

## **Community Emergency Response Team Training**



Ashland Fire & Rescue is offering Community Emergency Response Team (CERT) training. Upon completion of this course, you will be able to perform basic disaster responses such as small fire suppression, urban search and rescue, and disaster medical operations. When disasters occur, you will know how to respond by being prepared to give critical support to your family, friends, neighbors and professional responders. Basic training curriculum encompasses many facets of emergency preparedness including skills-based and knowledge-based learning. Training is provided in a variety of formats including lecture, interactive, and hands-on to enhance learning and target a wide audience.

Training is free and open to those as young as 14 with an accompanying adult. CERT is a National Citizen Corps Program. Ashland CERT is a division of Ashland Fire & Rescue's Fire & Life Safety Division. If you enjoy what you learn you can become a volunteer. CERT members may provide critical support to local emergency responders.

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### "When In Doubt, Keep It Out" A Reminder About Recycling

Remember when it seemed like you could toss practically anything into your recycling cart and feel *good*? Or maybe you questioned whether something belonged in your cart, but tossed it in anyway, simply *hoping* for the best. After all, we're human. We like to feel *good*, and we like feeling *hopeful*. As the world wakes up to the state of recycling struggling, it's never been more important to reexamine our habits.

Hopefully the days of feeling like we've done humanity a favor by recycling anything and everything have come to an end. We've learned that recycling is a lot more complicated than we originally thought, and we'd all be better off if we adjusted our behaviors accordingly.

All in all, if you live in Ashland or Talent and are paying close attention to the list of materials that can go into your cart, you are doing great work! In the recycling industry there's a motto of "When in Doubt, Keep it Out" which implies that if the item isn't on the list, and you're unsure, it's better to keep the item out of your recycling cart than to chance compromising the good stuff.

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## Community Emergency Response Team Training

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#### MUST ATTEND EACH SESSION FOR SUCCESSFUL COMPLETION:

Thursday, October 4 5:30 - 8:30 pm Friday, October 5 5:30 - 8:00 pm Saturday, October 6 8:00 am - 4:00 pm Thursday, October 18 5:30 - 8:30 pm Friday, October 19 5:30 - 8:00 pm Saturday, October 20 8:00 am - 5:00 pm

Basic Curriculum will cover: Disaster Preparedness Fire Safety and Suppression Two-way Radio Communications Disaster Medical Operations Urban Search and Rescue CERT Organization Disaster Psychology Terrorism Awareness Real-life Simulated Disaster

To register contact the Ashland Community Preparedness Coordinator at (541) 552-2226 or <u>cert@ashland.or.us</u>. For more information visit <u>www.ashlandcert.org/</u>.

#### High Speed Internet for Residents & Businesses in Ashland

Great news for all customers: Our speeds just doubled—at no extra charge to you! Max Home—Up to 60Mbps \$55/month Email, surfing and music Max Streaming—Up to 120Mbps \$65/month Great for video streaming Max Small Business—Up to 180Mbps \$95/month Make your business fly

> Get Started Now! Call 541-552-2222 Or visit ashlandfiber.net



# "When In Doubt, Keep It Out" A Reminder About Recycling

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In Ashland & Talent, the following items go into recycle carts:

Corrugated Cardboard (flattened, wavy center) Aluminum & Tin Cans Telephone Books Aluminum Foil (make large balls) Paper Bags Magazines and Catalogs Boxes – like cereal, cracker, cookie and shoe Mail – Junk/Direct Mail Newspapers and Glossy Ads Office Paper – printer paper, folders, brochures Gift Wrap (non-metallic) Plastic Bottles – like shampoo, water, detergent Rigid Plastic Tubs – like butter, cottage cheese Plastic Jugs – milk, juice

Interested in knowing the top ways to feel good about your impact again? Follow these tips:

- Always check the list of what is permissible in your recycle cart, regardless of what was allowed in other places you've lived, or visited. Recycling varies by region and even city. Make sure you are doing it right. Don't guess. Know.
- Never try to recycle papers made for cleaning. Items like paper towels, napkins, and Kleenex should be composted at home or thrown away. These products have very short fibers and have reached their end of life, so to speak.
- Please stop putting shredded paper in recycle carts. Shred takes flight easily, creates excessive particulates in the air, and has a hard time making it to the end of the sorting process at facilities.
- Items should be clean and free of food residue. Bottles and cans should be rinsed. Paper should be dry.
- Contrary to popular belief, egg cartons don't belong in recycle carts. Just like paper towels, the fibers are short and have reached their end of life.
- No plastic bags, or soft plastic of any kind should go into your cart. These materials clog the gears of the sorting machinery and wreak all sorts of havoc at sorting facilities. Recycle your soft plastic for free at the Ashland Recycle Center on Water Street instead.

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### "When In Doubt, Keep It Out" A Reminder About Recycling (Continued from page 2)

- No lids of any kind. Lids get trapped in between pieces of cardboard and/or paper, and compromise that stream at sorting facilities. *Metal lids that can be contained inside the metal can they came from are OK*.
- No Cartons (aka aseptics). These containers are designed to resist moisture and are composed of more than one material, which makes them a nightmare to recycle in most sorting facilities.
- No to-go containers (aka clam shells). Clam shells, which often contain foods like lettuce and pastries, flatten easily and then get trapped between pieces of cardboard and paper, just like lids do.
- No mixed materials. For instance, a "can" of Planter's peanuts may look like a can, but it has a plastic lid, a metal bottom and a foil-lined cardboard tube. Sorting facilities have no ability to separate the materials from one another, making them nearly impossible to recycle.

## Advertise at the Ashland Rotary Centennial Ice Rink

APRC has an advertising opportunity at the seasonal Ashland Rotary Centennial Ice Rink in Lithia Park. This is a great chance for businesses to reach families and tourists in the Rogue Valley by displaying their logo, or ad, on the dasher boards at the rink. The Ashland Rotary Centennial Ice Rink is located at 95 Winburn Way, at the corner of Winburn and Nutley St. The rink is open mid-November through the end of February. The rink has become an increasingly popular venue, boosting total visits to the rink from approximately 13,000 in the 2012-13 season to over 20,000 patrons in 2017-18; these estimates do not include the number of passersby that are drawn to the rink, during open and closed times, due to its convenient location within Ashland's beloved Lithia Park. During November and December the ice rink is a crowd-pleaser for people wishing to experience the holiday season in a family-friendly setting. The 2018-19 season is almost upon us. The deadline to reserve ad space for the upcoming season is Wednesday, October 10. Complete details are available by contacting Lonny Flora at 541.552.2250 or email lony.flora@ashland.or.us.

Advertising space is limited. Learn more about the ice rink at <u>AshlandParksandRec.org</u>.

"We hope you can experience one of the most magical places in Ashland... that little outdoor rink in beautiful Lithia Park, where the air is fresh, the white lights are twinkling and the music blends with the sounds of nature and blades on the ice... Let's skate!"

## **Events**

#### Bear Creek Salmon Festival

North Mountain Park.



Celebrate our local watershed and the salmon returning to Bear Creek, at the 14th Annual Bear Creek Salmon Festival on Saturday, October 6, 11 a.m. to 4 p.m. at

This event is a fun-filled day of hands-on activities for the whole family. Learn all about wildlife habitat and how we can all become better stewards of our watershed. Local experts will be on hand with outdoor activities for all ages, including crafts, games, spin-casting, the Salmon Story Tent, a demonstration of Native American salmon cooking, the Salmon Spiral Labyrinth and more. Admission is free! Enjoy a lineup of outdoor musical entertainment or grab a delicious lunch from the food truck.

To learn more, visit <u>www.bearcreeksalmonfestival.net</u>. If you would like to volunteer for the festival, please contact Lori Ainsworth at 541.552.2264 or <u>lori.ainsworth@ashland.or.us</u>.

AGES	All
DAY	Saturday
DATE	Oct 6
TIME	11 am to 4 pm
PLACE	N. Mountain Park,
	620 N. Mountain Ave.
COST	Free

## Events

(continued)

#### Ashland Green & Solar Tour

Are you planning to build a new home or looking for ways to incorporate green building designs into your existing one? If your answer is "yes" or even "maybe," you will enjoy the upcoming Ashland Green & Solar Tour! This will be your opportunity to tour innovative green homes and buildings to see how you can use solar energy, energy efficiency and other sustainable technologies to reduce monthly utility bills and help mitigate climate change.

Learn exciting new ideas and get inspired by what others have created! All tour participants will travel by bus to multiple home sites, with a bring-your-own lunch stop along the way. An optional lunch at a Food Cart will be available. Space is limited.

Preregister online at www.ashland.or.us/register or call the Nature Center at 541.488.6606.

AGES	16 & up
DAY	Saturday
DATE	Oct 13
TIME	9am-3pm
PLACE	Ashland Civic Center,
	1175 E Main St.
COST	\$10

#### Young At Art

Seniors looking to learn art tips and have fun being creative are encouraged to attend this free art class. Each class will explore different mediums and subjects. Open to all skills levels with no experience required. All supplies will be provided.

Please call 541.482.5342 to register.

AGES	50 & up
DATE	Ongoing
DAY	First Wednesday each month (Oct 3,
	Nov 7, Dec 5)
TIME	2-3:30pm
PLACE	Ashland Senior Center
	1699 Homes Ave
COST	FREE

# **October City Calendar**

### **City Council**

Business Meetings: Oct. 2 & 16 | 7 p.m. Study Sessions: Oct. 1& 15 | 5:30 p.m.

Airport Commission Oct. 2 | 9:30 a.m.

Conservation Commission Oct. 24 | 6:00 p.m.

*Forest Lands Commission* Oct. 9 | 5:30 p.m.

Historic Commission Oct. 3 | 6:00 p.m.

*Housing and Human Services Comm.* Oct. 25 | 4:30 p.m.

Parks and Recreation Commission Business Meeting: Oct. 22 | 7:00 p.m. Study Session: Oct. 15 | 5:30 p.m.

Planning Commission Oct. 9| 7:00 p.m.

Public Art Commission Oct. 19 | 8:00 a.m.

*Transportation Commission* Oct. 18| 6:00 p.m.

*Tree Commission* Oct. 4 | 6:00 p.m.

*Wildfire Mitigation Commission* Oct. 17 | 11:00 a.m.

Meetings are held at Council Chambers, 1175 East Main or at 51 Winburn Way and are open to the public. TTY 1-800-735-2900. City Council and many other city meetings are broadcast live on channel 9. Charter Communications customers will find city meetings on channels 180 and 181. Meetings also stream live on the internet at <u>nvty sourcdu</u>.

ASHLAND

20 East Main St., Ashland, OR 97520 | www.ashland.or.us

