

For More Information Call 488-5340

Registration Schedule

Priority Registration Begins May 7 Ashland Parks & Recreation offers priority registration. As an incentive, we are opening registration for all Summer programs on May 7 for ON-LINE REGISTRATION ONLY. All other types of registration begin May 14.

5 Easy Ways to Register

- **ONLINE** View this guide and register online at www.ashland.or.us/recguide
 - Direct access to online registration at ashlandparks.recware.com
 - All participants must have a current waiver on file
 - Pay with Visa, MasterCard or American Express
 - See page 34 for complete details

PHONE

- N MT Park Nature Center 488-6606 Community Center......488-0231
- Pay with Visa, MasterCard or American Express. Please have card number & registration info ready.
- Phone registration is not available for all programs.

FAX

- Include your credit card information with completed registration form.

- MAIL TO Ashland Parks & Recreation 340 S Pioneer St, Ashland OR 97520
 - Include your credit card information or a check payable to Ashland Parks & Recreation. Please do not send cash.

IN PERSON Ashland Parks & Recreation Department Headquarters

340 S Pioneer St (upper Lithia Park)

N MT Park Nature Center 620 N Mountain Ave

Payment



VISA, MasterCard & American Express We also accept imprinted checks and cash.

Refund Policy

- If a participant cancels his/her registration at least one week (7 days) prior to the start of a program, he/she will receive a full refund minus a \$10 processing fee per transaction, or a full credit toward a future program (whichever the registrant prefers).
- If a participant cancels less than one week (7 days) prior to start of program, a full credit will be given. No cash refunds will be issued less than one week prior to class. The supervisor in charge will have the authority to take appropriate action and make every reasonable effort to satisfy the customer.
- No cash refunds will be issued for classes costing \$10 or less. Only a full credit will be issued.
- Refunds/credits will not be issued for unattended classes or events.
- If an event or program is cancelled or changed by Ashland Parks & Recreation, a full credit or refund will be issued. The Parks & Recreation Department reserves the right to cancel any activity due to insufficient enrollment or other reasons

Scholarships Available

A *limited amount* of scholarship money is available to all ages for classes and programs throughout the Ashland Parks & Recreation Department. To obtain a scholarship application, please call the Administration Office at 488-5340.

Gift Certificates

Looking for the perfect gift? Look no more! Ashland Parks & Recreation now offers gift certificates for any dollar amount. These certificates can be used towards any Parks & Recreation class, and are valid for one year from the date of purchase.

Photo Usage

On occasion, the Ashland Parks & Recreation staff may take photos of participants enrolled in recreation programs, events or people on Parks & Recreation properties. Please be aware that these photos are for Parks & Recreation use only and may be used in future catalogs, brochures, pamphlets or flyers.

Front and back cover photos by Gwen Speicher.



http://ashlandparks.recware.com

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Daniel Meyer Pool

1705 Homes Ave, Ashland | PH 541/488-0313 Daniel Meyer Pool, located in Hunter Park, is outdoors and is open to the public.

Pool Rentals

The Daniel Meyer Pool is available for rentals on Saturday and Sunday 6:00—8:00pm. *A minimum of 2 weeks advance notice is required.* Payment is required at the time of booking; major credit cards are accepted. Call 488-5340 for available dates and rental fees.

Recreational Hours & Prices

Note—Weekday schedules change during the season to accomodate group swim lesson schedules.

lune 23—Sept 2	2 All Summer Sat	_Sun
10:00 —11:00am	Senior Swim	Free!
11am —12:30pm	Lap Swim	\$1.50
1:00 — 5:00pm	Open Swim	\$1.00
	0 During Lessons Moi	
* 6:30 — 8:00am	Lap Swim *Begins June 18*	\$1.50
8:00 — 9:00am	Water Aerobics (MWF)	\$2.00
8:00 — 9:00am	Adult Water Aerobics Self-Dir (T+Th)	FREE
*11am —12:15pm	Lap Swim *Begins June 18*	\$1.50
	Open Swim *Begins June 18*	\$1.00
*12:30 — 3:30pm	•	\$1.50
6:15 — 7:15pm	Lap Swim	
7:15 — 8:15pm	Water Aerobics (T+Th)	\$2.00
7:30 — 9:00pm	Open Swim (MWF)	\$1.00
Aug 13—Sept 2		
6:30 — 8:00am	Lap Swim	\$1.50
8:00 — 9:00am	Water Aerobics (MWF)	\$2.00
8:00 — 9:00am	Adult Water Aerobics Self-Dir (T+Th)	FREE
11am —12:45pm	Lap Swim	\$1.50
1:00 — 5:00pm	Open Swim	\$1.00
6:15 — 7:15pm	Lap Swim	\$1.50
7:15 — 8:15pm	Water Aerobics (T+Th)	\$2.00
7:30 — 9:00pm	Open Swim (MWF)	\$1.00
4th of July Holid	day	Wed
1:00 — 2:00pm	Lap Swim	\$1.50
2:30 — 5:00pm	Open Swim	\$1.00
Sept 3-Labor D	ay Holiday	Mon
1:00 — 2:00pm	Lap Swim	\$1.50
2:30 — 5:00pm	Open Swim	\$1.00
	•	

Punch Cards

Open Swim	20 entries	\$15.00
Lap Swim	20 entries	\$20.00
Water Aerobics	20 entries	\$30.00

Swim Lesson Registration

BEGINS Online Priority Registration Monday—May 7 @ 8:00am

ON-GOING May 14—July 26 Monday—Friday

8:00am—5:00pm Parks & Rec Office

PLACES Parks & Rec Office upper Lithia Park

June 18—July 26
Monday—Thursday
9:30am—6:00pm
Daniel Meyer Pool

on-site registration

Due to limited class sizes, Ashland Parks & Recreation can only guarantee placement if your child has been preregistered into the correct swim level for each session.

Swim Level Testing

New swim lesson participants must be tested before their first lesson. *Testing is mandatory for new participants only.* Testing is free, but pre-registration is required. No drop-in testing is done. Register for testing online at http://ashlandparks.recware.com or call the Parks & Recreation Office at 488-5340.

DAYS Tuesdays | Wednesdays

DATES June 19 & July 3, 24 | June 20 & July 18, 25

TIME 8:00—9:00am PLACE Daniel Meyer Pool

Swim Lesson Levels

Level 1—Introduction to Water Skills

Helps students feel comfortable in the water and enjoy it safely.

Level 2—Fundamental Aquatic Skills

Gives students success with fundamental skills.

Level 3—Stroke Development

Builds on Level 2 skills by providing more guided practice.

Level 4—Stroke Improvement

Develops confidence in the strokes learned and improves other aquatic skills.

Level 5—Stroke Refinement

Provides further coordination and refinement of strokes.

Level 6—Swimming & Skill Proficiency

Refines strokes so that students swim with ease, efficiency, power and smoothness over greater distances. This level includes several options with each geared towards preparing students for more advanced courses including *Personal Water Safety, Lifeguard Readiness* and *Fitness Swimming*.

Class Cancellations

Classes WILL ONLY be canceled in case of lightning. NO MAKE-UPS or REFUNDS for missed or canceled classes.



SWIMMING LESSONS



http://ashlandparks.recware.com

Learn To Swim Program

Learn to Swim teaches aquatic safety skills and swimming techniques. The objective is to teach people to swim and be safe in, on and around the water, and to have Fun! Each level includes the following skills in progression, depending on the class level:

- Water entry and exit
- Breath control and underwater swimming
- Swimming on front, back and side
- Helping others
- Buoyancy
- Changing direction and position
- General and personal water safety
- Treading water

Categories & Classes

Regular Lessons (Levels 1-6)

AGĒS 6 years + up. American Red Cross requires children to be 6 years or older before entering Level 1 or higher

CLASS About 10 students per instructor & aid. Levels 1–5 are offered sessions A, B, C. Level 6 offers a different option each session.

DAYS Monday—Friday

COST \$30 (2-weeks/10 lessons)

Toddler Lessons

AGES 1—4 years

CLASS Parent participation is required. Offered sessions A, B, C.

DAYS Monday—Friday

COST \$15 (1-week/5 lessons)

Preschool Lessons

AGES 4—5 years (Must turn 4 by start of session)
Three students per instructor. Takes place in big pool. Offered sessions A, B, C.

DAYS Monday—Friday

COST \$35 (2-weeks/10 lessons)

Adult Stroke Development

AGES 16—101 years

CLASS About 3 students per instructor. Development & refinement of strokes for adults who wish to learn new skills & techniques. Offered sessions A, B, C, subject to instructor availability.

DAYS Tuesdays & Thursdays

TIME 7:15—8:15pm

COST \$45 (2–weeks/4 classes)

Private Lessons (Session D)

AGES All ages

CLASS One-on-one instruction. Offered Session D.

DAYS Monday—Friday

TIME 10:00am | 10:30am | 5:15pm | 5:45pm

COST \$12 (per 30–minute lesson)

All-Comer's Swim Meet

Rogue Valley Masters Swim Club is hosting an All-Comers Swim Meet this summer! Open to swimmers of all abilities who can swim at least 25 yards. Events will include butterfly freestyle, breaststroke freestyle relay, breaststroke individual medly and freestyle relay.

AGES All ages

DAY Saturday | August 18

TIMES 8:00am—9:00am Registration & Warm-ups

9:00am—1:00pm Swim Meet

PLACE Daniel Meyer Pool | COST Free

Swim Lesson Schedules

Session AREGISTER BY JUNE 21 June 25—July 6

No lessons on July 4. Students receive 2 free swim passes instead of lessons.

9:10 — 9:40am Levels 4, 5, 6–Personal Water Safety

9:45 —10:15am Levels 1, 3, 4

10:20 —10:50am Levels Preschool, 2, 3

3:45 — 4:15pm Levels 2, 3, 4

4:20 — 4:50pm Levels Preschool, 1, 5

5:00 — 5:30pm Levels 3, 4

5:35 — 6:05pm Levels Preschool, Toddler (wk-1 June 25–29)

7:15 — 8:15pm Levels Adult Stroke Development (Tue & Thu)

Session BREGISTER BY JULY 5July 9—July 20

9:10 — 9:40am Levels 4, 5, 6-Lifeguard Readiness

9:45 —10:15am Levels 2, 3, 4

10:20 —10:50am Levels Preschool, 1, 3

3:45 — 4:15pm Levels Preschool, 1, 2

4:20 — 4:50pm Levels 4, 5

5:00 — 5:30pm Levels Toddler (wk-1 July 9–13) (wk-2 July 16–20) Preschool

5:35 — 6:05pm Levels 2, 3

7:15 — 8:15pm Levels Adult Stroke Development (Tue & Thu)

Session CREGISTER BY JULY 26July 30—Aug 10

9:10 — 9:40am Levels 5, 6–Fitness Swimming

9:45 —10:15am Levels 3, 4, 5

10:20 —10:50am Levels Preschool, 1, 2

3:45 — 4:15pm Levels 4, 5

4:20 — 4:50pm Levels Toddler (wk-1 July 23–27) (wk-2 July 30–Aug 3) Preschool

5:00 — 5:30pm Levels 2, 3, 4

5:35 — 6:05pm Levels Preschool, 1, 3

7:15 — 8:15pm Levels Adult Stroke Development (Tue & Thu)

Session D.....REGISTER BY AUGUST 9......August 13—24

10:00 —10:30am SESSION D OFFERS PRIVATE LESSONS ONLY

10:30 —11:00am with individualized one-on-one instruction. Any 5:15 — 5:45pm special teacher requests are subject to the swim

5:45 — 6:15pm instructor's availability.



SPORTS, FITNESS & FUN



For More Information Call 488-5340

Wet & Wild Water Polo Camp

Come and learn the basics of the great game of Water Polo. Cool off while having a hot time playing and practicing the skills needed to play a game of Water Polo. All levels encouraged to sign up. Instructors—Ashland High School Water Polo Team.

AGES 10—14 years
DAYS Monday—Friday
DATES July 23—27
TIMES 4:00—6:00pm
PLACE Daniel Mayer Pool
COST \$40 (5 lessons)

Whitewater Rafting

Children will have the opportunity to run our local rivers with the experts at Kokopelli River Center. A fun day for all! Trips will take place on either the Rogue or the Klamath Rivers.

AGES 11—15 years

DAYS Wednesdays

DATES Trip 1 July 11

Trip 2 July 18

Trip 3 July 25

Trip 4 August 1

Trip 5 August 8

TIME 8:00am—5:00pm

PLACE Meet/pick-up—Ashland Middle School bus ramp, 2475 Walker Ave

COST \$30

Kayaking

Participants will have the opportunity to learn basic kayaking skills at Emigrant Lake with Kokopelli River Center instructors.

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	Youth	Adult			
AGES	11—13 years	14 years—Adult			
DAYS	Fridays	Saturdays			
DATES	July 13	July 14			
	July 20	July 28			
	July 27	•			
	August 3				
TIME	9:00am—3:00pm	9:00am—3:00pm			
PLACE	Meet/pick-up at	Meet at Kokopelli			
	Ashland Middle	River Center,			
	School bus ramp,	2495 Siskiyou Blvd			
	2475 Walker Ave	,			
COST	\$32 (1 lesson)	\$90 (1 lesson)			

Wilderness Backpacking Trips With Aspen Grove Expeditions

An exceptional opportunity to experience the treasures of the wilderness for teens and young adults. Participants will be guided through some of the most beautiful wilderness areas in Oregon or California with all they need for a week in the mountains in their backpacks. This is a great opportunity to expand outdoor, leadership, and teamwork skills with the wild as our classroom. Participants will learn map and compass reading, leave no trace ethics, wilderness safety, and group living skills. Opportunities will be available to practice applied field science. Best of all are the friendships and experiences that will be carried home. Wilderness areas may include the Trinity Alps or Marble Mountains in California, or Three Sisters in Oregon. Location to be determined depending on current local conditions. Female Guide—Kendall Cassidy, Male Guide—Brennan McGinnis.

	тир і	Trip 2	
AGES	18—21 years	14—18 years	
DATES	July 7—14	July 21—28	
REGISTER BY	July 2	July 16	
DAYS	Saturday—Satu	rday	
TIMES	Meet 7:30am fi	rst day of expedition	
	Return between	3:00—6:00pm last day	
	of expedition	• ,	
PLACE	Drop-off/Pick-u	p at The Grove	
	Wilderness Area	as may include	
	Marble Mountains or Trinity Alps, CA		
	or Thron Sictors	OP	





Youth Day Trips

Join us for some fun-filled day trips with our Parks and Recreation Youth Leaders! *Pre-registration is required.* Please bring a sack lunch or money to buy a lunch unless otherwise noted.

Paintball

Come and join us for a fun filled afternoon of paint-balling at DMZ in Central Point! Transportation and all equipment are provided. Bring a sack lunch, water bottle, and change of clothes.

AGES 11—15 years

DAYS Fridays

DATES June 22 | July 6 TIME 8:30am—1:00pm

PLACE Drop off & pick-up at The Grove

COST \$35

Hot Pots!

Come in and paint a unique and personalized item. Choose from a mug, single light switch plate or a salad plate. All supplies and instructions included.

AGES 11—15 years DAY Friday

DATE July 6

TIME 9:30am—12:30pm

PLACE Drop off & pick-up at The Grove

COST \$15

Indoor Rock Climbing

Come join us for an adventurous day at Rogue Rock Gym, the largest rock climbing facility in Southern Oregon. All levels of climbers welcome.

AGES 11—15 years

DAYS Fridays

DATES July 13 | August 10 TIME 12:00—4:00pm

PLACE Drop-off & pick-up at The Grove

COST \$20 (includes admission and all gear rental)

Movies/Swimming More details on this ever

More details on this event will be available 2 weeks prior, i.e. movie choice, exact pick-up time, etc.

Limit—20 participants

AGES 10—13 years

DAYS Fridays

DATES July 20 | August 3

TIME 12:30pm—approx 5:15pm PLACE Drop-off at Daniel Meyer Pool

Pick-UP at Ashland Cinema

COST \$10

Family Fun Center

Miniature golf, go-carts and bumper boats! Bring a sack lunch or money for concessions. Limit—12 participants

AGES 11—15 years

DAY Friday

DATE July 27

TIME 1:00—5:00pm

PLACE Drop-off & pick-up at The Grove

COST \$30

Water Slides

Cool off at the Water Slides at Emigrant Lake! Bring your swim wear, change of clothes and be ready for an afternoon of fun.

AGES 10—13 years

DAY Friday

DATE August 3

TIME 1:30—4:00pm

PLACE Drop off & pick up at the Grove

COST \$20





Register Early! Help us avoid the cancellation of programs!







Tennis Tune Ups

Ideal for players who want extra help on a particular skill but don't need a full series of lessons. Participants will get expert instruction on specific strokes so they can get the most enjoyment out of their summer tennis.

AGES 16 years—Adult

DAY Saturday DATE June 9

TIMES 9:00am—Groundstrokes

10:00am—Net Play (volleys, overheads)

11:00am—Serving

PLACE Hunter Park Tennis Courts

Cost \$10 per class

Adult Tennis Lessons

Beginning

Learn tennis basics, (strokes, scoring, strategy) in a fun, relaxed atmosphere. Gail Patton is a USPTA certified tennis pro and SOU women's tennis coach.

AGES 16 years—Adult DAYS Monday—Thursday

DATES **Session 1** June 18—June 28 **Session 2** July 16—July 26

TIMES 6:00—7:00pm

PLACE Hunter Park Tennis Courts

COST \$52 (8 lessons)

Intermediate

Building on the basic strokes and strategies with drills and game play.

16 years—Adult Monday—Thursday June 18—June 28 July 16—July 26 7:00—8:00pm Hunter Park Tennis Courts \$52 (8 lessons)

Youth Tennis Lessons

Beginning group tennis lessons are held 5 days a week, and run for twoweek sessions

AGES 12—15 years | 8—11 years TIME 8:15—9:00am | 9:15—10:00am

DAYS Monday—Friday

Session 1 June 25—July 6 (No lessons July 4. Participants will receive 2 swim passes instead of lessons that day.)

Session 2 July 9—20

PLACE Hunter Park Tennis Courts

COST \$20 (10 lessons)

Big Al's Tennis Tournament

Once again the Parks Department is proud to announce our affiliation with the oldest and largest tennis tournament in the Rogue Valley. All proceeds go to Support Tennis for Ashland Youth (STAY) to support tennis for children of all ages in the Rogue Valley. For more information, call the Ashland Racquet Club at 482-4073.

DAYS Friday—Sunday

DATES July 20—22

PLACE Tennis courts throughout Ashland



Oak Knoll Golf Course

Great Course... Good times 3070 Hwy 66, Ashland | Phone 482-4311

Enjoy the great game of golf by participating in programs and buying equipment at the Oak Knoll Golf Course. To

register or for more information, call the Oak Knoll Golf Course.

Summer Specials

Mondays 3 Pay and 4 Play—Valid until 11:00am Tuesdays All You Can Play—with a Cart—\$44

Wednesdays Dollar Day!

Thursdays 9 Hole Special: Cart, Green Fee & Bucket of Balls—\$20

Fridays
Saturdays
Saturdays
Sundays
Sundays
All Golf Specials are good through the month of August.

Adult and Junior Golf Clinics

During these fun and relaxed clinics you will learn how to drive, chip and putt. No experience or equipment required. If you have clubs, please bring them.

	Adult Clinics	Junior Clinics
AGES	18 years—Adult	8—17 years
DAYS	Sundays	Saturdays
DATES	June 17, 24 & July 1	June 16, 23 & 30
TIME	10:30—11:30am	10:30—11:30am
COST	\$70 per person	\$50 per person

Pro Shop and Restaurant

Bob's Golf Shop does club fitting and is the only Mizuno club fitter in Southern Oregon.

Golf Tournaments & Corporate Events

Plan your next event at the Oak Knoll Golf Course. Tournament play, indoor/outdoor seating, food, beverages and BBQ are available for up to 60 people.



Junior Golf Camp

Join this exciting camp program and learn all the basics of golf. The camp fee includes a set of US Kids Golf clubs, almost golf practice balls, food and refreshments, professional instruction and a modified 9 holes of golf everyday. The last day of camp will include a 9 hole tournament. To register call the Oak Knoll Golf Course at 482-4311.

AGES 10—15 years
DAYS Monday—Friday
DATES August 6—10
TIME 9:00am—12:00pm
PLACE Oak Knoll Golf Course
COST \$199 (for Camp only)

\$299 (for Camp plus a set of golf clubs)

Strength Training for Golf

Want to achieve longer drives while increasing your overall golf performance? Learn how to strengthen your muscles to allow for enhanced speed, power, agility and stamina throughout your golf game. Bring drinking water, a workout towel and a positive attitude. Instructor—Tony Langella is an ISSA Certified Trainer.

AGES 18 years—Adult

DAYS Monday—Thursday

DATES Session 1 June 4—8
Session 2 June 18—21
Session 3 July 9—12
Session 4 July 23—26
Session 5 August 6—9
Session 6 August 20—23

TIME 8:00—8:45am
PLACE Oak Knoll Golf Course
COST \$45 (4 lessons)



Register Early! Help us avoid the cancellation of programs!

Group Fitness Training

With Tony Langella

Tony is an ISSA certified personal trainer with over 20 years experience. All of Tony's fitness training classes are offered each session, and each session lasts 2 weeks. For more info visit www.innerpathpft.com.

AGES 14 years—Adult

DATES **Session 1** June 11—22 **Session 2** June 25—July 6 **Session 3** July 9—July 20

Session 4 July 23—Aug 3 Session 5 Aug 6—Aug 17 Session 6 Aug 20—Aug 31

PLACE The Grove, Gym

Strength Training Boot Camp

Do you want to boost your metabolism, raise your heart rate, lower your blood pressure and continue to burn calories, even several hours after training? Learn how to "put your mind to your muscle". We will be performing a variety of whole-body plyometric, isometric, and isotonic exercises: push-ups, high-knees, resistance training with dumbbells and many more!

DAYS Mondays, Wednesdays & Fridays

TIME 6:00—6:45am

COST \$42 (6 lessons, available all sessions)

Core Foundation Strength Training

Build a strong foundation! Experience the benefits of developing a stronger core. In this class, we will learn a variety of exercises and techniques that will strengthen our cores. We will perform such exercises as crunches, bridges, bicycles and many more. Bring supportive athletic shoes, workout towel, water and a positive attitude!

DAYS Tuesdays & Thursdays TIME 6:00am—6:45am

COST \$32 (4 lessons, available all sessions)

Flexibility Training

Increase your flexibility! Learn how you can minimize every day aches and pains naturally. We will utilize various techniques that help us to gently get to know our bodies better.

DAYS Mondays, Wednesdays & Fridays

TIME 7:00—7:45am

COST \$42 (6 lessons, available all sessions)

Coed Softball

Let's play ball! This league is designed for fun and exercise with no paid umpires or scorekeepers. Team registration is done through the Parks and Recreation Office only. Individuals looking for a team can call 488-5340.

REGISTRATION begins May 1

DATES League games begin June 25 and run through mid August.

DAYS Sundays

TIME Games are scheduled between 3:30pm and 8pm

COST \$75 per team

Be a Safe Rider this Summer!

Helmets for Sale

The Ashland Parks & Recreation Department now sells bicycle and multi-sport helmets. Prices are \$8 for Bike Helmets and \$9 for Multi-Sport Helmets. Call the office at 488-5340 or stop by between 8:00am—5:00pm Monday through Friday to purchase a helmet.

Bicycling in Style!

This class will include tips on buying a new bike or updating an old one, as well as the Do's and Don'ts of social cycling. Learn about stylish and safe clothing to wear on your bicycle, accessories, maintenance tips and more. Bring your bike and your questions along. Egon Dubois is an expert in cycling who will work with you as you spend a fun evening with likeminded bicycle lovers. Instructor—Egon Dubois

AGES 10 years—Adult

DAYS Wednesdays

DATES June 13—Women Only

June 20—Everyone

TIME 6:00—7:30pm

PLACE The Grove, Recreation Area

COST \$10 per class

Bike Swap Thank You

Ashland Parks and Recreation would like to thank the following sponsors for helping to make the 17th Annual Ashland Community Bike Swap a great success!

- Ashland Bicycle and Pedestrian Commission
- Rogue Valley Cycle Sport
- Bear Creek Bicycle
- Lowdown Boardshop
- RVTD
- HEC-Haynes Environmental Consulting

AND A BIG THANK YOU to all of the Volunteers. We couldn't have done it without you!





Yoga in Lithia Park

Yoga in the natural beauty of Lithia Park! In this 6-week series you'll be guided to respect what your body needs: stretching and strengthening muscles, and developing balance. All of these are offered with an aim of greater well-being in every day life. Each class includes poses, awareness of the breath, centering and relaxation. This class is appropriate if you are a beginner or experienced, and you are in general good health. Bring mat or beach towel and drinking water. Instructor—Charlotte Nuessle

AGES 16 years—Adult DAYS Wednesdays DATES June 13—July 25

TIMES **Session 1** 11:45am—1:00pm **Session 2** 4:00—5:15pm

PLACE Lithia Park, Butler Bandshell

COST \$42 (6 lessons)

\$9 drop-in (Pay at Parks and Recreation Office in upper Lithia Park before class begins.)



All-Comer's Track & Field Meets

These track meets are open to both children and adults. There is no fee and no pre-registration. Just come to the Ashland High School track and join the fun. Running events include the 50 meter, 100 meter and all the way up to the 3000 meter run. Field events include high jump, long jump, shot put and more. Awards will be given out. For more information, please call Coach John Cornet at 535–5232.

AGES 3—10 years | 11 years—Adult TIME 6:00—7:30pm | 7:30—8:45pm

DAYS Mondays

DATES June 18 | June 25 | July 2 | July 9

PLACE Ashland High School Track

COST FREE!

Massage, Aromatherapy & Visualization Workshops

Learn hands-on healing techniques, including aromatherapy and visualization to promote health and well-being. Bring a yoga mat or oversized beach towel. Please wear comfortable, loose fitting cotton or all natural fiber clothing. All levels of experience are welcome! KG Stiles is a Licensed and Accredited MindBody Therapist with over 30 years experience in facilitating the healing of personal trauma, injury and illness.

AGES 16 years—Adult

DAYS Thursdays

DATES Workshop 1 July 12 Relaxation & Stress Relief

Workshop 2 July 19 Headache & Neck Tension Relief Workshop 3 July 26 Chronic Lower Back Pain Relief Workshop 4 Aug 2 Chronic Shoulder Pain Relief

TIME 7:00—8:30pm

PLACE Pioneer Hall in Lithia Park

COST \$40 for the entire series + \$10 materials fee paid to instructor \$13 per individual workshop + \$5 material fee paid to instructor



Register Early! Help us avoid the cancellation of programs!



SPORTS, FITNESS & FUN

For More Information Call 488-5340



WAYS TO REGISTER Ph 488-5340 | Fax 488-5314

- For families & individuals
- Major credit cards accepted

Mail or Bring Form & Payment:

- Ashland Parks & Recreation 340 S Pioneer St Ashland OR 97520
- Office hours 8:00am—5:00pm Closed Fourth of July holiday.
- See Entry Deadlines & Fees at right for specific times.
- Complete a separate registration form for each runner.

For More Info Call Parks & Recreation at 488-5340.

Ashland's 31st Annual 4th of July Run Wednesday—July 4, 2007 6-Mile Traditional Run @ 7:45am | 2-Mile Traditional Run/Walk @ 7:50am

RACE HEADQUARTERS—Ashland Public Library, 410 Siskiyou Blvd, Ashland

COURSE DESCRIPTION—Hilly, scenic and generally hot. Splits called at every mile on the 6-mile race. All miles marked. Water is available at five aid stations on the 6-mile race.

Awards & Prizes—Awards Ceremony is 12:30pm at the Ashland Public Library. All race participants are eligible for the Random Prize Drawing with submission of race number. Age Group Awards (for all 6-milers, and 2-milers ages 11 and under) will be given to the top 3 finishers. You must be present to win.

ENTRY DEADLINES & FEES

Individual	EARLY	WITH SHIRT.	THU , June 21	5:00pm	\$1 5 /person
	LATE	NO SHIRT	TUES, July 3	3:00pm	\$15/person
•	RACE DAY	NO SHIRT	WED, July 4	6:30-7:15am .	\$20/person
Family-3 or more	EARLУ	WITH SHIRTS	THU , June 21	5:00pm	\$ 40 /family
(immediate family only)	LATE	NO SHIRTS	TUES, July 3	3:00pm	\$40/family

PACKET PICK-UP PACKET INCLUDES RACE NUMBERS, SAFETY PINS, T-SHIRT* & COURSE MAP.

Before Race Day

- Tuesday, July 3 ONLY 10:00am—3:00pm
- Ashland Public Library (near start/finish area) 410 Siskiyou Blvd, Ashland

★ On Race Day

- · Wednesday, July 4 6:30—7:30am
- Ashland Public Library (near start/finish area) 410 Siskiyou Blvd, Ashland
- Race Day registration closes at 7:15am to ensure runners arrive at the starting line on time. Pre-registered runners may pick up packets until 7:30am. *A limited number of t-shirts may be available to buy for \$10 on race day. Must present race number to purchase.

2007 Ashland 4th of July Run — Registration Form RACE (circle) 6-Mile 2-Mile GENDER (circle) Male Female AGE (on race day) years FIRST & LAST NAME (Complete One Form Per Runner—PLEASE PRINT) FEES Individual-EARLY-INCLUDES SHIRT MAILING ADDRESS Individual-LATE-NO SHIRT \$15 ea _____ Individual-RACE DAY-NO SHIRT \$20 ea _____ СІТУ Family——EARLY-INCLUDES SHIRTS \$40 all Family——LATE-NO SHIRTS \$40 all _____ PHONE NUMBER Family—RACE DAY-NO SHIRTS \$20 ea _____ Optional donation for fireworks EMAIL ADDRESS **TOTAL FEE PAID** SHIRT SIZE (circle one) Adult Men's: S M L XL Make checks payable to: Ashland Parks & Recreation This waiver must be signed by all entrants. In consideration of your accepting my en-**Credit Card Pmt:** □ Visa □ MasterCard □ American Express try, I intend to be legally bound, do hereby for myself, my heirs, executors and administrators waive and release all rights and claims or damages I may accrue against the Ashland Track Club, Card # Ashland Parks & Recreation Department, City of Ashland, County of Jackson, State of Oregon, the race director, and any and all sponsors of this race, their successors, representatives and assigns for any and all injuries suffered by me while traveling to and from and participating in the Expiration Date 2007 Ashland Fourth of July Run. I certify that I am in good physical condition and contemplate the risk of bodily injury associated with and inherent in participating in the race, including Name on Card (print) but not limited to physical strain and exertion and assume all such risks by requesting entry.

Signature of Runner or Legal Guardian

Date

28th Annual Mt. Ashland Hillclimb Run & Walk

Saturday, August 4th, 2007 Ashland, Oregon 13.3 miles—Limited to first 150 entrants!

Course Description:

The route begins in downtown Ashland at the bottom of Lithia Park (el. 1900') and climbs briefly on a paved road and then on tree-canopied dirt roads and trails to the Mt. Ashland ski lodge. From there, runners and walkers find their own way up Mt. Ashland via ski runs to the summit (7533'), for a total of 5600' of climbing.

This is a demanding event. It is recommended that you do not attempt it unless you are in excellent physical condition. The following cut-off times will be enforced to ensure safety of participants: 9:45am to Four Corners (~7 miles), 11am to Bull Gap (~11.3 miles) and 11:45am to the Lodge (~13 miles). Please accept a ride if you are asked to do so by race officials.

Important Note:

We will shuttle clothing to the top of Mt Ashland. We will also shuttle participants from the top of Mt. Ashland down to the ski area parking lot, however participants are responsible for their own transportation from the ski parking lot back to town.



(Actual course profile with aid station locations)

STARTING TIME AND PLACE:		-competitive runners- 7:00an n. Start is on Winburn Way n	,	. ,
AID STATIONS:		with water, Gatorade, fruit a I their cut-off times. Walkers		
FEE:	after July 24**. W	ust 3. <u>\$25 on race day.</u> **No ⁻ e encourage you to pick up i Runners, 161 E. Main St, dow	race packets and	or register on August 3 rd
AWARDS:	10-year age grou (<u>8:00am starters</u>	ps plus overall men's and wo only).	omen's winners	for competitive runners
ADDITIONAL INFORMATION:	Email: info@mtas	shlandrun.com Website: www	w.mtashlandrun.d	com
		–2007 MT ASHLAND HILL CI		
Name		Age on race day	Male	Female
Mailing Address:			8am start	7am start
City	State	Zip Code	Phone:	
Email Address (optional):		T-shirt Si	ze: Small, Mediu	m, Large, Extra Large
If you would like to use your cred	it card, please register	online or over the phone: ca	all Ashland Parks	and Rec at 541-488-5340
Entry Fee (check made out to Ash Send to: Mt A Run, Ashland Parks				race day.

In consideration of your accepting my entry, I intend to be legally bound, to hereby for myself, my heirs, executors, and administrators waive and release all rights and claims or damages I may accrue against the City of Ashland, County of Jackson, the State of Oregon, U.S. Forest Service, and any and all sponsors of this race, their successors, representatives, and assigns for any and all injuries suffered by me while traveling to and from and participating in the MT ASHLAND HILL CLIMB RUN/WALK, including, but not limited to physical strain and exertion, and I assume all such risks by requesting entry.

SIGNATURE OF ENTRANT OR LEGAL GUARDIAN (If under 18 years of age)



Music & Dancing



For More Information Call 488-5340

Rhythm Play

This class utilizes drums, bells, woodblocks, shakers and all things rhythmical to explore the wonderful world of rhythm and movement. Rhythm games, songs, interactive stories, dance, movement and playing a variety of drums, shakers and rhythm instruments make this an enriching learning experience. Instructor—Patricia Aulik.

AGES 6—12 years DAYS Tuesdays DATES June 12—July 3 TIME 11:00am—12:00pm

PLACE The Grove, Otte/Peterson Rm

COST \$50 (4 lessons)

Beginning Guitar Lessons

Learn guitar basics, chords, strumming, finger picking and music reading. Bring guitar, pencil and music stand. (Optional—cassette tape and recorder) Please trim your left-hand fingernails for ease in fingering chords. Instructor Mich Lewis, local singersongwriter, has helped Rogue Valley students of all ages reach their guitar playing goals for over nine years.

AGES 12 years—Adult

DAYS Mondays DATES July 9—Aug 27 TIME 7:15—8:15pm PLACE The Grove,



Argentine Tango For Beginners

This class will focus on fundamental concepts of lead/follow, timing, rhythm and basic patterns for social style tango the way it's danced in Argentina. Comfortable clothes and shoes recommended. Instructor— Clay Nelson

AGES 18 years—Adult

DAYS Fridays

DATES June 15—July 20 TIME 7:00—8:00pm PLACE The Grove, Gym

COST \$35

Salon-Style Argentine Tango

No partner required to join in these Tango classes. Wear loose comfortable clothing and leather-soled shoes to allow for easy pivoting. Ladies shoes should have an ankle strap and secure heel. For more info contact instructors Jean-Paul and Judith 732-2419.

Basic Fundamentals & Technique

In this class we will cover the How's, Why's and When's of correct Tango technique and get you moving on the dance floor with fun and confidence. You will "find your feet" through walking in the parallel and crossed systems, the "basic patterns" and the proper execution and technique of forward/backward ochos. Dancers of all levels should benefit from the material covered in this class.

AGES 18 years—Adult

16—17 years with instructor permission

DAYS Thursdays

DATES **Session 1** July 12—Aug 2

> Session 2 Aug 9—Sept 6

TIME 7:00—8:00pm COST \$40 (5 lessons)

Beyond the Basics

This class is designed for dancers who understand the basics (i.e. parallel/crossed systems, ochos and the molinette) and are ready to expand their movement repertoire, leading to a more enjoyable "tango partnership". Focusing on lead and follow skills, you will be introduced to progressive and creative patterns of footwork designed to bring your improvisational skills to the next level. Be prepared to use both your mind and your feet!

AGES 18 years—Adult

16—17 years with instructor permission

DAYS Thursdays

DATES Session 1 July 12—Aug 2

> Session 2 Aug 9—Sept 6

8:15—9:15pm

COST \$40 (5 lessons)







http://ashlandparks.recware.com

50's-Style Swing

Beginners will start with simple exercises to get them moving to the "up-beat" of the music—the way swing was danced in the '50's. Gradually under-arm turns, spins, and variations of the sugar push will be added. Students should wear comfortable shoes and clothing. Instructor—Clay Nelson

AGES 18 years—Adult

DAYS Fridays

DATES June 15—July 20 TIME 8:30—9:30pm PLACE The Grove, Gym

COST \$35

Summer Salsa for Teens

This class is an introduction to Salsa and Casino Rueda, the hot Cuban dance using Salsa patterns to pass partners around the circle, as seen in the movie *Dance with Me!* You will also learn basic Salsa and patterns for the social dance floor. Bring your friends! Dress comfortably, no partner required.

Instructor—Terry B. AGES 13—18 Years

DAYS Mondays & Thursdays

DATES June 18, 21, 25, 28 TIME 6:00—7:00pm

PLACE The Grove, Gym COST \$30 (4 classes)

Salsa Casino Rueda

These two intermediate classes are a summer review for Casino Rueda dancers. Salsa music and Salsa patterns in which partners are passed around a circle of dancers. Improve your sense of rhythm, have fun and meet new people. No partner necessary. For more information contact instructor Terry B.

E-mail: sound-expressions1@yahoo.com

AGES 12 years—Adult DAYS Thursdays

DATES June 21—Level 2 dancers

June 28—Level 3 dancers

TIME 7:15—8:15pm PLACE The Grove, Gym COST \$9 per class

\$12 for both classes

Ballroom, Lindy, Swing, Charleston & Balboa

Have fun, meet new people, exercise and learn to dance all at the same time! No partner or fancy shoes required. Cori Grimm is an experienced and enthusiastic dance instructor who knows how to help you be comfortable and confident on the dance floor. For more details call 482-0134 or go to www.upAndDancing.com.

AGES 14 years—Adult TIME 7:00—8:30pm PLACE The Grove, Gym COST \$30 session (4 weeks)

Intro to Big Band Party Dances

Tuesdays nights are party nights! We'll cover the basics of the most popular Big Band Era dances including Charleston, Lindy Swing, Foxtrot and Balboa. There will be time after each class for extra help and play time. No partner or experience needed.

DAYS Tuesdays

DATES **Session 2** June 12—July 3

Session 4 July 10—31

Quickstep & Samba

DAYS Mondays

DATES **Session 1** June 11—July 2 Beginning (*Pre-requisite: 6 months*

Session 3 July 9—30

dance experience or permission)

Intermediate (Pre-requisite: Session 1

or instructor permission)

Folkdancing

Folkdancing is a communal, unique, multicultural experience. It is good for you and it is lots of fun. The Ashland International Folkdancers meet every Friday night from 7:30—10:30pm at the Ashland Community Center. Teaching begins at 7:30 and beginners are always welcome. Dances are circle, line and couples dances from all countries. Steps range from the very easy to quite complicated, but always combine basic footwork in varying patterns. No partner is necessary and a \$3 donation is appreciated. For further information contact Ron Waitt at 482-8249.



Register Early! Help us avoid the cancellation of programs!

Dog Training & Obedience

Instructor Lauren Wygant is a certified dog trainer with years of experience. See www.ConfidentCanine.com for more info. ALL CLASSES ARE HELD AT THE GROVE GYM.

Puppy Play and Train

Give your puppy the learning skills and confidence necessary for future training and future fun! Learn the skills necessary to help your puppy navigate the world and become your best friend. Taught by a certified dog trainer with years of experience, Puppy Play & Train is all about reward-based training and having fun. See www.ConfidentCanine.com for more info.

AGES Puppies up to 14 weeks old with two sets of shots. Each puppy must have a handler 18 or over. Families encouraged. Please contact instructor with ages of children who will attend.

DAYS Wednesday DATES June 13—Aug 1

TIMES Session 1 9:30—10:30am **Session 2** 6:45—7:45pm

COST \$70

Training Clinic

Bring your dog and your biggest training challenge to get some personally tailored tips on how to make your training work. Each dog and handler will get skills and practice with the help of a trainer and the other participants. This two-hour clinic has limited enrollment to allow each participant a high level of personal attention. This is a humane training clinic, no fear or pain will be used. No biters please! Enrollment is limited to 5 participants per clinic.

AGES 18 years—Adult DAY Sunday

DATES June 17 | July 22 | August 19

TIME 10:00am—12:00pm

COST \$30 per clinic

Tricks Class

Tricks are a fun way to continue training your dog and keep those training skills sharp. Tricks also give your dog a way to impress friends and family at your next get together! Good basic dog obedience skills make this class a lot more fun for you and your dog.

AGES 18 years—Adult DAY Wednesday DATES August 8—22 TIME 5:30—6:30 COST \$30

Good Dog-1 Basic Obedience

A class for all dogs, from "new starts", who don't know a thing to "re-starts", who never seem to get it. You and your dog will learn how to communicate, cooperate, and get things done in a fun and productive way. Taught by a certified trainer with years of experience who believes if you and your dog aren't (mostly) having fun you're in the wrong class! See www.ConfidentCanine.com for more info.

AGES 18 years—Adult DAYS Wednesdays DATES June 13—Aug 1

10:45—11:45 am TIME Session 1 Session 2 8:00—9:00pm

COST \$70 for (7 lessons)

Good Dog-2 Intermediate Obedience

Good Dog-2 mixes obedience with distractions and duration to make your training useful in the real world. If you are a graduate of Good Dog-1, or have successfully completed another basic obedience class, you are encouraged to sign up for this class and take training to the next level.

AGES 18 years—Adult DAY Wednesday DATES June 13—Aug 1 TIME 5:30—6:30pm COST \$70 for (7 lessons)

Walking Nicely on a Leash

Walking nicely on a leash isn't just one skill; it requires a whole set of skills. This class will give you skills and practice with distractions in a safe and controlled environment, and time to get it right.

18 years—Adult AGES DAYS Wednesday DATES Aug 8—22

TIME Session 1 9:30—10:30am Session 2 6:45—7:45pm

COST \$30

Coming When Called

A dog who comes when called is safer and enjoys more freedom than a dog who simply shuts you out. This class will give you tips, tricks and practice for getting an enthusiastic response when you call your dog.

AGES 18 years—Adult Wednesday DATES Aug 8—22

Session 1 10:45—11:45am TIME Session 2 7:15—8:15pm

COST \$30



http://ashlandparks.recware.com

Learning French Through Music!

This unique class will teach basic French through music and other fun activities, covering various vocabulary and numbers in French. We will explore music, discuss culture and also include songs in English. Children should bring a snack or a lunch to each class. Instructors—Greta Gardiner and Kate O'Brien

AGES DAYS DATES	5—7 years (bring a snack) Monday—Friday Session 1 Jun 18—22 Session 3 July 9—13 Session 5 July 30—Aug 3	8—10 years (bring a lunch) Monday—Friday Session 2 June 25—29 Session 4 July 16—20 Session 6 Aug 6—10	
	Session 7 Aug 13—17		
TIMES	9:00am—12:00pm	9:00am—1:00pm	
PLACE	Drop off & pick up at Lithia Park, Bandshell (Mon—Thu)		
	The Grove, Recreation Area ((Friday)	

Youth Spanish Camp

\$110 (5 lessons)

This intensive 2-week language camp is geared towards 5th—8th graders. Fifth—sixth graders will gain confidence and skills, preparing them to succeed in the language. Seventh and eighth graders will reinforce and add to previous learning so they can better adjust to high school expectations. A variety of activities and methods will be used to accommodate different learning styles. Bring a 3-ring binder, 100 index cards, colored markers and your enthusiasm to class every day. You'll learn while having fun! Early registration is recommended. Instructor Ines Diez is a certificated teacher from Spain.

AGES 10—13 years
DAYS Monday—Friday
DATES August 6—17
TIME 10:30am—12:00pm
PLACE The Grove, Otte/Peterson Rm
COST \$95 (10 lessons)
\$5 materials fee—pay to instructor first class



Italian Conversation Advanced

Class conducted in Italian and geared towards people who already speak the language. Casual, relaxed and interactive methods used. Instructor—Monica Rountree

AGES 15 years—Adult
DAYS Thursdays
DATES July 12—Sep 13
TIME 6:00—7:30pm
PLACE The Grove, Otte/Peterson Rm
COST \$80

Italian Conversation Intermediate

This class is a continuation of Practical Italian 1 & 2. We will focus on casual conversation, utilizing vocabulary learned throughout the year.

Instructor—Monica Rountree AGES 15 years—Adult DAYS Wednesdays DATES July 11—Sep 12 TIME 6:00—7:30pm

PLACE The Grove, Otte/Peterson Rm

COST \$80

Intermediate Arabic

This class is a continuation of the Beginner Standard Classical Arabic. Focus will be on sentence structure, conversation, vocabulary and conjugation. Instructor—Tiazza Wilson.

AGES 16 years—Adult DAYS Monday

DATES June 11—Aug 27 TIME 5:30—7:00pm

PLACE The Grove, Otte/Peterson Rm

COST \$75 (11 lessons)

Advanced Arabic

This course is a continuation of ARAB 310. The course covers topics and situations relating to contemporary Arabic media, literature and culture. Focus is on acquisition of more complex grammatical structures and on expanding vocabulary. Instructor—Tiazza Wilson.

AGES 16 years—Adult

DAYS Tuesdays

DATES June 12—August 28

TIME 5:30—7:00pm

PLACE The Grove, Otte/Peterson Rm

COST \$75 (11 lessons)

Instructors Wanted!

Do you have expertise in a creative field that you would like to share with others? If so, the Ashland Parks & Recreation Department is always looking for new ideas for classes. Please submit proposals to the Recreation Department to the attention of the Recreation Coordinator. Deadlines for Recreation Guides:

AUTUMN July 1st WINTER-SPRING October 1st SUMMER March 1st

Sketching & Personal Journaling

Each outdoor class will be self-contained, focusing on skills and desires of participants. Elaine Frenette has a degree in Graphic Design along with 20 years experience in water media. She will discuss different drawing and painting techniques, page design and color wheel theory. Pulling from her fine art background, she will encourage unique and personal expression. First class can be attended with just a sketch book and a pencil. Full supply list available at the Ashland Parks and Recreation Office.

AGES 12 years—Adult

DAYS 2nd and 4th Fridays of each month

DATES June 8 | June 22 | July 13 | July 27 | Aug 10 | Aug 24

TIME 9:00am—1:00pm

PLACE Madrone Picnic Area, Lithia Park

COST \$45 per day/class

Drop-ins welcome. Pay at the Parks & Recreation office in

upper Lithia Park before class.

More Creative Expression Programs & Classes

Park Crafts Program — page 25

Embellished Walking Sticks — page 28

Mosaic Flower Pots — page 28

Mosaic Stepping Stones—page 28

Nature Writing Camp — page 29

Nature Drawing with Irene Brady — page 32

Willow Lamps & Lanterns — page 33

Beaded Barrettes

Students will learn to sew beads onto a barrette that they can wear. Some sewing experience necessary. Instructor—Araya Pathwalker

AGES 10 years—Adult DAYS Monday—Thursday DATES June 18—28

TIME 9:00am—12:00pm

PLACE The Grove, Otte/Peterson Rm

COST \$45 (8 lessons)

Silk Painting

Students will learn to transfer their simple design onto a 24" x 24" piece of silk, and then paint it to create a banner that can be hung. No experience necessary. Instructor-Araya Pathwalker

AGES 8—12 years DATES July 9—19

DAYS Monday—Thursday TIME 9:00am—12:00pm

PLACE The Grove, Otte/Peterson Rm COST \$45 plus \$10 materials fee paid to instructor at first class



Register Early! Help us avoid the cancellation of programs!

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http://ashlandparks.recware.com

Drawing or Watercolor—Out of Doors Beginning & Intermediate Classes

Learn drawing or watercolor techniques designed for the beginner or more experienced artist at various locations in Lithia Park. Please pick up a supply list, list of locations, and a park map at the Parks and Recreation office. Supplies need to be purchased prior to the first class. Instructor—Cathy Egelston

AGES 18 years—Adult

TIMES Drawing | Watercolor

9:00—10:30am | 10:45am—12:15pm

DAYS Wednesdays—Intermediate

Thursdays—Beginning

DATES **Session 1** June 13—July 19 (No class July 4)

Session 2 July 25—Aug 30

PLACE Outdoors in Lithia Park

COST \$57 (6 lessons)

\$48 (5 lessons—Session 1, Wednesday classes)

Drawing & Watercolor Studio

New Class! This class provides the opportunity to work on Drawing and/or Watercolor projects for three hours in Lithia Park. There will be instruction lead studies as well as time for individual projects. Pleases pick up supply list and Lithia Park map at the Parks and Recreation office. Supplies need to be purchased prior to first class. Instructor—Cathy Egelston.

AGES 18 years—Adult

DAYS Fridays

DATES **Session 1** June 15—July 20

Session 2 July 27—Aug 31

TIME 9:00am—12:00pm

PLACE Lithia Park

COST \$114 (6 lessons)



Clay Sculpture & Journal Art

Create useful and fanciful clay sculptures which will be glazed and fired. Learn to marbleize paper and design a block print on cards or a T-shirt. Other projects include chalk stenciling, India ink wash, mono-printing, collage and wood sculpture. Each student will receive a journal for drawings, photographs, collages and poetry. Instructor—Shari Craddock

AGES 8 years—Adult

DAYS Wednesdays, Thursdays & Fridays

DATES July 18—27

TIME 1:00—4:00pm

PLACE The Grove, Otte/Peterson Rm

COST \$90 + \$20 materials fee-paid to instructor

Child & Parent Art Adventures

A time for young children to play with clay, to paint, draw and create collages and wood sculptures. Children will also design a block to print on a T-shirt. The last class includes painting a house made from a large box, and a painted foot dance. Instructor—Shari Craddock

AGES 2—6 years with Adult

DAYS Wednesdays, Thursdays & Fridays

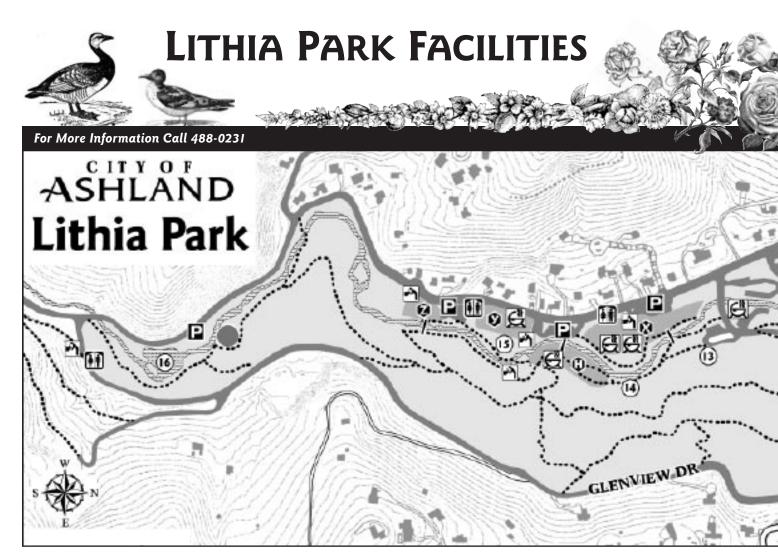
DATES August 1—10 TIME 1:00—2:30pm

PLACE The Grove, Recreation Area

COST \$48 + \$15 materials fee-paid to instructor



Register Early! Help us avoid the cancellation of programs!



LEGEND



Feature Location



Parking Lot



Public Restroom



Drinking Fountain



Barbecue Stand



Park Extent



Streets & Paved Areas
Park Trails



Water Feature



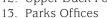
10 Ft Contours



Reservation Site

Feature Locations

- 1. Park Entrance
- 2. Ashland Plaza
- 3. Shakespeare
- 4. Lower Duck Pond
- 5. Playground
- 6. Lithia Fountain
- 7. Butler Bandshell
- 8. Rose Garden
- 9. Perozzi Fountain
- 10. Japanese Garden
- 11. Tennis Courts
- 12. Upper Duck Pond



- 14. Lower Fire Ring
- 15. Island Fire Ring
- 16. Swim Reservoir
- 17. Darex Family Ice Rink
- 18. Pioneer Hall
- 19. Community Center
- 20. Feast of Will Lawn
- 21. Madrone Picnic Area

Due to water quality & duck health issues, please do not feed the ducks!

It's Easy to Reserve Lithia Park!

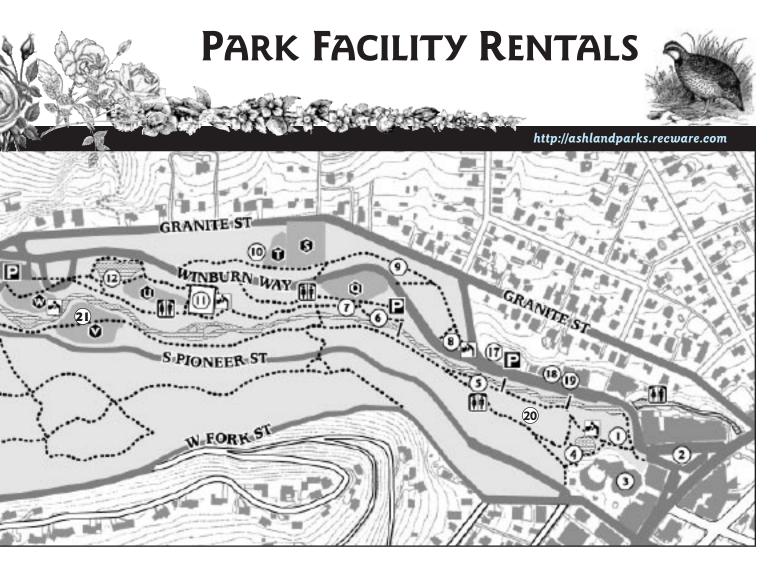
You can make a formal reservation with a debit/credit card by calling 488-0231. To pay with a check or cash, come by in person to the Ashland Parks Community Center located at 59 Winburn Way. There is a refundable security deposit of \$85 for any formal reservation. The wedding fee is \$450. For other events such as picnics, birthday parties and family reunions, the fees vary from \$35-\$50 per 4-hour time block depending on the location.

Lithia Park Bandshell

Events involving a performance or amplification may only take place at the Bandshell. The noise level may be no louder than 75 db when monitored from a point directly across from the bandshell on the park side of Granite St. Maximum performance time is 1½ hours, and all performances and activities must cease by 8:15pm.

Refund Policy

Customers receive a full refund with a 2 week notice, or if weather prevented their use of a reserved area.



Lithia Park Reservations & Facility Rental Information

Park facilities can be rented for private special events such as weddings, receptions, meetings, picnics and family gatherings.

Designated Outdoor Reservable Sites

There are several reservable sites to choose from, including rustic natural areas with picnic tables and barbecues for groups up to 250 people, as well as small and large lush green lawns for those more intimate or formal gatherings.

Reservations and Use Permits

Reservations and Use Permits are required for all outdoor special events including, but not limited to, walkathons, concerts, festivals and weddings.

Indoor Reservable Facilities

The Community Center, Pioneer Hall, The Grove and the Senior Center are indoor facilities available to rent for events such as weddings, receptions, birthday parties, meetings and conferences, etc. Fees and deposits are required.

	Designated Reservation Sites	Capacity	Electricity	Tables	Water
н	Hillside Picnic Area	25	No	Yes	No
Q	Butler Bandshell	350	No	No	No
S	Sycamore Grove	150	No	No	No
T	Lawn near Sycamores	150	No	No	No
U	Lawn below Upper Duck Pond	150	Yes	No	No
V	Madrone Picnic Area	50	No	Yes	No
W	Brinkworth Area	75	No	Yes	No
X	Cotton Memorial Area	250	Yes	Yes	Yes
Y	Root Memorial area	60	No	No	No
Z	Top Southern Lawn Area	25	No	Yes	No

Call Us for More Information

If you are interested in reserving a designated site in Lithia Park, The Community Center, Pioneer Hall or The Grove facility, please contact the Ashland Community Center for reservations or rental information at 541/488-0231.

The Parks & Recreation Department

The Ashland Parks & Recreation Department is overseen by a five-member elected Parks Commission. The goal of the Parks Commission is to provide and promote recreational opportunities, and to preserve and maintain public lands.

The department is composed of three divisions:

340 S PIONEER STREET Upper Lithia Park, off Granite St

- The Parks Division operates, maintains, constructs and plans parks and recreational facilities within the system. It also develops new parks and administers open space areas.
- The Recreation Division provides recreation and aquatic program activities for residents of all ages.
- The Golf Division operates, maintains, and provides professional

Register Early! Help us avoid the cancellation of programs!

- 1 Lithia Park
- Parks & Rec Office
- Darex Family Ice Rink (Seasonal)
- Community Center
- Pioneer Hall
- Butler Bandshell
- 2 Hunter Park/ **Daniel Meyer Pool** (Seasonal)
- 3 Garfield Park
- 4 Railroad Park
- YMCA Park

- 10 Dog Park
- 11 Siskiyou Mountain Park
- 12 Sherwood Park
- 13 North Mountain Park N MT Park Nature Center
- 14 Bear Creek Greenway
- 15 Hald-Strawberry Park
- 16 Community Skate Park
- 17 Bluebird Park
- 18 Oak Knoll Golf Course
- 19 Community Garden
- 20 Ashland Middle School
- 21 Bellview School



Ashland Parks & Recreation • 541/488-5340 • 340 S Pioneer, Ashland OR 97520 • www.ashland.or.us

B

Summer Program Locations

- **I** LITHIA PARK
 - •Parks & Rec Office •Community Center
 - Butler Bandshell
- Pioneer Hall

In the hub of downtown sits Lithia Park, Ashland's crown jewel. Lithia is a 93–acre vista of emerald lawns, tennis courts, a sand-pit volleyball court, picnic areas, colorful landscaping and playground equipment. The park follows Ashland Creek through undeveloped woodlands, and also includes a Japanese garden, two duck ponds, a formal rose garden and groves of sycamore trees. The ice skating rink, located next to Pioneer Hall, is a seasonal facility.

- **2 HUNTER PARK**—Approximately 10 acres, located on Homes Ave between Walker and Normal Streets. The park has 8 tennis courts, ball fields, a playground, picnic areas, restrooms and the Daniel Meyer swimming pool. **The Senior Center** is also located in Hunter Park at 1699 Homes Ave and is available to rent for one-time events. The Ashland Senior Program, begun in 1973, became part of the Ashland Parks & Recreation Department in July 2005.
- **GARFIELD PARK**—Approximately 3 acres, located on the corner of East Main and Garfield Streets. The park offers a playground, basketball court, restrooms, sand-pit volleyball courts & the city's only "Zero-Depth" Waterplay Facility. The waterplay area is only open from Memorial Day Weekend through labor Day Weekend.
- 13 NORTH MOUNTAIN PARK & N MT PARK NATURE CENTER Located on N Mountain Ave northeast of Hersey St, this 40–acre park has 3 soccer fields, 2 softball fields, 2 baseball fields, an interpretive Nature Center and a 15–acre Natural Area. A bike path connects a neighborhood playground and picnic area to a demonstration garden, pavilion and sand play area near the N MT Park Nature Center.
- OAK KNOLL GOLF COURSE—Nestled among beautiful oaks on a rolling hillside, the golf course is located on the southern end of the Rogue Valley at 3070 Highway 66, just east of I–5. The area features a 9–hole course, par 36, covered driving range, clubhouse and pro shop with snack bar. Tournament outings welcome. Open year round.
- ASHLAND MIDDLE SCHOOL—Located on the corner of East Main St and Walker Ave. The bus ramp on Walker Ave just north of the railroad tracks is the drop-off/pick-up point for several summer programs.
- **ASHLAND HIGH SCHOOL TRACK**—Located on campus just off Siskiyou Blvd, between Morse Ave and S Mountain Ave. Enter the sports fields from the Morse Ave parking lot.
- THE GROVE—Located at 1195 E Main St, across the parking lot from the City Council Chambers and the Police Department, and near the intersection of N Mountain Ave. This multi-functional building serves as host to many classes and programs.

General Park Rules & Regs

Park Hours—Dawn to Dusk

ALCOHOL & ILLEGAL DRUGS—Not permitted in any Ashland Park.

AMPLIFICATION—A reservation is required for any amplified sound and is only allowed in Lithia Park

FIRES & BARBECUES—Fires may be built only in designated fire rings or in barbecue stands raised off the ground. Please do not leave a fire unattended or leave before extinguishing any fire.

CAMPING—Not allowed in any Ashland Park. **DOGS**—Dogs are only allowed in dog-friendly park areas. Refer to the map on page 18.

FIREARMS—Use of firearms, fireworks and explosives is prohibited in all Ashland Parks.

HORSES/EXOTIC ANIMALS—Not permitted in any Ashland Park.

VENDING—No selling or soliciting is allowed in any Ashland Park.

Ashland Community Skate Park

Park Hours—Dawn to Dusk

- All participants are required to wear protective head gear while using the Skate Park.
- Skateboard and Roller Blade activities have priority over Bicycle activities.
- Use the Skate Park at your own risk.
- Do not use facility when the skate surface is wet.

Facility Rentals

The Ashland Parks and Recreation Department has four facilities suitable for many types of events. All facilities have chairs and tables available, and some have audio-visual equipment available upon request for a small fee. Alcohol is allowed with a fee of \$200. Fees, capacity and availability vary for each facility. Call Dawn Lang at 488-0231 for information on all of our rentable facilities. *See also pages 20-21*.

Refund Policy

Customers will receive a full refund with a 2 week notice, or if weather prevented their use of a reserved area.

Free Concerts in the Park At Butler Bandshell

Southern Oregon Song Writers Association

Southern Oregon Singer/Songwriters Showcase Series Featuring Folk – Country – Blues

DAYS Tuesdays | Thursdays

DATE June 12 & June 19 | Aug 23 & Aug 30

TIME 6:30pm

Southern Oregon Concert Band

DATE Thursday | June 14

TIME 7:00pm

Ashland City Band Concerts

• Weekly Summer Concerts

DAYS Thursdays

DATES June 21 — August 9

TIME 7:30pm

- Special Pre-Concert Performances—6:30pm
- ♪ Dixieland Band
 ♪ Swing Kings Band
- ♪ Licorice & Chrome ♪ And Other Bands
- Special 4th of July performance at noon

Pyramid—Classic Rock Concert

60's through 90's Classic Rock Music

DATE Sunday | August 19

TIME 6:30pm

Air Force Band of the Golden West

"Mobility" Rock Band Concert featuring Classic & Modern Rock and Country

DATE Friday | August 31

TIME 6:30pm

Free Ballet in the Park At Butler Bandshell

Little Ballerina Classes

DAYS Mondays

DATES July 9, 16, 23, 30

TIME 9:30am

PLACE Bandshell Stage

State Ballet of Oregon Performances

DAYS Mondays

DATES July 9, 16, 23, 30

TIME 7:30pm

Please Note: *Park in designated parking spots only! Yellow zone parking may result in tickets and/or fines.*

Free Lithia Park Nature Walks Enjoy Beautiful Lithia Park's Natural History

Three days a week, rain or shine, trained volunteer naturalists from the Ashland Parks and Recreation Department lead an easy, interesting 1½-hour nature walk through Lithia Park. Topics include: Trees, flowers, birds, climate, water, geology and the history of the park. Nature walks are free. Please meet us at the park entrance, across from the Plaza in Ashland. Walks are provided by the Ashland Parks & Recreation Department. For more information call 488-0231.

DAYS Sundays, Wednesdays & Fridays

DATES May 2—Sept 30

TIMES 10:00—11:30am

PLACE Meet at Lithia Park entrance

COST FREE!

The Feast of Will

Dinner & Performances in Lithia Park

The Feast of Will is a wonderful dinner and show to celebrate the opening of the Oregon Shakespeare Festival's summer season. Special music will be performed by the Siskiyou Singers during the dinner and the Bagpipers will perform at 7:00pm while leading the way to the Green Show and Shakespeare performance. The Festival's 2007 opening performance in the Elizabethan Theatre will be *The Tempest* starting at 8:30pm.

Dinner Menu

- Charbroiled Lemon-Basil Chicken OR Vegetarian Lasagna
- Dinner Roll
- Oriental Salad
- Fudge Brownie
- Beverage

This event is sponsored by the Ashland Lions Club and the Oregon Shakespeare Festival. Proceeds go to the Ashland Lions Club and are used for projects throughout the Ashland Community. Tickets can be purchased through the Shakespeare Festival Box Office. Call Hank Rogers at 772-8117 for more information.

DAY Friday
DATE June 15
TIME 5:45pm

PLACE Lithia Park (Lawn near Lower Duck Pond)

COST \$12

U.S.Cellular Movies on the Range

Join Ashland Parks & Recreation and U.S. Cellular this summer for Free Movies on the Range at Oak Knoll Golf Course every other Friday, from June 29—August 10. *See movie schedule and full details on back cover.*



Food & Friends Fun Walk

The 5th annual Food and Friends Fun Walk is a fundraiser that benefits the Senior Nutrition Program. The walk will begin at the Ashland Senior Center in Hunter Park and will go to the North Mountain Park Nature Center, then continue back to the Senior Center. The total length of the walk is 2.5 miles. Sponsors, donations and raffle items are appreciated. Call Neal at 488-5342 or 773-8072 with any questions.

DAY Saturday DATE May 19 TIME 9:30am

PLACE Ashland Senior Center, 1699 Homes Ave

Park Crafts Program

Formerly the Garfield Park Program

You're invited to the *NEW* Park program this summer! Enjoy games, daily crafts, water fun and lots of new activities! Parks and Recreation staff will lead children through different activities throughout the warm days of summer. The program will take place at different Ashland Parks. *Please note the new program times*.

AGES All school-age children*
DATES June 19—August 11

TIMES 11:00am—1:00pm & 2:00—4:00pm

DAYS Mondays & Thursdays | Tuesdays | Wednesdays | Hunter Park | United Park | Hunter Park

COST FREE!

Free Stories in the Park

Two storytelling performances geared toward story lovers of all ages. Matt Damon will tell folktales full of humor and wisdom from around the world. These stories are crafted to entertain all ages, not just the little ones in the family. So bring a friend or the whole gang for an evening of adventure and magic. Matt is a local storyteller and teacher in Ashland.

DAYS Fridays

DATES June 29 | August 24

TIME 6:45—8:00pm

PLACE Lithia Park (Lawn between Playground and Lower Duck Pond)

Summertime Ice Cream Socials

Enjoy 2 Free Ice Cream Socials at Garfield Park this summer!

Passport2Ashland.com

DAYS Saturday
DATES August 10
TIMES 1:00—4:00pm

PASSPORT 2

LocalsGuide.com

Saturday August 18 3:00pm



Ashland Senior Program

The Ashland Senior Program, established in 1973, became part of the Ashland Parks & Recreation Department in July 2005. The Senior Center is housed in Hunter Park at 1699 Homes Avenue. Staff members are Sharon Laws, Chris Dodson and Dorothy Parsons. Volunteers are Carole Jackovich and Betty Seymour. The Senior Program services are available to seniors within Ashland and the outlying area. Some of the services provided are:

- The senior nutrition program, *Food* & *Friends*, is located in the Senior Center. Meals are served on weekdays 11:30am—12:30pm.
- Information & assistance
- Flu immunization clinics
- Blood pressure screening
- Discussion groups
- Computer instruction
- Educational seminars
- Line dancing

- OutreachCards
- Carus
- MoviesMusic
- Parties
- Vaga
- Yoga
- T'ai Chi

The Senior Center newsletter is now available online at www.ashland.or.us/seniornews. For more info, please call 488-5342 weekdays 8:30am—4:30pm.



^{*} Children 4 years old and under require parent participation during all activities.

For More Info Call 488-6606. All programs take place at N MT Park Nature Center unless otherwise indicated.

About North Mountain Park & The Nature Center

Hours & Overview

- •North Mountain Park is open sunrise to sunset.
- •The Nature Center is open year-round Monday—Friday | 8:30am—4:30pm
- •Additional summer hours June 2—August 25 Saturdays | 10:00am—3:00pm

The N MT Park Nature Center is located next to Bear Creek at 620 N Mountain Ave in Ashland. The Nature Center offers a variety of programs that teach about local natural and cultural history and sustainable living. Visitors can enjoy the park's Demonstration Gardens, nature trails, pavilion and picnic area.

Registration

PRE-REGISTRATION IS REQUIRED 7 DAYS IN ADVANCE FOR ALL PROGRAMS UNLESS OTHERWISE INDICATED. Online registration: http://ashlandparks.recware.com.

Classes may be canceled due to insufficient enrollment or other reasons. If this occurs, a full refund will be issued in 2 to 3 weeks. Please see our Refund Policy on page 2.

All programs will take place at N MT Park Nature Center unless otherwise indicated. *We do not guarantee seating for participants who arrive more than five minutes late.*

Scholarships Available

A limited amount of scholarship money is available to all ages for classes and programs through the Ashland Parks and Recreation Department. To obtain a scholarship application, please call the Parks' Administration Office at 488-5340.

Contact Us for More Information

- 620 N Mountain Ave, Ashland, OR 97520
- Tel 541/488-6606 • Fax 541/488-6607
- E-mail <u>cottled@ashland.or.us</u>
- URL www.ashland.or.us/northmountainpark

Online Newsletter

Go to www.ashland.or.us/nmpnews to view our newsletter online. The newsletter is also available at the Nature Center and the Ashland Parks & Recreation office. To receive a paper copy, please call the Nature Center.

Leave Your Mark at NMT Park

Buy a Brick!

Help support the N MT Park Natural Area and Community Programs by purchasing an engraved brick to be installed in a walkway around the N MT Park Nature Center. For a \$40 donation your brick can display the message of your choice, engraved on a bronze plaque inset. For more information call the Nature Center.

Online Nest-Box Spy Cam at North Mountain Park

Catch a bird's eye view of live birds in the wild from the comfort of your laptop station. The sight of baby birds being fed by "mom and dad" has delighted visitors to the Nature Center during the past 3 years' breeding seasons. This year, thanks to Rogue Valley Audubon Society and Ashland Fiber Network, both website viewers and Nature Center visitors can observe the daily activities of tree swallows in their nest-box home. The show can be seen daily until the young birds fledge. Visiting the Nature Center or watch it online at www.ashland.or.us/treeswallow.



Garden Volunteers Needed

"Green thumbs" or beginning garden volunteers are always needed to help in the Demonstration Gardens any Wednesday morning 10:00—noon. Or call 488-6606 to schedule other times. Tools, snacks and guidance provided.

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NATURE CENTER ACTIVITIES

Please register online at http://ashlandparks.recware.com or call the N MT Park Nature Center at 541-488-6606.

Volunteer Profile

Kathy Kudo & Robert Mumby

—Friends & Volunteers of the Nature Center

Kathy Kudo and Robert Mumby have lived in the Rogue Valley for the past four years, having come from Honolulu, Hawaii. And although, during the winter months in the Rogue Valley, it's hard to imagine leaving the tropical Hawaiian climate, they were actually attracted to the climate of Southern Oregon. Well, the culture of the Rogue Valley had a little to do with their decision to move, too! Both Robert and Kathy retired from careers with local government in Hawaii. Kathy worked as a librarian with the County of Honolulu and Robert was an Information Specialist with the City of Honolulu.

They both use their talents at the Nature Center where their expertise is highly valued. Since the summer of 2005, Robert has been organizing the Nature Center's digital photos – all 4,000+ and growing! Kathy began organizing the Center's Resource Room in the summer of 2005 as well. With the exception of general upkeep of the Resource Room, she has moved on to help organize the Nature Center's Collection database.

The couple share many varied interests that include motorcycling, wildlife observation, snow shoeing, reading, attending live theatre and concerts as well as participating in or attending the many diverse cultural and recreational activities in the region. They also volunteer at the Oregon Shakespeare Festival, are members of the Friends of Phoenix Library and have served on City of Phoenix and Jackson County committees.

When asked what they like about volunteering at North Mountain Park, their response was, "Indirectly helping to educate the next generations about the importance of



ecology and maintaining a human-friendly environment." They also 'enjoy the Park and getting to know the staff and other volunteers."



Thank You Rogue Valley Earth Day 2007 Sponsors

You made this event a big success!

Rogue Valley Earth Day Hosts

ScienceWorks Hands-on Museum Ashland Parks & Recreation Department

Entertainment Champions

Lithia Toyota of Medford | Lithia Honda of Medford

Earth Day Advocates

Ashland Food Cooperative Ashland Parks Foundation Ashland Sanitary and Recycling City of Ashland Conservation Division

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Defenders of Wildlife Madrona Architecture Soda Mountain Wilderness Council

Community Partners

City of Ashland Tree Commission Native Plant Society of Oregon — Siskiyou Chapter Red Snail Travel Gear

Awesome In-Kindtributors

Patricia Aulik — Local Drum Instructor Ashland Renewable Pioneers Four & Twenty Blackbirds Bakery Green Living Journal Heartsong Herbal Brewing Company Jefferson State Pumping Lightning Copy Medford Parks & Recreation Department National Center for Conservation Science & Policy Pamela Joy Pangea Grills & Wraps Party Place Rogue Valley Parent Magazine Rogue Valley Transportation District Shop 'N Kart in Ashland Spearco Graphics Wildlife Images & Rehabilitation Center



For More Info Call 488-6606. All programs take place at N MT Park Nature Center unless otherwise indicated.

Preregistration is required unless otherwise indicated.

May

International Migratory Bird Day

Celebrate International Migratory Bird Day with a variety of great outdoor learning activities for birders of all ages and abilities. Take an 'early-bird' guided walk, visit the banding station or check out the spy cam to get a close-up look at local birds. Admire a variety of wild birds of prey from Wildlife Images & Rehabilitation Center. Sip 'bird-friendly' shade-grown coffee and play Bird Olympics. Learn how changes in the movements of some species are an indicator of the warming of the Earth's atmosphere and explore ways that will reduce our impact. This event is brought to you by Ashland Parks & Recreation, Rogue Valley Audobon Society and Klamath Bird Observatory. To learn more visit www.RogueValleyBirdDay.net.

AGES All ages
DAY Saturday
DATE May 12

TIME 8:00am—12:00 noon

COST Free

INTERNATIONAL MIGRATORY BIRD DAY BIRDS IN A CHANGING CLIMATE 2007

Embellished Walking Sticks

Create an original and personalized walking stick for functional use or as a unique art object with the guidance of local artist and art educator Sharon Dvora! Work with a variety of materials and techniques, including adding sculptured elements with paper, clay, painting, coiling and beading. You bring the stick—all other materials are provided! Limit—12 participants

AGES 8 years—Adult DAY Monday

DATE May 21

TIME 10:00am—12:00pm

COST \$5/person

Mosaic Flower Pots

Colorful patterns come alive as we affix glass tiles and gems to ceramic flower pots. Learn the direct method of mosaic application with the guidance of local artist and art educator Sharon Dvora. It's easy and fun! Return on Thursday, May 24, between 10:00am and noon to grout your creation (requires 30 minutes).

AGES 8 years—Adult (Children 8—10 years old please register with an adult and plan to complete 2 class projects.)

DAYS Tuesday and Thursday DATES May 22 | May 24

TIMES 10am–noon for 30 min. between 10am–noon

COST \$20/person, includes all materials

Mosaic Stepping Stones

Create a garden stepping stone adorned with colorful tiles, gems and rocks with the guidance of local artist and art educator Sharon Dvora! Your unique artwork will last for years out in the garden. All materials are provided. Feel free to bring your design ideas and any special materials that may want to 'jump' into your stepping stone. Return on Thursday, May 24, between 10:00am and noon to grout your creation (requires 30 minutes). Limit—10/12 participants.

AGES 8 years—Adult

DAYS Wednesday and Thursday DATES May 23 | May 24

TIMES 2:00–4:00pm | 30 min. between 10am–noon

COST \$10/person, includes all materials

NATURE CENTER ACTIVITIES

Please register online at http://ashlandparks.recware.com or call the N MT Park Nature Center at 541-488-6606.

Preregistration is required unless otherwise indicated.

May | June

Drought Tolerant Landscaping

This workshop will cover the 7 principles of low water-use landscaping including: planning and design; soil analysis and improvement; practical turf areas; appropriate plant selection (native and non-native); efficient irrigation; mulching; and maintenance. Co-instructor January Jennings is a landscape designer and consultant. Co-instructor Laurie Sager is a landscape architect with KenCairn Sager Landscape Architects, Inc. As members of the Ashland Tree Commission, they have enjoyed team-teaching seasonal tree walks.

DAY Wednesday
DATE May 23
TIME 7:00—9:00pm

COST \$5



Nature Books Summer Story Time

Bring your imagination and listen to stories of nature in the shade of the park's old apple trees. Stories will follow a theme for each day. These coincide with our school program topics and are listed in order of dates: Geology, Water, Plants, Animals, Native Americans, and History. You are welcome to bring your own snacks and favorite blankets.

AGES (Children must be accompanied by an adult.)

2—4 years | 5—7 years

TIME 10:30—11:00am | 11:30am—noon

DAYS 1st and 3rd Fridays of the month

DATES June 1, 15 | July 6, 20 | August 3, 17

COST Free. No pre-registration required.

Wonder Walks

Join local explorer Nala Cardillo on a guided discovery walk at North Mountain Park. Using all of our senses and a playful curiosity we will follow a different path each week to find reflections of ourselves. Themes will be:

- Stillness & Motion—June 3
- Concealed & Exposed—June 10
- Domesticated & Wild—June 17
- Giving & Receiving—June 24

Walks will be led partly in silence. Nala began leading Wonder Walks in the Bahamas two years ago. Following the footsteps of Rachel Carson and James Endredy, she has explored nature's mysteries in parts of America, Africa, Australia and Europe.

DAYS Sundays

DATES June 3 | June 10 | June 17 | June 24

TIME 10:00—11:00am

COST \$5

Nature Writing Camp

Join Ashland teachers Chris Abbott-Stokes and Stacey Faught for 4 days of creative and scientific writing in the beautiful, natural surroundings of N MT Park. The writing and activities will be centered around the fantastic bird life found in the park. Get to see a bird in the hand at a mist-netting station, help create a field guide for the park and get to know other young writers like yourself! Contact Charlotte Hadella at 552-6627 or Stacey Faught at montfaught@msn.com for registration information.

AGES Grades 4—8

DAYS Wednesday—Saturday

DATES June 20—23

TIME 9:00am—1:00pm

COST \$50/student

Exploring Nature Youth Day Camp

Would you love to discover the great outdoors, search for amazing critters, create things with natural materials and learn survival skills? If so, join us for another exciting camp at N MT Park Nature Center in Ashland with games, crafts, hands-on science and field trip adventures! Participants should bring their lunches, but snacks will be provided. For

Siskiyou Field Institute | 541-597-8530 | www.thesfi.org

more information and to register please call the Siskiyou Field Institute at 541-597-8530 or visit www.thesfi.org.
AGES Camp is offered for children entering grades 2—6

DAYS Monday—Friday

DATES June 25—29

COST \$130

For More Info Call 488-6606. All programs take place at N MT Park Nature Center unless otherwise indicated.

Preregistration is required unless otherwise indicated.

June

Organic Garden Pest Management

Are you concerned about using pesticides in your garden? Would you like to know how to discourage pesky critters from making a midnight meal of your salad bed? This class, taught by Master Gardener Patrick Marcus, will introduce gardeners to an assortment of integrated pest management tools and techniques used in a home-based organic garden. Gardeners will also be introduced to cultural, physical, biological and chemical (organic) methods and will learn the differences between "natural" versus "organic" pest control practices.

AGES 12 years—Adult

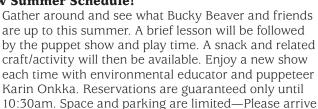
DAYS Saturday DATE June 2 TIME 9:00am

PLACE Meet at the Ashland Community Garden near the

intersection of Oak and Hersey Streets.

COST \$5

Pre-School Puppet Theatre New Summer Schedule!



AGES Class is intended for preschoolers & kindergartners, 2—6 years old.

early! No late seating. Limit—25 participants.

DAYS 2nd and 4th Friday of each month DATES June 8, 22 | July 13, 27 | August 10, 24

TIMES 10:30—11:45am

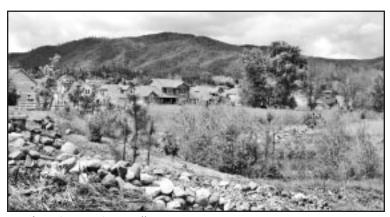
COST \$5 per family, includes two children

\$2 for each additional child

Getting to Know the Neighborhood Landscape Ecology of an Urban/Rural Interface with Donn Todt

Let's take a walk through the North Mountain Park and RiverWalk neighborhoods. We'll discuss the wonderfully inter-related aspects of native plants, introduced plants, weeds, relic landscapes, hybrid landscapes, wildlife, parks, lawns, street trees and urban forests. We'll discover that both the suburbs and the adjacent wildlands may be viewed or "read" as fascinating bio-cultural artifacts. Donn Todt is the horticulturist for Ashland Parks & Recreation.

DAY Wednesday
DATE June 6
TIME 7:00pm
COST \$5



Landscaping at RiverWalk

Summer Saturday Morning Bird Walks

Stroll through N MT Park to see and hear a variety of birds that spend their summers in the Rogue Valley with birding experts from Rogue Valley Audubon Society and Klamath Bird Observatory. Binoculars and field guides will be available for check-out.

AGES All ages welcome

DAYS 2nd Saturday of the month

DATES June 9 | July 14 | August 11 TIME 8:00—9:00am | 7:45—9:30am | 8:00—9:00am

COST Free

Demonstration Garden Tours

Soak up the sights and smells of summer while learning about the gardens at N MT Park with volunteer docents and Master Gardeners, Susan Lander and Marjorie Ratner. Discover how to attract wildlife in the Butterfly, Amphibian-Reptile Gardens and Native Plants Gardens. Step into the past in the Heirloom Garden and enjoy the fragrance of the Herb Gardens.

AGES 10 years—Adult

DAYS 2nd Wednesdays and 4th Saturdays DATES June 13, 23 | July 11, 28 | August 8, 25*

TIME 9:30am

COST Free | *Additional garden tours may be scheduled by calling 488-6606

(30

NATURE CENTER ACTIVITIES

Please register online at http://ashlandparks.recware.com or call the N MT Park Nature Center at 541-488-6606.

Preregistration is required unless otherwise indicated.

June

Summer Discovery Kits Kick-off for Families

Saturday, June 16 will be the kick-off for the park's new, improved Discovery Kits and extended summer hours! Park staff will offer assistance in using the kits.

The park will be open on Saturdays during the summer months with kits available for check-out. Make a day of it — bring a picnic lunch, check out a Discovery Kit and then take time to enjoy our indoor exhibits of animals in the Rogue Valley.

Discovery Kits available this summer include: Aquatic Insects, Birds, Geology, Owl Pellets, Animal Tracks and Animal Homes.

AGES Discovery Kits are ideal for children 5—12 years old and

their guardians

DAYS Saturdays

DATES June 16—August 25 TIME 10:00am—3:00pm

COST Kits are available to the public

free of charge with a \$10 refundable deposit. Please check kits out before 2:15pm.

Composting with Worms

Did you know that Oregonians generate 6 pounds of household waste per person per day? Learn how to compost your kitchen waste without bugs or odor by using a worm bin. This simple, inexpensive process will be demonstrated by Jennifer Ewing, a maniac composter in her own right. Participants will receive an \$8 discount coupon towards the purchase of a worm bin.

DAY Wednedsay
DATE June 20
TIME 5:30—6:30pm
COST \$3/person

The Nuts and Bolts of Bird Research

Learn about the nuts and bolts of bird research in the Klamath-Siskiyou Bioregion with the Klamath Bird Observatory's Education and Outreach



Director, Ashley Dayer. Visit one of Klamath Bird Observatory's seventeen ecological monitoring stations at N MT Park and observe scientists mistnetting and banding songbirds. View local birds up close and learn how such research is teaching us about their populations and habitats. Then try your hand at bird research through hands-on simulated activities. No birding experience necessary to participate. Limit—15 participants.

AGES 10 years—Adult

(with parent if under 16)

DAY Friday
DATE lune 22

TIME 8:30—11:30am

COST Free. Pre-registration is required.

Volunteer Potluck

Join volunteers and staff at N MT Park to mingle, relax and celebrate all the hard work that has made the Nature Center a wonderful community asset.

- Bring an appetizer, side dish or entrée to share.
- Dessert and beverages are provided.
- Please bring non-disposable plate and utensils.

DAY Wednesday DATE June 27

TIME 6:00pm

COST Free

Insect Pollinators: What's in it for me?

Kathleen Donham will present a discussion and photos of pollinators of rare flowers in the State of Jefferson. She will provide a description of how pollinators were identified and the probable mechanisms for their attraction to particular flowers. Kathleen has been involved in field research of rare plant pollinators through Southern Oregon University for 10 years.

AGES 12 years—Adult DAY Wednesday DATE June 27 TIME 7:30—8:30pm

COST \$5 adult | \$3 youth

For More Info Call 488-6606. All programs take place at N MT Park Nature Center unless otherwise indicated.

Preregistration is required unless otherwise indicated.

July

Let's Get Growing...

Five mornings of hands-on activities and exploration focusing on plants. Learn how plants grow, what they need, how Native Americans used plants, and how we use plants today for cooking, healing and making things. Sessions will include a short lesson, hands-on activities and the creation of a finished project to take home.

AGES 10—14 years | Ages 15—17 can earn Community Service credit by attending a 3-hour training & then assisting with running the programs.

DAY Monday—Friday

DATES July 9—13 | Register by July 2

TIME 9:00am—12:00pm

COST \$35/person

Rogue Valley Geology in the Earth's History

Take a walk through Earth's history with geologist Len Eisenberg to learn how our planet and the life on it have changed through time and how Ashland geology fits into it. Len is currently working on academic projects, science education and construction of the Briscoe Geology Park. He has spent 14 years overseas in oil exploration. Meet at Briscoe Geology Park (corner of Laurel and High Streets at Briscoe School). Bring a favorite rock or fossil to share.

AGES 9 years—Adult DAY Wednesday DATE July 11

TIME 7:00—8:00pm

COST \$5 adults | \$3 youth | Pre-registration required.



Briscoe Geology Garden

Nature Drawing with Irene Brady

Join local author and artist Irene Brady for a mini series in Nature Drawing! Irene has worked as a scientific illustrator for National Fish and Wildlife Service Forensics Lab, has illustrated for Ranger Rick Nature Magazine and has written and illustrated several award winning books. She has taught biological illustration at SOU and is preparing to lead travel art workshops. Each class includes instruction in specific nature drawing techniques and an encouraging gentle critique to show ways to improve. At the end of each class take home step-by-step workshop technique guides, bound with several pages of sketchbook paper! Please bring a sack lunch to each workshop. Limit—12 participants.

AGES 12 years—Adult

DAYS Saturdays

DATES July 21, 28 & August 4 TIME 9:30am—2:30pm

PLACE The Grove

COST \$95 for the series, includes materials and supplies.

Class 1—July 21 | Nature Sketching Techniques

Irene will guide you (using the same techniques she uses for sketching, shading and texture) to create a 3-dimensional drawing with a realistic appearance. Your drawings of natural objects done in the class will be based on your goals and skill level. A collection of special-effects tips and tricks including shading, drawing moving subjects, realistic eye highlights and creating furry effects, will round out this presentation

Class 2—July 28 | Landscape Sketching Techniques

In this class you will review and warm up with basic sketching techniques. After examining landscape photos and discussing texture and technique to simulate landscape features, you will draw from illustrations, photos and natural objects to learn how to devise and apply appropriate textures and shapes for varying land and vegetation forms. Irene will teach you how to use texture and shadows to achieve distance and realistic effects. Upon completion, you will know how to select and apply suitable textures and forms to create effective landscapes.

Class 3—August 4 | Watercolor Pencil Techniques

Irene will offer warm-up sketching exercises followed by a short discussion of the color wheel and effective color blending with watercolor pencils. You will then sketch a natural subject with a graphite pencil and use watercolor pencils to add color. Finally, you will learn how to blend those colors with brush and water for great watercolor effects, even if you have no previous watercolor painting experience. A wide array of colors will be provided.

NATURE CENTER ACTIVITIES

Please register online at http://ashlandparks.recware.com or call the N MT Park Nature Center at 541-488-6606.

Preregistration is required unless otherwise indicated.

July

August | September

Preschool Puppet Theatre

July 13 & 27 — *Details page 30*.



Willow Lamps & Lanterns

Anneke Raphael is a self-sustaining art instructor and weaver of natural fibers.

Curly Willow Table and Floor Lamps

Craft a unique and beautiful floor or table lamp to bring a magical glow to your home. Instructor, Anneke Raphael will guide participants in playfully constructing beautiful lanterns using curly willow branches and other simple materials.

AGES 16 years—Adult

DAY Sunday DATE July 22

TIME 12:30—4:30pm

COST \$20 includes all materials

Willow Flower Garden Lantern

Create a magical flower-shaped candle lantern in this fun hands-on workshop. Instructor Anneke Raphael will guide participants in playfully constructing beautiful lanterns using willow branches and other simple materials. Please bring a lunch. Limit—20 participants.

AGES 9 years—Adult

9—12 year olds must bring an adult helper.

DAY Thursday DATE July 26

TIME 10:00am—3:00pm COST \$12 includes all materials



Star Party with Southern Oregon Skywatchers.

Edible and Medicinal Herb Walk

A fun and informative exploration of native and naturalized edible and medicinal plants in the Ashland area will be offered by Jon Carlson. This is a unique opportunity to learn about the beneficial properties of many common plants as well as get tips on the



gathering and preparation of them. Instructor Jon Carlson is a teacher and practitioner of herbology whose experience spans the past 13 years in wildcrafting, medicine making, clinical herbology, herbal first aid and herb retail.

AGES 14 years—Adult DAY Saturday DATE August 4 TIME 9:30—11:30am COST \$20/person

Preschool Puppet Theatre

August 10 & 24 — *Details page 30.*



Full Moon Nature Walk

Explore the wild places of N MT Park under the full moonlight. Discover nocturnal creatures and nighttime sounds using all your senses. Bring walking shoes, flashlights and bug protection of your choice.

DAY Sunday
DATE August 26
TIME 8:00—9:00pm

COST Free. Pre-registration is required.

Star Party at N MT Park

Marvel at the beauty of the night sky with the aid of large telescopes and seasoned amateur astonomers as the Southern Oregon Skywatchers host a presentation and star party at N Mt Park. Colin White will be presenting "Touring the Universe through Binoculars".

AGES 8 years—Adult DAY Saturday DATE September 8

TIMES 7:30—8:00pm Presentation

8:00—9:30pm Star viewing

COST Free. No pre-registration required.

For More Information Call 488-5340

Parks & Recreation

Ashland Community Garden 488-6606 Daniel Meyer Pool (Jun18-Sep 3) .. 488-0313 Darex Family Ice Rink(Nov-Feb)... 488-9189 General Recreation488-5340 N MT Park Nature Center...... 488-6606 Oak Knoll Golf Course..... 482-4311 Park Facility Rentals488-0231 Special Interest Classes......488-5340 Weddings in Lithia Park.....488-0231

Community Resources

American Red Cross779-3773
Ashland Chamber of Commerce 482-3486
Ashland Family YMCA482-9622
Ashland Outrigger Canoe Club488-8520
Ashland Racquet Club482-4073
Ashland Rowing Club (msg ph)482-5998
Ashland Soccer Club552-9495
Bear Creek Greenway 774-6231
EarthTeach Forest Park601-4718
Forestry Department552-2900
Historic Ashland Armory 482-1271

Jackson County Parks	774-8183
Jefferson Nature Center	773-1039
Medford Parks & Recreation	774-2400
Oregon Shakespeare Festival	482-2111
Rogue Valley Masters (Swimming	()
Todd Lantry	482-1047
ScienceWorks	482-6767
SOU Community Education	552-6331
SOU Youth Programs	552-6331
Waterslide Info	774-6324

How to Register Online

Online registration is quick, easy, convenient and available 24/7 from any computer with Internet access.

- See instantly how many spaces are still available for each activity.
- Pay with VISA, MasterCard or American Express. You can also browse the online version of this guide at the Parks and Recreation web page. If you have questions regarding online registration, please call Ashland Parks and Recreation at 488-5340.
- 1. Setting Up An Account—If you DO NOT have a customer account, please read these instructions. Register from the CUSTOMER LOGIN screen. Click on REQUEST ACCOUNT Now to register. Fill out the NEW ACCOUNT REQUEST completely, including birth date. Please submit your request only once, and use your own information when filling out the form, not a child you wish to register. Once you have an account, you will have the opportunity to add family members. Please Note-An accurate e-mail address is required to complete the registration process. You will receive an account confirmation e-mail with your login name.
- **2.** Add Family Members—If you wish to enroll family members other than yourself:
 - a. Click on MY ACCOUNT.
 - b. Then click on CHANGE FAMILY MEMBERS (under the PERSONAL INFORMATION category.)
 - c. Fill in the information completely for each member of your family. Please Note-Many of our activities have age and grade restrictions; therefore, birth dates and grade completed in school are required.

3. Search For An Activity

- a. You may search for activities by CATEGORY, LOCATION, CLASS, or by CLASS NUMBER.
- b. Click on the activity name to see more details about it.

4. Choose An Activity For Enrollment

- a. In the ACTIVITY DETAIL screen, click on ADD TO MY CART in the blue banner under the activity description or at the bottom of the page.
- b. Additional Activities—After you have logged on, you may continue searching and adding activities to your SHOPPING CART.
- **5. Update Shopping Cart**—If more than one family member will be attending the activity, you need to enter each one separately so that we have each family member's name who will be in the class.
- **6. Choose Enrollees**—On this page choose the family member(s) who will be registering for each activity, and then select CONTINUE. Please Note-If you have not added your family members before reaching the ENROLLEE INFORMATION page, they will not appear under the ENROLLEE heading. You can click on MY ACCOUNT from here to add family member(s). Once all family members have been added, select Shopping CART. From there you may continue to CHECKOUT.
- 7. Checkout—Review your SHOPPING CART. From this screen you can remove activities from your cart, view more activities, or update your cart. If everything is correct, click on the CHECKOUT button to proceed.
- 8. Confirm Prices—On the CONFIRM PRICES page look over your transaction to confirm the price(s), time(s) and date(s) of each activity/class. Click CONTINUE to proceed.
- 9. Payment—Enter your credit card information on the PAYMENT INFORMATION page. Please Note-The name and address must match those that are on file with your credit card company. If the address shown is not your billing address, click on MY ACCOUNT and change your address to match your billing address. Click CONTINUE.
- **10. Receipt**—Print out a copy of your receipt.

Registration Form



http://ashlandparks.recware.com

Ins	tructions	See page 2 for	complete registration	schedule, options and	refund policy.

- Priority online registration begins May 7. See facing page for complete instructions.
- Pre-registration is required for all activities except where noted.
- Activities are filled according to registration date. Register early! Help us avoid the cancellation
 of programs.

RECEIVED
Date
Time
Staff Initials

of programs.Mail or bring your completed Registration	ecreation	Time			
 Or fax your completed Registration Form 	Park, off Granite St), 340 S Pioneer St, Ashlan n, including credit card information, to the Pa or the N MT Park Nature Center at 541/488-6	ırks &	Staff Initials		
Adult/Child		Date of B	Sirth		
Participant's Name		F (mm-dd-yyyy)			
Parent's/Guardian's Name (if under 18)					
Residential Address					
City	State	Zip			
Phone Numbers: Home	Work	Cell			
E-Mail Address					
E-Mail Address	dress is only used to provide you with instant	confirmation and	a printable receipt.		
Emergency Contact NamePhone					
Activity/Session/Dates			Amount		
			\$		
Make checks pay	vable to		\$		
Cash "Ashland Parks &	Recreation Department" Check#	То	tal \$		
Credit Card Number		(circle	one) VISA M/C AMEX		
Name on Card (print)					
Signature			Date		
PLEASE NOTE — PRIOR TO ENROLLMENT CURRENT YEAR LIABILIT	T IN ANY ASHLAND PARKS AND RECREAT Y WAIVER. ONLY ONE LIABILITY WAIVER				
Liability Waiver (required): Name of Partic	cipant (Child or Adult)				
I hereby certify that I am 18 years of age or older following provisions shall apply to that participa Parks and Recreation Department recreational disability that would make participation unsafe. for any necessary transportation in the event of	. If I am the parent or legal guardian of a partici tion and agree to be fully bound by them. I und activity involves risk of injury or death. Partici I understand that the City will not provide medi	pant who is under derstand that part pant is not affecte	18 years of age, I agree that the icipation in the City of Ashland d by any physical condition or		
For myself, my heirs, assigns or anyone who migrelease and forever discharge any claim against any claim, loss, liability or expense, including attended that liability may arise out of the negligence or continuous.	ght claim on my behalf, I voluntarily assume all the City of Ashland, Parks and Recreation Depar torneys' fees, that may directly or indirectly res	rtment, its officers ult from participat	, agents and employees against ion in this activity, even though		
Signature (required)		Date			
Signature (required) of Participant or Parent/Guardian if unde	r 18 years of age				



Ashland Parks & Recreation 340 South Pioneer St. Ashland, OR 97520 541/488-5340

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MOVIES on the Range

Join Ashland Parks & Recreation and U.S. Cellular this summer for Movies on the Range. Each movie will begin at dusk (8:30ish) and will be shown on the big screen at the Oak Knoll Golf Course Driving Range. Bring your family for a night of fun and flicks at the Oak Knoll Golf Course. Bring your own lawn chairs, blankets, bug spray and snacks! Golf Course staff will be on site to lead some fun golf games for the whole family.

Call Ashland Parks & Recreation at 488-5340 for more information.

DAYS Fridays

DATES June 29 Charlotte's Web (G)

July 13 Nanny McPhee (PG)

July 27 Akeelah and the Bee (PG)

Aug 10 Madagascar (PG)

TIME Dusk (8:30ish)

PLACE Oak Knoll Golf Course

Driving Range 3070 Highway 66

Ashland

