

Ready Neighbor News



April 2015

Neighbors Helping Neighbors...

Inside this issue:

Volunteer & Train	1
Ashland Disaster Drill	2
Training Opportunities	2
Prepared Businesses	3
Amateur Radio Day	3
Heart Sense	3
Training Calendar	4

Next Meeting Dates:

General Meeting:
April 8 - Building Triage. Meeting begins at 6:30 PM with walking tour involved.

Leadership Meeting:
April 22. Basic Training Planning Session. Doors at 6PM with meeting at 6:30.



Spring Basic Training & Volunteerism

April Showers bring volunteer opportunities. April observes National Volunteer Week, April 12-18, aimed at inspiring, recognizing and encouraging people to seek out imaginative ways to become engaged in their communities. It's about demonstrating to the nation that by working together, we have the fortitude to meet our challenges and accomplish our goals. National Volunteer Week seeks to promote taking action and encouraging individuals and their respective communities to be at the center of social change – discovering and actively demonstrating their collective power to make a difference.

Everyday CERTs make a difference at home, work, and in their community. By actively participating in efforts that benefit the entire community, CERTs are spearheading localized education, preparation, and training activities. If you or someone you know is interested in gaining free preparedness skills pass the word along about the amazing efforts of our local CERT program.

Spring Basic Training kicks off late this month and class is filling up quickly. Planning efforts are beginning soon and we'd like to get the whole community involved. If you are available with planning and the final simulation attend the planning sessions. Planning sessions will occur Mondays in April from 6:30-8:00 pm. If you or someone you know would like to participate as a trainee in the course visit CERT on-line to download the registration form for this free course.

Basic Training planning sessions:

Monday, April 6 ~ 6:30 - 8:00 PM

Monday, April 13 ~ 6:30 - 8:00 PM

Monday, April 20 ~ 6:30 - 8:00 PM

Wednesday, April 22 (during the regularly scheduled Leadership meeting)

Monday, April 27 ~ 6:30 - 8:00 PM



City of Ashland Disaster Drill Training Exercise

Wednesday, April 8: Ashland Citywide functional training exercise. The City of Ashland is once again preparing to test its capabilities to respond and recover from disasters. Ashland CERT and Ashland Fire & Rescue will perform field-based simulations interacting with one another to meet the response needs following a large earthquake which causes failure to Reeder Reservoir's Hosler Dam and inundates the flood zone area separating the City.

To make this training exercise worthwhile to responders we will practice skills in the field under the scenario. Your assistance is requested; contact the CERT office if you are available to assist.



Training Opportunities

Flagger Training is being offered by the City of Medford Saturday, April 4 beginning at 7:30 am. This course is being instructed by Tad Blanton with City of Medford and is scheduled to conclude around the noon hour. *See below to contact Nicolas to register.*

Pear Blossom Event- Saturday, April 11- CERT members to staff street closures/barricades on the parade and run routes. They may also assist with traffic and crowd management. Hours will be approximately 7 AM to no later than 2 PM.

Volunteers should contact Nicolas Peterson, City of Medford AmeriCorps member, ASAP at 774-2090 or by email -Nicolas.Petersen@cityofmedford.org

Spontaneous Volunteer Management RESCHEDULED- Sunday, April 12 from 1pm-5pm at Station 1. This training will cover the ins and outs of accepting, processing, and using unaffiliated and spontaneous volunteers during disasters. It has been a longtime mission of CERT to coordinate the use of such volunteers and it is critical members have an introduction to the process beforehand. The date change was made in consideration of support for Medford CERT in providing flagger training and assistance at the Pear Blossom Parade. RSVP to confirm your spot in this very important training opportunity via email or phone.

FEMA Emergency Management Institute free on-line training courses. All CERT members need to complete ICS 100, 200 & 700. These courses cover the basics of the National Incident Management System that first responders utilize. The Incident Command System allows emergency responders to work seamlessly together to provide the best immediate service. CERT members are required to take the on-line courses, but additionally we recommend you consider broadening your knowledge by taking other free on-line course offered through FEMA that interest you. The courses outline the command structure for folks in fields such as schools and higher education, public works, hospitals and healthcare providers, and more.

FEMA also offers a professional development series. The Professional Development Series includes seven Emergency Management Institute independent study courses that provide a well-rounded set of fundamentals for those in the emergency management profession. Visit: training.fema.gov to learn more.

Welcome Back the Emergency Prepared Business Program

Ashland CERT once again announces the EPB Program with nine readiness workshops offered in 2015. The EPB Program was introduced in 2014 as a support mechanism to local businesses to assist in the development of goals, strategies, and actions aimed at ensuring continuation of operations following a major catastrophe. The Federal Emergency Management Agency indicates that 40% of small businesses will not reopen immediately following a disaster for failure to plan. FEMA further indicates 25% of businesses initially impacted will close within one year and that 75% of those without a continuity plan will close within three years following a disaster. Your businesses can survive and thrive following a major catastrophe if you prepare and plan.

Workshop sessions are held at AF&R Station 1 the second Tuesday monthly beginning at 10:00 AM. Registration is requested by phoning 541-552-2226. The EPB Program is a free service. Take advantage of this opportunity today; sign up for any or all sessions to reserve your space now.

Amateur Radio Users Day

April 18 marks an annual world-wide event known as World Amateur Radio Day. It was on this day in 1925 that the International Amateur Radio Union was founded in Paris with the purpose of highlighting amateur radio and its benefits to countries and communities. 2015 commemorates their 90th anniversary.

There will be various special events around the globe

throughout three regions incorporating more than 160 member-societies; a significant growth from 25 countries in 1925.

If you are interested in learning more about becoming a HAM Radio Operator contact your local Jackson County Amateur Radio group at: www.jcares.net

You can also visit www.arrl.org to learn more.

Heart Sense ~ Knowledge and Skills Opportunities

Ashland Fire & Rescue offers CPR and First Aid classes with certification through the American Heart Association (AHA). The American Heart Association's CPR and AED learning programs helps increase survival rates by training people just like you to respond quickly. According the AHA, the sad truth is most people do not survive a cardiac arrest. Four to six minutes is the window of opportunity for someone to act before it is too late, but fewer than one-third of cardiac arrest victims get CPR from a nearby bystander. AF&R offers several CPR certification course as well as other learning opportunities to familiarize the public with CPR skills and AED use.

Our Friends and Family course is open to participants of all ages. Family and Friends aims to introduce the basics of CPR as a tool for life-saving without the burden of high costs for certification for those who do not need certification for employment or other reasons, however seek the knowledge, training, and

understanding of performing CPR. The cost for the course, offered September, 19th, is \$5. Families can introduce small children to these invaluable skills; though note small children may not have the physical capabilities to perform successful chest compressions on a victim suffering cardiac arrest. This is more of an awareness opportunity.

CPR dates back to 1740 when the Paris Academy of Sciences recommended "mouth-to-mouth" for drowning patients and then in 1903 the first reported successful use of chest compressions was documented in human resuscitation. The 1900s saw a tremendous increase in the innovation and expansion of today's cardio pulmonary resuscitation programs and findings. Today CPR is a growing tool used to save lives daily throughout the world. Learn more at www.heart.org

CERT 2015 Calendar of Events

January 2015	February 2015	March 2015
General Meeting January 14 <i>(Cascadia Fault- Movie Night)</i> CERT Luncheon SSBC - Jan. 20 Leadership Meeting January 28 <i>(CERT member handbook)</i> JoCounty CERT Training – JAN.30-FEB. 1	General Meeting February 11 <i>(Avista - Carbon Monoxide Awareness)</i> Emergency Food Prep, Tasting Challenge Feb. 28 CERT Luncheon SSBC – Feb. 17 Leadership Meeting Feb. 25 <i>(Everbridge Training)</i>	Base Inventory – March 7 General Meeting March 11 <i>(ECSO Tour)</i> CERT Luncheon SSBC – March 17 No Leadership Meeting
April 2015	May 2015	June 2015
General Meeting April 8 <i>(Building Triage)</i> CERT Luncheon SSBC – April 21 Leadership Meeting April 22 <i>(Basic Planning)</i> Spontaneous Volunteer Management - April 12 (1pm-5pm)	Basic Training – April 30-May 2 & May 14-16 General Meeting – <i>(Mercy Flights)</i> CERT Luncheon SSBC – May 19 Base Bike Ride – May 31 (2PM) Leadership Meeting May 27 <i>(Basic AAR)</i>	Annual Phone Tree Test – June 6 General Meeting June 10 <i>(Basic Graduation)</i> CERT Luncheon SSBC – June 16 Leadership Meeting Jun 24 <i>(Parade Planning)</i> Firefighter Rehab Training - June 6 (9AM)
July 2015	August 2015	September 2015
Parade Support – July 4 General Meeting July 8 <i>(Radio Comms)</i> Evacuation Training – July 11 (9AM-St#2) CERT Luncheon SSBC – July 21 Leadership Meeting July 22	General Meeting August 13 <i>(Life-saving techniques)</i> CERT Luncheon SSBC – Aug 18 Leadership Meet Aug. 27 <i>(Advanced Radio Comms)</i> CERT BBQ – TBA	General Meeting Sept. 9 <i>(Opening Bases/ICS)</i> CERT Luncheon SSBC – Sept. 15 Family & Friends CPR September 19 Leadership Meeting Sept. 23 <i>(Basic Planning)</i>
October 2015	November 2015	December 2015
Basic Training - October 1-3 and 8-10 Basic Graduation October 14 CERT Luncheon SSBC – Oct. 20 Disaster Psychology Advanced—October 24 Leadership Meeting October 28 Base Bike Ride - October 18 (2PM)	Certified Driver – November 14 No General Meeting Nov 11 <i>(Labor Day)</i> CERT Luncheon SSBC – Nov. 17 Leadership Meeting November 18 <i>(Annual Training Planning Session)</i>	CERT Year in Review /Awards December 9 ~ 6:30 to 8:00 PM No Meetings Holiday Season Training Stand Down CERT Luncheon SSBC - Dec. 15

Note: General meetings are open to the public. Doors open at 6pm. Meetings are from 6:30pm-8pm at Fire Station1.

Ashland CERT
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TO: