014.

The Cascadia Subduction zone is an active fault that is roughly 600 miles in length, extending from Northern California to northern Vancouver Island. When it finally slips — which could be in 200 years or it could be tonight — the destruction will be analogous to what happened in Japan, devastating a region 200 kilometres wide along the entire length of the fault, including the cities of Vancouver, Victoria, Seattle, Portland and Sacramento.

The Cascadia Subduction Zone is virtually identical to the offshore fault that wrecked Sumatra in 2004. It will generate the same earthquake we saw in Sumatra, at magnitude 9 or higher, sending crippling shockwaves across a far wider area than any California quake. Slamming into Sacramento, Portland, Seattle, Victoria, and Vancouver, it will send tidal waves to the shores of Australia, New Zealand, and Japan, damaging the economies of the Pacific Rim countries and their trading partners for years to come.

In light of recent massive quakes in Haiti, Chile, and Mexico, the Cascadia Fault not only tells the story of this potentially devastating earthquake and the tsunamis it will spawn, it also warns us about the impending crisis almost unprecedented in modern history that we will be subject to.

Citizens should inform themselves of the potential hazards and risks and become prepared to be resilient through mitigation efforts.

The January 12, 2010, Haiti earthquake occurred in the boundary region separating the Caribbean plate and the North America plate. This plate boundary is dominated by left-lateral strike slip motion with the Caribbean plate moving eastward with respect to the North America plate.

The M7.0 earthquake that struck the Republic of Haiti is among the most destructive earthquakes in recorded history. As of March 2010, the death toll reported by the Government of Haiti exceeded 233,000, with an additional 300,000 injuries. More than 5 million people lived in the area affected by the earthquake, 1.2 million of whom were still in temporary shelters for months following the quake.

According to the Oregon Office of Emergency Management more than 15 million people are in the impact zone and will affect more 300,000 school children alone.

Mitigation efforts include:

Business Preparedness Workshops

Are you a business owner or employee? Ashland CERT introduces the “We are a Proud Ashland Emergency Prepared Business” campaign. With the proper forethought and planning anyone can be ready for disaster and more resilient when disaster does strike including the local economy. Ashland CERT will offer hybrid basic training courses aimed at the business community to assist in assuring Ashland can indeed recover and sustain daily operations following a disaster.

The winter storm that hit the valley early December spread havoc throughout Ashland from employees unable to get to work and or home if living in outside communities to frozen and burst water pipes to store closures to continued tough roads, driving conditions, and parking complications lasting more than a week. Knowing possible emergencies you may be faced with and having a plan that includes mitigating the negative impacts of those unexpected nuances and how to react when they occur can not only alleviate stress but can promote a positive situation for employers, employees, and patrons especially during holiday shopping times. What's your continuity plan? Let Ashland CERT assist you in creating one.

Introductory workshops are planned the third Wednesday in January, February, and March at Ashland Fire & Rescue Station #1 from 5:30-7:30 pm specifically for business owners / operators and employees in Ashland. If planning to attend the January 15 session RSVP no later than Friday, January 10 to reserve your seat as space is limited. The first in the series will explore local hazards and potential impacts. When you RSVP with the Ashland CERT office please include your name, contact information (phone & email), and the name of the business you represent.

2013 Year in Review

The Volunteer Appreciation Awards were held at ScienceWorks Hands-on Museum this year. Many members braved the icy streets and cold air to attend the celebration. A special thanks to Ashland CERT members Christine Garlow and Andrea Freewater for their dedication and support in making the celebration such a special occasion.

More than 20 local businesses also supported the celebration in making it a treat for those who have given so much of their time and energy in supporting preparedness in our community.

Supporting businesses included Ashland Family Massage Center, Bloomsbury Books, Caldera, Glisten, Greenleaf, Grizzly Peak, Harry & David, Liquid Assets, the Loft, Mt. Ashland, NW Nature Shop, Omar's, the

Outdoor Store, Paddington Station, Pita Pit, Red Zone, Renaissance Rose, Sesame, Tea & Spice Exchange, and the Wild Goose. Please give them a thumbs up and thank them with your support in supporting us.

More than 20 members received awards for support spanning from most hours served in 2013 to most increase in hours served in 2013 compared to 2012, to support above and beyond attending trainings and other functions.

Ashland graduated 35 participants in 2013 and members collectively gave more than 2,180 hours which increased tremendously from over 1,755 hours in 2012.

Looking ahead to 2014 Ashland CERT will continue to promote preparedness by engaging the community to “Be Ready” for disasters.

Disastrous Impacts and Lessons Learned *continued...*

- Secure heavy furniture
- Do not hang things above your bed.
- Latch supplies to the bed post.
- Secure water heaters.
- Know your gas / water off.
- Secure home to foundation.
- Know Drop, Cover, and Hold On technique.
- Take CERT training or other informative training.
- Know Tsunami evacuation routes.
- Make a plan and practice it!
- Think about it; plan to be without necessities.
- Sign up for Citizen Alert locally.



After the March 11, 2011 M9.0 Tohoku Earthquake, Japan was able to restore more than 90% power supply in ten days, 90% telephone lines in two weeks, and 90% cellular base stations in 19 days. But we should be prepared locally to be without essential services such as water and electricity due to damage to infrastructure as a result of an earthquake of the magnitude expected. The true lesson is prior planning.

CERT Members receive \$10 discount toward CPR classes at AFR

In 2011 the American Heart Association (AHA) announced new research driven training standards for CPR. Ashland Fire and Rescue offers monthly First Aid/CPR/AED classes with certification through AHA. If you are a CERT member and are interested in taking a certification class you will receive a \$10 discount. Being prepared makes sense and with this discount preparedness is even more affordable. To sign up for any CPR certification class at AF&R and / or for more information about the discount simply contact Ashland CERT.

American Heart Association First Aid / CPR / AED class

HeartSaver First Aid, CPR, AED, is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. This course also teaches adult CPR and AED use.

The cost for this course is \$55, which includes a student study book and card*. The class takes approximately 8 hours to complete. All fees must be prepaid prior to the class date to confirm reservation. Please register early to reserve your space.

*Upon successful completion, students will receive an American Heart Association HeartSaver First Aid, CPR, AED Course Completion Card that is valid for two years.

When: January, 25th 2014

Where: Ashland Fire Station 1

Time: 9am-5pm

Cost: \$55



Registration is first-come, first-served according to when class fees are paid. Classes are typically limited to 8 people. Participants may register by mailing a check or by paying in person 8 AM - 4 PM Monday - Friday at Station 1, 455 Siskiyou Blvd., Ashland, OR 97520. Make checks payable to City of Ashland.

For information or to register contact the Ashland CERT Program Coordinator
541-552-2226 | cert @ ashland.or.us

CERT 2014 Calendar of Events

January 2014	February 2014	March 2014
General Meeting January 8 <i>(Cold-weather Shelter Operations)</i> Leadership Meeting January 22 <i>(Member Mission Compilation)</i> EOC TRAINING - FEBRUARY 1	General Meeting February 12 <i>(Avista Gas Water Heaters)</i> Emergency Food Prep & Tasting Saturday, February 8 Leadership Meeting February 26 <i>(Aware Notification System)</i>	General Meeting March 12 <i>(Preparing for Wildfire)</i> Spontaneous Volunteer Management – March 8 No Leadership Meeting
April 2014	May 2014	June 2014
General Meeting April 9 <i>(Radio Communication)</i> Leadership Meeting April 23 <i>(Basic Planning)</i> Basic Training – April 10-12 and 24-26	Base Inventory – May 10 Basic Graduation - General Meeting Base Bike Ride – May 17 (9AM-1PM) Leadership Meeting May 28 CPR Night - May 22	Annual Phone Tree Test – June 7 General Meeting June 11 (Safe Drinking Water) Leadership Meeting Jun 25 <i>(Planning for 4th of July)</i> Firefighter Rehab Mission Training June 14 (9AM-4PM)
July 2014	August 2014	September 2014
Parade Support – July 4 General Meeting July 9 Evacuation Training – July 12 (8AM-1PM) Leadership Meeting July 23 Disaster Relay Games – July 19	General Meeting August 13 <i>(POD Training)</i> Leadership Meeting August 27 <i>(Phone Banks)</i> CPR Night - August 7	National Preparedness Month General Meeting September 10 <i>(Rescuer Safety)</i> Family & Friends CPR September 20 Leadership Meeting September 24
October 2014	November 2014	December 2014
Basic Training - October 9-11 and 16-18 General Meeting October 8 Leadership Meeting October 22 Base Bike Ride - October 25	Refresher Training – November 15 General Meeting Nov 12 <i>(Basic Graduation)</i> Leadership Meeting November 19 <i>(Annual Training Planning Session)</i>	Certified Driver – December 6 CERT Year in Review December 10 - 6:30 to 8:00 PM No General Meeting Holiday Season - Training Stand Down No Leadership Meeting

Note: General meetings are open to the public. Doors open at 6pm. Meetings are from 6:30pm-8pm at Fire Station 1.

Ashland CERT
 455 Siskiyou Boulevard
 Ashland, OR 97520

TO: