



August 2017

*Neighbors Helping Neighbors...*

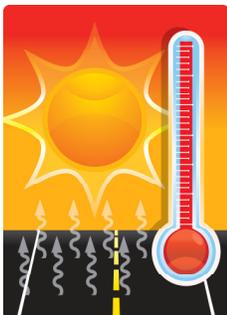
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### Next Meeting Dates:

**General Meeting:**  
 August 9 - Glenn Archambault: Pipeline Safety Trust - Pipeline response.

**Leadership Meeting:**  
 August 23 - Topic: Basic Training Planning.



## 2017 Total Solar Eclipse: August 21st

Oregon Office of Emergency Management is working with Travel Oregon and a host of other agencies to help ensure that thousands of Oregonians, and visitors to our state, have a positive and enjoyable experience during the total solar eclipse on August 21, 2017. The first total solar eclipse in 38 years to cross the continental United States—will attract millions of spectators. It is being coined one of the rarest and most incredible sights in nature. For a brief moment the moon will shadow the sun as it passes in front of it turning the day into twilight. Air temperature will drop and stars will become visible.

The eclipse will arc across Oregon all the way to the southeastern coast of South Carolina, and beyond. Yaquina Head will be the first place in “the path of totality” viewers can experience the eclipse. The total path stretches about 69-73 feet of area during the 3,000 mile stretch from the Oregon coast to the eastern shore of South Carolina. Lime, Oregon, an abandoned ghost town, will be the final spot of viewing for Oregonians.

Oregon Department of Transportation (ODOT) anticipates increased congestion throughout the state impacting even tertiary roads. Plan for increases in travel times to and from all destinations. There may be accidents and road closures as a result. For those traveling, some valuable tips have been advised from many preparedness agencies including:

Fill your gas tank before you go.

Make sure you have sufficient food and water.

Have plenty of cash (in small bills) on hand as ATMs may run out.

Carry backup supplies including first aid kit, sunscreen, flashlight, sleeping bag, etc.

Take a paper map as cell phone coverage and internet based user-ability may be taxed and insufficient.

Be fire safe! Whether cooking or in an area allowing fires in designated rings sparks can ignite and spread quickly. Be sure if you do use flames it is completely out after use and/or before bedtime. Never leave fires unattended.



## Total Solar Eclipse...*continued*...

Note that many hotels and camping locations have been booked for several months. Convenience stores, gas stations, and other amenities that do not experience heavy use will be taxed. Medical services will also be taxed and fire suppression agencies have been campaigning for your help in keeping Oregon wildfire free.

For anyone viewing this spectacular phenomenon, do not look directly at it without the proper viewing glasses as the sun's rays can cause permanent damage to the sensitive tissues of the eyes. Local reports indicate proper viewing glasses will be available for sale, but you could use a #14 arc-welder's glass(es) as a filter. Many telescope stores and observatories sell aluminized polymer filter glasses. Essentially you want to be protected from serious damage the ultraviolet and infrared rays can cause. Even if only 1% of the rays are visible they can still cause damage or blindness.

If photographing, experts recommend using a solar filter and a tripod. Turn the flash off and place it manually to infinity focus. Once in totality stage though you'll want to remove the filter and snap a shot. This only lasts a few seconds so be sure to practice beforehand and wear your safety glasses.

More information can be found on the web. Use trusted sources of information such as NASA. Check ODOT's Trip Check before traveling.

This mini event has changed the way many towns must operate. One small town will spend \$14,000 for port-a-potties because they expect so many visitors; this is an unexpected cost which may not be recovered. From a preparedness standpoint this event should shape the human mindset into having an emergency plan, making a disaster supplies kit, and staying informed as a myriad of expected scenarios could potentially happen. Stay involved by making good choices during this event.



## Member Birthdays in August

Alan Adleman	Richard Gonzales
Waleed Almotaery	Leslie G Mason
John Ames	Martina Mills
Crystal Bosbach	Sherry Smilo
Charlie Delgado	Tim Learmont
Andi Giachetti	Marla Weston



## Training Opportunities

**FREE CPR Night - Monday, August 7 | 6pm - 8pm** – This is the American Heart Association's Family and Friends version. It takes roughly two hours to complete. The course covers the new 2015 standards for saving a life. – subject to cancellation: need a minimum participation. RSVP by Thursday, August 3rd at 4pm if you will be attending this non-certification course at Station 2.

**Wilderness First Responder - August 26-27 - \$143** | Contact the CERT Office for more information.



## 2-Weeks Ready

For many years, we've been talking about the importance of being prepared for 72 hours. This is a good start, and helpful in the event of short-term power outages or temporary evacuation. But a large earthquake and tsunami will leave much of the area's transportation routes destroyed. Oregonians will have to count on each other in the community, in the workplace and at home in order to be safe until responders can reach you.

The Oregon Office of Emergency Management encourages people to be prepared to be on their own for a minimum of two weeks. This lessens the strain on emergency responders who need to focus limited resources on injured and other vulnerable populations immediately following a disaster.

Start now. Each week, our 2 Weeks Ready Facebook page will suggest an activity or item to include in your preparedness kit. Pick up an extra item at the grocery store once or twice a month, check out garage sales or thrift stores for tools and gear. You probably have many 2 Weeks Ready items already, so check around the house before purchasing a new item.

What does two weeks look like?

There is no one correct way to put together two weeks' worth of supplies as we all have individual dietary and medical needs. If your family includes children, seniors or pets, you will have additional needs. Everyone's kit will look different but for a basic starting point contact your local emergency management office.

You're more prepared than you think.

Being prepared to be self-sufficient for two weeks is an achievable goal. Many of the standard preparedness kit items such as flashlights, gloves, hand-crank radios, trash bags and a first-aid kit are already in your 72-hour kit. The bigger thing to think about is food and water.

Think about it. Talk about it.

Being prepared is not just having two weeks of food, water and supplies. There are other considerations in planning the best way to bounce back after a disaster. Have a meaningful conversation with the members of your household to discuss the following:

Do you have backup transportation methods and routes?

Who will care for the kids, grandparents and pets if you're stuck on the other side of the river for several hours?

Where will you meet your family? At school, at the local park, at the corner of the neighborhood?

Do you have an out of state contact? Have a conversation with your family and friends and have one person designated to be the main contact for your group.

Disasters – large and small – can strike any time. Begin your 2 Weeks Ready planning today!

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## August Temperatures

This month begins with some dangerously hot temperatures. Expert advice includes staying hydrated; meaning drinking plenty of water before you ever become thirsty. Too much exposure, even for someone in good health, can lead to heat exhaustion or heat stroke. Some additional tips include:

Avoid alcohol and coffee/caffeine beverages as they attribute to dehydration.

Postpone outdoor activities or take frequent breaks, and avoid strenuous exercise outdoors.

Never leave a pet or children in a vehicle as interior temperatures can reach 120 degrees causing health complications and death in a matter of minutes.

Wear light-colored, loose fitting clothing.

For outdoor pets, check that they have ample cold water available to drink consistently.

The National Weather Service warns unstable conditions lead to increased fire danger during this extreme heat. Be fire safe and remind those around you to do the same.

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# CERT 2017 Calendar of Events

January 2017	February 2017	March 2017
General Meeting - January 11 <i>(211 Info)</i> Leadership Meeting - January 25 <i>(Leadership Retreat Planning)</i>	General Meeting - February 8 <i>(Movie Night)</i> <b>Advanced Medical Refresher - Feb 25</b> Leadership Meeting - February 22 <i>(Leadership Retreat Planning)</i>	General Meeting - March 8 <i>(Surroundings Awareness)</i> NO Leadership Meeting <b>Vulnerable Populations Psychology - 3/25</b> <b>CPR Night - March 27 (6pm)</b>
April 2017	May 2017	June 2017
General Meeting - April 12 <i>(Building Assessment &amp; Triage)</i> <b>Advanced Leadership Retreat - April 21-23</b> Leadership Meeting - April 27 <i>(Planning for Basic Training)</i>	General Meeting - May 10 <b>Basic Training</b> <b>Session 1 – May 8, 9, 14, 15, 16, 21</b> <b>Session 2 – May 11, 12, 13, 18, 19, 20</b> Leadership Meeting - May 24 (Basic AAR)	<b>Base Bike Ride - June 4 @ 10am</b> General Meeting June 14 <b>Certified Driver (EVO) &amp;</b> <b>Firefighter Rehab - June 11</b> Leadership Meeting June 28
July 2017	August 2017	September 2017
<b>Parade Support - July 4</b> General Meeting - July 12 <i>(Skills Training)</i> <b>SAR Navigation Skills - July 22</b> Leadership Meeting - July 26 <i>(4th of July AAR)</i>	<b>CPR Night - August 7</b> General Meeting - August 9 Leadership Meeting - August 23 <b>Wilderness First Aid (\$) - August 26-27</b>	<b>Spontaneous Volunteer Management - TBA</b> General Meeting - September 13 <b>Family &amp; Friends CPR - September 23</b> Leadership Meeting - September 27
October 2017	November 2017	December 2017
<b>Basic Training</b> <b>Session 1 - October 2, 3, 8, 16, 17, 22</b> <b>Session 2 - October 5, 6, 7, 19, 20, 21</b> General Meeting - October 11 Leadership Meeting October 25	<b>Post Disaster Recovery - TBA</b> <b>Base Bike Ride - November 5</b> General Meeting - November 8 Leadership Meeting - November 15	<b>CERT Year in Review</b> <b>December 13 - 6:30 to 8:00 PM</b> NO MEETINGS <b>Holiday Season ~ Training Stand Down</b>

**Note:** General meetings are open to the public. Doors open at 6pm. Meetings are from 6:30pm-8pm at Fire Station 1.

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TO: